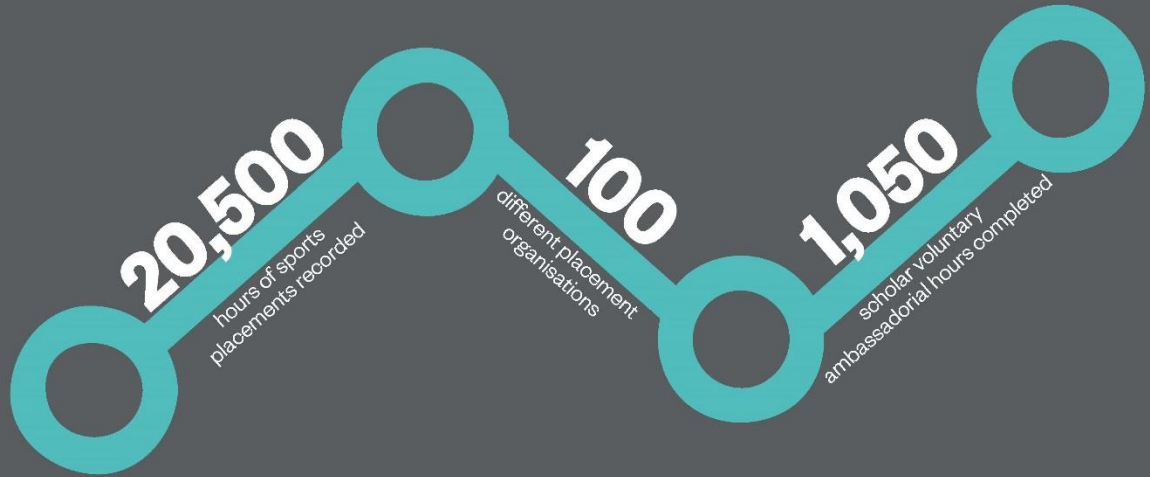


UEL Sports Workforce Activity Report

2018-2019



19,500
voluntary hours completed



£206k
contribution to the London economy

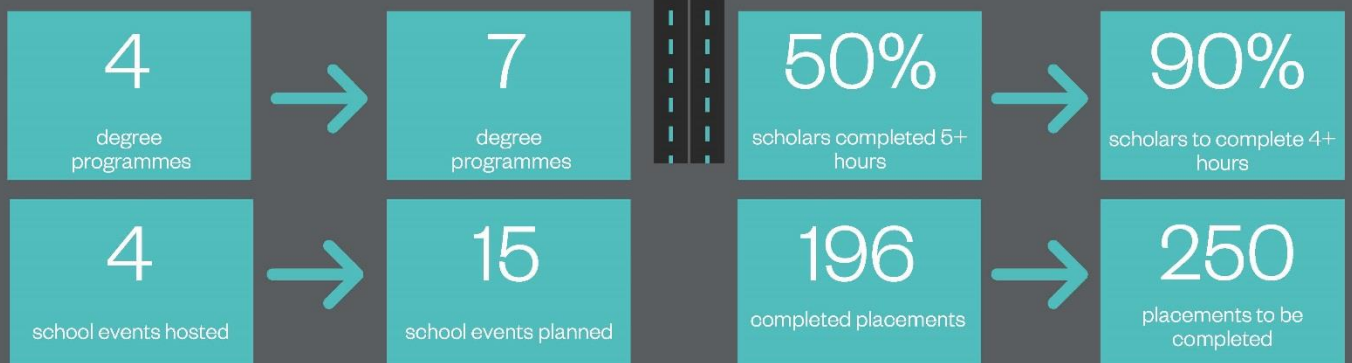


40
UEL partners engaged



19.08
average distance travelled to placement (miles)

The Year Ahead



UELSports Workforce - 2018-2019

This report summarises the activity of UELSports Workforce for the 2018-2019 academic year. The Programme has included three main components; 1) Sports Placements, 2) High Performance Ambassadorial Hours, 3) School Events Pilot. In addition to **sharing 450+ sports sector opportunities** with UEL students.

Acknowledgments: a big thank you to all the following UEL services and the UELSports community partners mentioned in this report, who worked closely in partnership to achieve these results.

- School of Applied Sports & Exercise Sciences
- UEL Centre for Student Success
- UEL Schools & Colleges Team
- UEL Volunteering Team

Sports Placements: Overview

Placement definition: part-time experiential development, requiring a regular commitment over a sustained time, which can take place within one or multiple organisations. Student placements can be completed as part of, or in addition to academic requirements, generally lasting between 3-8months duration and can be either paid or voluntary.

2018-2019 was the pilot year, using UEL Employment Hub & one placements coordinator for monitoring & evaluating sports placements. Students used UEL Employment Hub to identify placement opportunities, approve roles, register & log placement hours and evaluate their experience.

- Total of **20,500 hours** of sports placements recorded. (18,500 voluntary & 2000 paid)
- UEL students completed sports placement in **100 different organisations** across London ([Select here for map](#)).

Component	Completion
1) Registering Placement, logging placement hours & completing before placement skills evaluation	196 placements registered
2) Completing Evaluation Form (Student Mid-Term)*	78 forms completed
3) Completing Evaluation Form (Student End-Placement)*	93 forms completed
4) Completing Evaluation Form (Programme End-Placement)*	94 forms completed
5) Completing Evaluation Form (Placement Host End-Placement)*	75 forms completed

*Completion optional for 2018-2019

Sports Placements: Analysis

Student Skills Rating			
Skill	% of students who rated themselves "Above Avg. (3). or Advanced (4)"		Variation (Before & After)
	Before Placement	After Placement	
Confidence	54%	87%	+33%
Flexible/Adaptable	68%	85%	+17%
Initiative/Proactive	52%	88%	+36%
Leadership	47%	78%	+31%
Networking	47%	74%	+27%
Organisation & Planning	62%	90%	+28%
Problem-solving	63%	80%	+17%
Teamwork	82%	94%	+12%
Time Management	63%	84%	+21%
Verbal Communication	60%	87%	+27%
Written Communication	49%	79%	+30%

Skills rating: Employer – End of Placement Evaluation of student	
Skill	% of employers rating students as "Very Good (3), or Outstanding (4)"
	After Placement
Overall performance	93%
Adaptability/ Flexibility	95%
Attitude/Application to work	96%
Initiative/Proactive	81%
Interpersonal Skills	88%
Planning/ Time Management & Organizational Skills	89%
Problem-solving	81%
Presentation	87%
Punctuality	86%
Teamwork	87%
Verbal Communication	92%
Written Communication	84%

Additional Comments: placement supervisor identified areas that students could improve on

- Gaining additional practical experience
- Further develop subject specific knowledge (sports rules, GCSE specs)
- Develop a "toolbox" or portfolio of sessions, for clients.
- Clinical reasoning & evidence based practice
- Further develop assessment skills (therapy)
- Further development in a range of transferable skills
 - Timekeeping, punctuality & reliability
 - Organisation (placement paperwork)
 - Confidence & Communication (emails/calls, identifying availability, voice projection/assertiveness).
 - Initiative & problem solving & creativity
 - Teamwork
 - Adaptability (communication styles, techniques/programmes/sessions, age group & skill level dependant)

Programme End-Placement Evaluation (a student evaluation of the placement host)		
	% of students who rated themselves, in relation to the statements provided.	
	<i>Slightly Agree (3)</i>	<i>Strongly Agree (4)</i>
<i>The work environment was conducive to learning</i>	21%	73%
The quantity of work was challenging	20%	75%
The quality of work was challenging	33%	62%
The position matched my expectations	34%	68%
My work supervisor was approachable	6%	90%
My co-workers were approachable	15%	85%
I was academically prepared for my experience	27%	71%
I received adequate on-the-job training	28%	64%
<p>Additional Comments: student identified areas for a good placement</p> <ul style="list-style-type: none"> • Providing practical experience that helps inform students' goals & future career (identifying areas of enjoyment, awareness of new opportunities or reaffirming existing preferences) • Providing insight & preparation for the workplace. • Experience within a variation of clients & participants' (age, gender, disability, motivation, performance level). • Experience within a variation of role duties. • Supportive placement host & supervisor (good communication, providing feedback, advice & general availability & willingness to support). • Support of student CPD (provision of qualifications, seminars, conferences recommending new techniques, reading). • A practical & applied role (facilitating university classroom learning, to practical application). • Being appropriately challenged (manageable workload, intellectually & type of work activities). • Providing an insight into sports industry nuances, challenges and priorities. • Opportunities for peer mentoring (sharing & learning from other students/colleague experiences). • Technical / subject specific skill development. • Facilitating transferable skill development (mentioned; adaptability, problem solving, independence, proactivity, autonomy & decision-making, confidence/self-esteem, organisation, leadership, teamwork & networking/partnership development). 		
<p>Additional Comments: student identified areas that placement organisation/UEL could improve</p> <ul style="list-style-type: none"> • Being provided with additional tasks & responsibility (freedom to try / recommend new ideas & practice, practical personal projects & tasks) • The ability to take longer duration placements (more time in sports therapy clinic based setting, additional days & flexibility). • Improved support from placement organisation & supervisor <ul style="list-style-type: none"> ○ Full introduction to team & clients; clarifying students' scope of work. ○ Pre-session planning time with teachers/coaches ○ Time for face-face mentoring & reflection with supervisor. ○ More lecturer support for students struggling. • UEL to provide more emphasis on the importance of sports placements, at an early stage. <ul style="list-style-type: none"> ○ Use of Alumni presenters & case-studies (relatability) ○ Mid-term placement "check in" seminar • Placement module submission, being too close to dissertation. • Placement hosts being open to student recommendations & new ideas for improvement. • Being able to access a work station/area for placement. 		

- Provision of reasonable travel expenses as a minimum.
- Provision of CPD, advice and time to discuss problems and solutions with placement host, throughout.
- Opportunities provided, to work in challenging situations.

Sports Placements: *Voluntary Experience*

Organisation	Type	Student Roles	No. of students involved	Total Hours	Distance from UEL Docklands
Aberfeldy Big Local	Charity	-Community Youth Assistant	1	120	4 miles
Fight for Peace	Charity	-Gym Manager	1	105	1 mile
Holy Cross Centre Trust (Camden Hub)	Charity	-Mental Health & Recovery Service Assistant	2	206	14 miles
Mind Harringey – Project Future	Charity	-Community Fitness Consultant	1	201	12 miles
Disability Advice Service Lambeth	Charity	-Intosport Project Officer	1	203	12 miles
			6	835	

Organisation	Type	Student Roles	No. of students involved	Total Hours	Distance from UEL Docklands
Active Newham	Public Organisation	-Community Coach -Lifeguard	1	15	3 miles
Ark John Keats Academy	Public Organisation	-Teaching Assistant	2	592	16 miles
Beal High School	Public Organisation	-Teaching Assistant	1	210	7 miles
Brentford School for Girls	Public Organisation	-Teaching Assistant	1	92	19 miles
College of Haringey, Enfield & North East London	Public Organisation	-Sports Development & Coaching Assistant	1	80	11 miles
Drew Primary School	Public Organisation	-PE Assistant	1	110	2 miles
East London NHS Foundation Trust	Public Organisation	-Sports Therapy Assistant	1	219	3 miles
Eastbrook School	Public Organisation	-PE Assistant	1	202	6 miles
Eastlea Community School	Public Organisation	-PE Assistant	3	237	4 miles
English National Ballet School	Public Organisation	-Sports Therapy Assistant	2	64	14 miles
Epping Forest District Council	Public Organisation	-Health & Wellbeing Engagement Assistant	1	201	16 miles
Essex Cricket in the Community	Public Organisation	-East London Cricket Development Assistant	1	209	0 miles
Forest School	Public Organisation	-PE Assistant -Sports Therapy Assistant	2	448	10 miles
Grays Convent High School	Public Organisation	-PE Assistant	1	202	16 miles
Great Berry Primary School	Public Organisation	-Teaching Assistant	1	102	25 miles
Great Britain Sitting Volleyball Team	Public Organisation	-First Aider	1	20	0 miles
Hadleigh Junior School	Public Organisation	-Teaching Assistant	1	200	30 miles
Ilford Cricket School	Public Organisation	-Sports Coach	1	100	6 miles

Organisation	Type	Student Roles	No. of students involved	Total Hours	Distance from UEL Docklands
Leytonstone School	Public Organisation	-PE Assistant	1	160	8 miles
London PE School Sports Network	Public Organisation	-SEN/Primary School Sports Officer	2	212	3 miles
Moorland School	Public Organisation	-PE Assistant	1	100	9 miles
New City Primary School	Public Organisation	-Teaching Assistant	1	91	2 miles
Newham Sixth Form College (NEWVIC)	Public Organisation	-PE Assistant	1	200	3 miles
Northern Kentucky University	Public Organisation	-Sports Therapy Assistant & Coach	2	63	International
Oakdale Junior School	Public Organisation	-PE Assistant	1	202	7 miles
Oaklands Secondary School	Public Organisation	-PE Assistant	1	200	8 miles
Oaks Park High School	Public Organisation	-PE Assistant	1	102	8 miles
Passmores Academy	Public Organisation	-PE Assistant	1	210	20 miles
Reaching Higher Academy	Public Organisation	-Assistant Sports Coach	1	92	Unknown
Redriff Primary School	Public Organisation	-Teaching Assistant	1	205	8 miles
Sarah Bonnell Secondary School	Public Organisation	-PE Assistant	1	92	5 miles
St Andrews C of E Primary School	Public Organisation	-PE Assistant	1	210	12 miles
St Michaels Catholic Primary School	Public Organisation	-PE Assistant	1	202	2 miles
St Winefrides Catholic Primary School	Public Organisation	-Teaching Assistant	1	200	4 miles
UEL Applied Sports & Exercise Science	Public Organisation	-Sports Science Practical Assistant -Research Intern	3	203	0 miles
UEL Sports Therapy	Public Organisation	-UELSports Injury Clinic Assistant -SMILES Mentor	19	970	0 miles
UELSports	Public Organisation	-Performance Sports Assistants -Soft Tissue Therapist -Blog Coordinator -Marketing Assistant -Workforce Development Assistant -School Sports Event Coordinator -Participation Assistant	11	972	0 miles
UEL SportsDock	Public Organisation	-Strength & Conditioning -Voluntary Fitness Instructor -Business income Assistant	10	1115	0 miles
Vicarage Primary School	Public Organisation	-PE Assistant	1	200	2 miles
Willowbrook Primary School	Public Organisation	-PE Teacher	1	312	24 miles

Organisation	Type	Student Roles	No. of students involved	Total Hours	Distance from UEL Docklands
Young Hackney	Public Organisation	-School & Youth Coach Coordinator	1	77	9 miles
			89	9694	

Organisation	Type	Student Roles	No. of students involved	Total Hours	Distance from UEL Docklands
Aberfeldy FC	Non-Profit	-Volunteer Worker	1	80	International
Birmingham Mosley RFC	Non-Profit	-Sports Therapy Assistant	1	202	140 miles
Black Arrows Badminton	Non-Profit	-Volunteer Badminton Coach -Website & Social Media Dev.	2	83	0 miles
Bridon Ropes FC	Non-Profit	-Sports Therapy Assistant	1		3 miles
Charlton Athletic Women's FC	Non-Profit	-Sports Therapy Assistant	4	431	3 miles
Codicote FC	Non-Profit	-Sports Therapy Assistant	1	192	35 miles
Crouch End Vampires FC	Non-Profit	-Community Sports Coach	1	102	15 miles
Croydon Amateur Boxing Club	Non-Profit	-Gym Assistant	1	65	19 miles
Crystal Palace FC	Non-Profit	-Performance Analysis Placement	1	194	16 miles
Crystal Palace Ladies FC	Non-Profit	-Sports Therapy Assistant	1	72	16 miles
Dynamic Sports Academy	Non-Profit	-Strength & Conditioning Coach Assistant	2	102	12 miles
East Thurrock Football	Non-Profit	-Sports Therapy Assistant	2	284	20 miles
Great Kent Cycle Ride	Non-Profit	-Sports Therapy Assistant	2	50	Unknown
Grimsby Town FC	Non-Profit	-Sports Therapy Assistant	1	235	190 miles
Hackney RFC	Non-Profit	-Sports Therapy Assistant	1	55	10 miles
Harlow Town FC	Non-Profit	-Sports Therapy Assistant	1	200	23 miles
Hinckley RFC	Non-Profit	-Sports Therapy Assistant	1	99	115 miles
Junior Reds FC	Non-Profit	-Sports Coach	1	108	6 miles
London Skolars RFC	Non-Profit	-Sports Therapy Assistant	4	665	13.3 miles
Melbourne RFC (Derby)	Non-Profit	-Sports Therapy Assistant	1	30	140 miles
Millwall Lionesses FC	Non-Profit	-Sports Therapy Assistant	1	160	9 miles
Potters Bar FC	Non-Profit	-Sports Therapy Assistant	2	237	20 miles
Revolve 24 Cycle Ride	Non-Profit	-Sports Therapy Event Assistant	5	90	Unknown
Romford FC	Non-Profit	-Sports Therapy Assistant	1	210	8 miles
Ruislip RFC	Non-Profit	-Sports Therapy Assistant	1	160	25 miles
Thanet Wanderers RFC	Non-Profit	-Sports Therapy Assistant	1	47	75 miles
Tir Chonaill Gaels	Non-Profit	-Sports Therapy Assistant	2	246	22 miles
Tooting & Mitcham FC	Non-Profit	-Sports Therapy Assistant	2	407	19 miles
West Ham United FC Foundation	Non-Profit	-Community Sports Coach	1	104	1 mile
WimX Tennis Academy	Non-Profit	-Strength Conditioning Placement	2	137	11 miles
Woodford Town Football Club	Non-Profit	-Sports Therapy Assistant	4	347	90 miles
			52	5394	

Organisation	Type	Student Roles	No. of students involved	Total Hours	Distance from UEL Docklands
Be Fit Today Academy	For-Profit	-Sports Therapy Assistant	1	40	Unknown
Born 4 Sport	For-Profit	-Social Media & Digital Placement	1	80	10 miles
BT Sports Wellness Clinic	For-Profit	-Sports Therapy Assistant	2	255	Unknown
Clinic 4 Sport	For-Profit	-Sports Therapy Events Assistant	1		18 miles
Global Performance	For-Profit	-Sports Therapy Assistant	1	200	Unknown
Healing Zone Therapy	For-Profit	-Sports Therapy Event Assistant	1	9	22 miles
London Lions Basketball Club	For-Profit	-Sports Therapy Assistant	1	96	0 miles
Palmers Sport & Fitness	For-Profit	-Fitness & Aerobics Instructor	1	100	15 miles
Reactiv8 Massage Clinic	For-Profit	-Sports Therapy Assistant	1	20	110 miles
Sports Therapy 4 U	For-Profit	-Sports Therapy Assistant	1	200	50 miles
Stephen Taylor Sports Rehab	For-Profit	-Sports Therapy Assistant	1	226	18 miles
SV Therapy & SFH	For-Profit	-Sports Science Assistant	1	68	11 miles
Team Get Involved Ltd.	For-Profit	-Sports Coach	1	206	Unknown
The Gym Group	For-Profit	-Gym Instructor	1	200	Unknown
			15	1700	

Sports Placements: *Paid Experience*

Organisation	Type	Student Roles	No. of students involved	Total Hours	Distance from UEL Docklands
Active Newham	Public Organisation	-Swimming Teacher -Lifeguard	3	379	3 miles
Camden Centre for Learning	Public Organisation	-Behaviour Learning Support Assistant	1	300	12miles
Chris Hampton Tennis	For-Profit	-Tennis Coach	1	212	Unknown
David Lloyd (Gidea Park)	For-Profit	-Fitness Manager	1	107	9.8miles
Fit for Sport	For-Profit	-Sports Activity Leader	1	207	20miles
Gillingham Football Club	Non-Profit	-Academy Football Coach	1	94	33miles
Kinetic Foundation	Charity	-Sports Coach	1	112	17miles
UEL Applied Sports & Exercise Science	Public Organisation	-Technical assistant - Sport Science	1	154	0miles
William Bellamy Primary School	Public Organisation	-Nurture Assistant	1	210	6miles
Windridge Tennis and Sports Camp	For-Profit	-Soccer Camp Counsellor	1	130	International
			13	1875	

High Performance Ambassadors

UELSports Scholars are required to complete up to ten voluntary ambassadorial hours, giving back to the local community, with the aim to inspire young people and encouraging a healthy and active lifestyle.

- Total of **1050 voluntary ambassadorial hours** completed in 2018-2019 (40% increase on 2017-2018).
- We hosted a **pilot of four “Primary School Sports Events”**, at UEL SportsDock. These events include scholar led activity sessions, inspirational Q&A workshops, spectating our national university fixtures & entertainment (music & prizes to be won).

	Total Hours Completed				
	0hours	1-5hours	5-10hours	10-20hours	20+ hours
Number of Sports Scholars	35	42	48	25	6

Name of Activity	Organisation	No. of students Involved	Total Hours	Distance from UEL (Miles)
UEL Open & Offer Holder Event Ambassador (multiple)	UEL (Internal)	22	112.5	0 miles
UELSports High Performance Focus Weeks (multiple)	UELSports (hosting Gallions Primary School)	40	102	0 miles
UELSports Marketing: Blogs, Videos & Tours (multiple)	UELSports	24	28.5	0 miles
UELSports Performance Representative Position (multiple)	UELSports	1	5	0 miles
MyUELSports & Club Coaching (multiple)	UELSports	24	200.5	0 miles
British Athletics Event (18/10/18)	British Athletics	5	20	3 miles
Secondary School Taster Events (multiple)	UELSports	2	6	0 miles
St Thomas Secondary School Visit – Activity & Workshop Leader	St Thomas Secondary School	4	12	0 miles
UEL Football Club Charity Football Match (Coordinator)	UEL Football Club	22	40.5	0 miles
UELSports Recruitment Day (Football) – Assistant (18/02/19)	UELSports	4	6	0 miles
UELSports Recruitment Day (Basketball & Volleyball) – Assistant (19/02/19)	UELSports	5	10	0 miles
Equip Boys – Activity Leader & Workshop Presenter (21/02/19)	Equip Boys	3	9	0 miles
UEL MSc. Spectatorship Research Project (27/02/19)	UEL	2	2	0 miles
LYG U13 Volleyball - Event Official (08/03/19)	London Youth Games	10	37.5	0 miles
Panathlon – Event Leader (26/03/19)	Panathlon GB	3	12	0 miles
London Marathon – Event Volunteer (28/04/2019)	London Marathon	1	8	11 miles
UELSports Staff Football Tournament – Referee (30/04/19)	UELSports	4	12	0 miles
British Fencing – Youth Championships (04/05/19)	British Fencing	1	27	180 miles
Fed Cup Legacy Programme – Tennis Coaching (04/05/19)	WimX	3	18	11 miles

Cumberland Primary School – Event Official (05/05/19)	Cumberland School Sports Partnership	2	10	0 miles
UCAS Exhibition – Sports Area Leader (18/06/19)	UEL	3	21	0 miles
GB Sitting Volleyball - Head Coach Assistant (multiple)	GB Sitting Volleyball	8	37	0 miles
London Lions Women’s Skills Clinic – Event Leader (multiple)	London Lions Basketball Club	3	48	0 miles
UELSports Tape Ball Coach (multiple)	UELSports	1	8	0 miles
WimX Tennis – Community Sports Coaching	WimX	4	44.5	0 miles
Student Identified Opportunity	Multiple	20	216	Various
			1053	

The Year Ahead

Sports Placements

Following the success this year, UELSports Workforce will be coordinating placements for an additional, three academic sports degree programmes in 2019-2020. We also offer to share the good practice & challenges faced conducting and coordinating sports placements, with wider University, as a helpful case study.

- BSc. Sports PE & Development (Core) | Continued from 2018-19
- BSc. Sports Coaching & Performance (Core) | Continued from 2018-19
- BSc. Sports Therapy (Core) | Continued from 2018-19
- BSc. Sports & Exercise Science (Optional) | Continued from 2018-19
- FdSc. Community Sports Management (Core) | New
- MSc. Applied Sports & Exercise Science with specialism (Core) | New
- MSc. Sports Management (Core) | New

High Performance Ambassadors

We will continue to enhance this programme, building on the value, and measurable impact it provides. All scholars will be required to complete eight High Performance Ambassadorial Hours in 2019-2020, as a larger number of scholars' contribute to the total.

School Events Programme

Building significantly on this programme. SportsDock will host weekly primary school events each Wednesday in 2019-2020. The aim will be to inspire young people in East London, providing a positive initial experience & aspirations of university/HE and encourage a healthy, active lifestyle. A provisional schedule is included below.

Date of Event	School/Organisation
Wednesday 23/10/19	-Drew Primary School
Wednesday 06/11/19	-Drew Primary School - Sir John Heron Primary School -Winsor Primary School
Wednesday 13/11/19	-Sir John Heron Primary School -Curwen Primary School
Wednesday 20/11/19	-Curwen Primary School
Wednesday 27/11/19	-Tapscott Learning Trust
Wednesday 04/12/19	-Newham School Sports Partnership
Tuesday 10/12/19	-Gallions Primary School
Wednesday 11/12/19	-Newham School Sports Partnership
Wednesday 29/01/20	-Earlham Primary School -Sir John Heron Primary School
Wednesday 05/02/20	-Gallions Primary School
Wednesday 12/02/20	-Gallions Primary School

Wednesday 19/02/20	-Newham School Sports Partnership
Wednesday 26/02/20	-Drew Primary School
Wednesday 04/03/20	-Gallions Primary School
Wednesday 11/03/20	-Newham School Sports Partnership

For more information, please contact UELSports (uelsports@uel.ac.uk)