

READY to MAKE A SPLASH?



University of
East London



SWIMMING POOL TIMETABLE WEEK 1 23 - 27 October 2023



	Monday 23/10	Tuesday 24/10	Wednesday 25/10	Thursday 26/10	Friday 27/10
09:00	Student Open Swim (8)	Open Water Confidence/Learn to Swim (6)			Student Open Swim (8)
09:30					
10:00	Male Only Open Swim (8)	Student Open Swim (8)		Open Water Confidence/Learn to Swim (6)	Male only Water Confidence/Learn to Swim (6)
10:30					
11:00	Staff Swim Improvement Session	Staff Swim Improvement Session	Staff Swim Improvement Session	Staff Swim Improvement Session	Staff Swim Improvement Session
11:30					
12:00					
12:30					
13:00					
13:30	Women Only Water Confidence/Learn to Swim (6)	Male only Water Confidence/Learn to Swim (6)	Student Open Swim (8)		
14:00					
14:30	Women Only Open Swim (8)	Open Water Confidence/Learn to Swim (6)	Women Only Water Confidence/Learn to Swim (6)		Open Water Confidence/Learn to Swim (6)
15:00					



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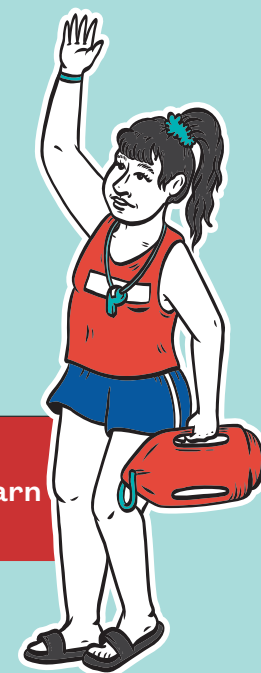
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SWIMMING POOL TIMETABLE WEEK 2 30 October - 3 November 2023



	Monday 30/10	Tuesday 31/10	Wednesday 01/11	Thursday 02/11	Friday 03/11
09:00	Student Open Swim (8)	Open Water Confidence/Learn to Swim (6)			Student Open Swim (8)
09:30					
10:00	Male Only Open Swim (8)			Open Water Confidence/Learn to Swim (6)	Male only Water Confidence/Learn to Swim (6)
10:30					
11:00					
11:30					
12:00					
12:30					
13:00	Women Only Water Confidence/Learn to Swim (6)	Male only Water Confidence/Learn to Swim (6)	Water Aerobics (8)	Student Open Swim (8)	
13:30					
14:00	Women Only Open Swim (8)	Open Water Confidence/Learn to Swim (6)		Women Only Water Confidence/Learn to Swim (6)	Open Water Confidence/Learn to Swim (6)
14:30					
15:00					



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SWIMMING POOL TIMETABLE WEEK 3 6 – 10 November 2023



	Monday 06/11	Tuesday 07/11	Wednesday 08/11	Thursday 09/11	Friday 10/11
09:00	Student Open Swim (8)	Open Water Confidence/Learn to Swim (6)			Student Open Swim (8)
09:30					
10:00	Male Only Open Swim (8)		Student Booking Slots (8)	Open Water Confidence/Learn to Swim (6)	Male only Water Confidence/Learn to Swim (6)
10:30					
11:00					
11:30					
12:00					
12:30					
13:00					
13:30	Women Only Water Confidence/Learn to Swim (6)	Male only Water Confidence/Learn to Swim (6)	Water Aerobics (8)	Student Open Swim (8)	
14:00			Water Aerobics (8)		
14:30	Women Only Open Swim (8)	Open Water Confidence/Learn to Swim (6)		Women Only Water Confidence/Learn to Swim (6)	Open Water Confidence/Learn to Swim (6)
15:00					

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SWIMMING POOL TIMETABLE WEEK 4 13 – 17 November 2023



	Monday 13/11	Tuesday 14/11	Wednesday 15/11	Thursday 16/11	Friday 17/11
09:00	Student Open Swim (8)	Open Water Confidence/Learn to Swim (6)			Student Open Swim (8)
09:30					
10:00	Male Only Open Swim (8)	Student Booking Slots (8)		Open Water Confidence/Learn to Swim (6)	Male only Water Confidence/Learn to Swim (6)
10:30					
11:00	Staff Swim Improvement Session	Staff Swim Improvement Session	Staff Swim Improvement Session	Staff Swim Improvement Session	Staff Swim Improvement Session
11:30					
12:00					
12:30					
13:00					
13:30	Women Only Water Confidence/Learn to Swim (6)	Male only Water Confidence/Learn to Swim (6)	Water Aerobics (8)	Student Open Swim (8)	
14:00			Water Aerobics (8)		
14:30	Women Only Open Swim (8)	Open Water Confidence/Learn to Swim (6)			Women Only Water Confidence/Learn to Swim (6)
15:00					

