

# SPORTSDOCK



Your local world class  
events venue



@UELSportsDock

sportsdock.co.uk

# CONTENTS

- 3** Welcome
- 4** About SportsDock
- 5** Arena 1 Info
- 7** Arena 2 Info
- 9** Aqua East - Strength & Conditioning Facility
- 10** Multi-use Studio
- 11** Football Pitch
- 12** Conference & Event Rooms
- 13** Hospitality
- 14** Accomodation
- 15** Location & Parking
- 16** Contact
- 17** Testimonials

# WELCOME

**SportsDock offers an array of facilities and services that can be tailored to your event:**

- Two large Sports Arenas
- Balcony overlooking Arena
- 3G 7-a-side football pitch
- Spacious and modern dance and aerobics studio
- Aqua East - Strength & Conditioning facility
- Conference & Event rooms
- Hospitality
- Accommodation\*

\*Accommodation dependent on time of year and availability



## CONTACT US

sportsdockevents@uel.co.uk  
020 8223 6600  
sportsdock.co.uk

# ABOUT SPORTSDOCK



Opened in March 2012, SportsDock provides a world class events environment.



Based in Newham, East London the £21 million sports facility is a one-stop-shop for all your event needs.



The location, adjacent to London City airport, makes SportsDock accessible from across the globe. With ample car parking spaces and convenient public transport links, SportsDock is accessible from all over the UK.

## Our facility and fantastic events team have hosted world class events and sports teams.

These include Team USA (London 2012 Olympics), Team USA and Team GB Women's Wheelchairs basketball, British Judo, ABA Senior & Junior Championships, British Fencing and England Basketball.

We've also hosted prestigious national and regional events including the London Youth Games Volleyball & Basketball Regional finals, Volleyball England Inter-Regionals, GB vs International All-Star Volleyball Match as well as the England Premier Futsal League.



A fantastic venue with exceptionally helpful members of staff who are always very supportive of the events needs, who are able to adapt to changing requirements all whilst maintaining a consistently happy smiley nature and working with ease with the volunteers to ensure the event runs as smoothly as possible.

**Leigh Hemmings - London Judo**

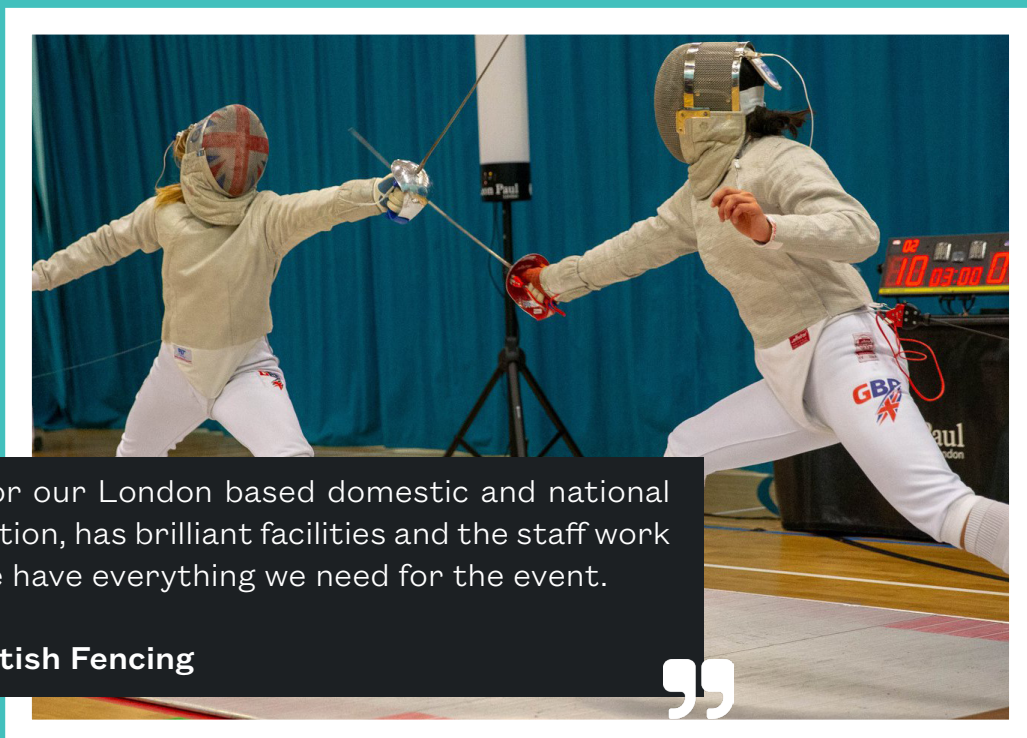


# ARENA 1 INFO



Our two multi-purpose indoor sports Arenas offer fabulous capacity, flexibility and quality for both participants and spectators alike. Arena 1 has a semi-sprung 'Helsinki 10' dynamic floor system that provides for the following list of sports:

- 1 Basketball show court
- 10 Badminton courts
- 2 Basketball match courts
- 2 Volleyball match courts
- 4 Volleyball practice court
- 2 Netball match courts
- 1 Futsal show court
- Bleacher Seating (approximately 400 seats)
- Extra portable seating also available (approximately 400 seats)
- 40 x 37m in size.
- Integrated scoreboards, wireless and PA/music system
- Up to 750 LUX lighting & 7.6m high ceilings
- Viewing Gallery



“

We use SportsDock for our London based domestic and national events. Its a great location, has brilliant facilities and the staff work tirelessly to ensure we have everything we need for the event.

**Events Manager - British Fencing**

”

# ARENA 1 PHOTOS



# ARENA 2



Our second Arena caters for the following sports:

- 10 Badminton courts
- 2 Basketball match courts
- 2 Volleyball match courts
- 4 Volleyball practice courts
- 2 Netball match courts
- 2 Futsal match courts
- 1 Futsal show court
- Extra portable seating also available (approximately 400 seats)
- 40 x 37m in size.
- Integrated scoreboards, wireless and PA/music system
- Up to 750 LUX Lighting



“

The staff at SportsDock always make booking events simple and efficient. The atmosphere within the arena is great as the spectators are close to the action making it a great host venue!

**Louise Bull - England Basketball**

”

# ARENA 2 PHOTOS



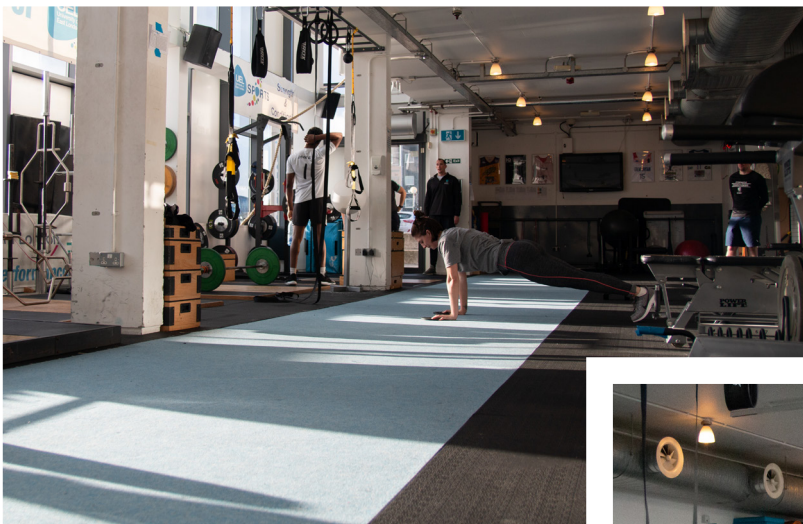


# AQUA EAST – STRENGTH & CONDITIONING FACILITY



Aqua East is a private Strength and Conditioning facility equipped with high quality equipment. It's an ideal facility for athletes and teams to practice in their high performance environment without disruption and interruption.

- Olympic lifting platforms
- Free weight dumbbells
- Resistant bands
- Plyometric runway
- Medicine balls
- Plyometric boxes
- Climbing bars
- Weight sled
- Training benches

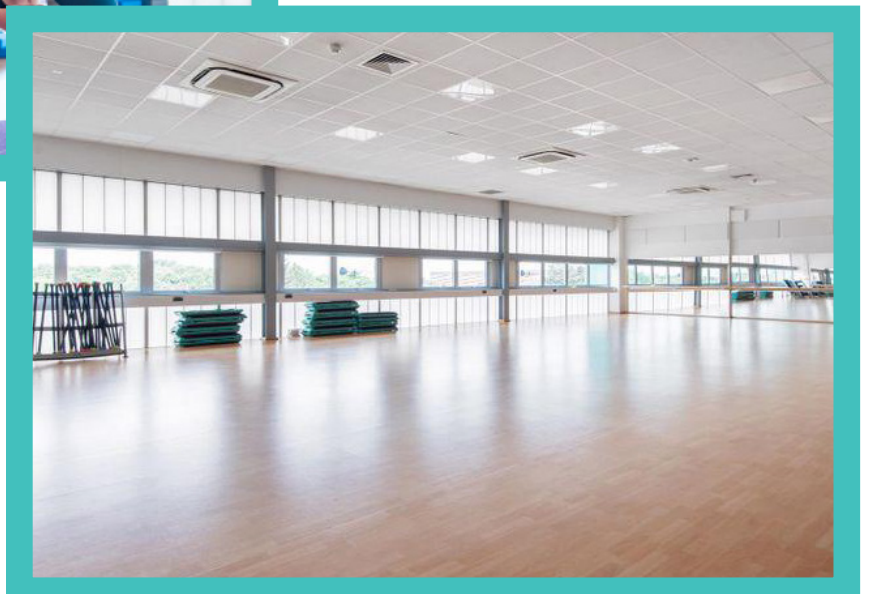


# MULTI-USE STUDIO



The Studio has an integrated sound system, sprung wooden floor and wall mirrors. With a capacity of up to 60 people, this space is flexible and can be used for a number of events such as:

- Dance Classes
- Fitness events
- Martial arts
- Workshops
- AND MORE...



# FOOTBALL PITCH



Our 7-a-side 3G pitch is perfect for a kick-about with friends, weekly block bookings for your team or competing in a league or tournament with your work colleagues.

- The outdoor pitch is fully enclosed and floodlit.
- The surface is a state of the art 3G synthetic grass filled with a rubber crumb.
- Entry to the pitches is through the main SportsDock entrance



# CONFERENCE & EVENT ROOMS



Our flexible conference and event rooms at SportsDock gives you the freedom to create exactly the event you would want. Whether it's a small official's room for an event, a lecture theatre style workshop for 50 people in our Harvard room or even a cabaret layout for up to 80 people, we can cater for all your needs.

These rooms are also ideal for coaching and teaching workshops as well as workshops.

- Variety and adaptable
- Rooms from 20 to 100 capacity
- All rooms installed with AV & WIFI capability



# HOSPITALITY

SportsDock offers a wide range of hospitality packages and menus to cater for your event no matter how big or small. Whether it's teas and coffees or hot meals and platters, we offer a variety of different menus to cater to all your needs.

Our catering services offers a wide range of catering options including:

- Refreshments
- Breakfast selection
- Working lunches
- Nibbles
- Sweet Treats
- Hot & cold fork buffet
- Finger buffets
- Wine selection
- Canapes
- Street food
- Dinner menus
- Bespoke catering



## CAFE

In addition to our hospitality packages we also have a cafe onsite which offers hot teas, coffees and hot meals including breakfast, lunch and dinner.



# ACCOMMODATION

We have 1200 modern en-suite university rooms on campus a short walk from SportsDock (available end of June - August). All rooms come with communal kitchens, including a refrigerator and freezer, as well as access to Wi-Fi. There are numerous hotels in around the Docklands and East London area (list available on request).



We are proudly partnered with Holiday Inn Express Excel so those attending our events can get 15% off their room rate.



AN IHG® HOTEL

# LOCATION & PARKING

SportsDock, based on UEL's Docklands Campus on the east side of London, is a great location whether you're travelling by car or public transport.



Our location makes us easily accessible for all using any form of transport. Just 20 minutes from Stratford International station and 30 minutes from Central London, SportsDock is in a prime location.



SportsDock utilises the Main UEL car parking for events which has up to 400 spaces.



Access onto the North Circular (A406) and A13 roads within close proximity to two DLR stations. Alternatively, if you're travelling by air, we're a stone's throw away from City Airport.

# GETTING HERE

**Bus Stop:** Gallions Reach DLR station

**Bus Routes:** 101, 262, 366

**Train:** DLR to Gallions Reach

**Additional routes to Stratford:** Eurostar, London Eastern Railway, Great Western Railway, National Rail, Overground, Jubilee line, Central line.

\* From Stratford station, change to DLR to Gallions Reach Station.

**Airport:** London City airport

**Car:** A406, A13



# CONTACT US

sportsdockevents@uel.co.uk  
020 8223 6600  
sportsdock.co.uk

SportsDock,  
University of East London,  
Docklands Campus,  
University Way,  
London,  
E16 2RD



# TESTIMONIALS



“ The All Nations Volleyball tournament has been held at UEL Sportsdock for 5 years and I can't imagine it being held in any other London venue. It is a fantastic facility with knowledgeable and courteous staff and comfortably meets the needs of the 1000+ participants and spectators at the event.

**Gary Beckford - All Nations Volleyball** ”



“ We found UEL Sportsdock a fantastic venue to host a large scale international basketball tournament with many teams and the supporters. The staff were fantastic during the event, making sure that everything ran smoothly and supporting us with an issues.

**Mark Strickland - Battle in the Capital** ”



“ This is a brilliant venue for Futsal. The staff were great from start to finish, the booking process was easy and everything was in place upon arrival for each competition. They are well kept facilities which we had brilliant feedback from participants.

**Rhys Elmer - Essex FA** ”