

Club Training

Club Name	Training Day & Time	Training Location
American Football	Wednesday 7-9pm	East London Rugby Club, E15 3BP
Badminton	Monday 4-6pm	SportsDock, Hall 3
Basketball (Men's)	Tuesday 8-10pm	SportsDock, Hall 2
Basketball (Women's)	Tuesday 5-7pm	SportsDock, Hall 2
Cheerleading	Please contact ELS at Eastlondonsport@uel.ac.uk	
Cricket (Indoor)	Tuesday 6-8pm	SportsDock, Hall 4
Football (Men's)	Monday 5:30-7:30pm	Kingsford Way, Beckton, London, E6 5JG
Football (Women's)	Monday 5:30-7:30pm	Kingsford Way, Beckton, London, E6 5JG

Club Name	Training Day & Time	Training Location
Futsal	Thursday 6-8pm	SportsDock, Hall 4
Hockey	Monday 7:15-8:30pm	Lee Valley Hockey Centre, E20 3AD
Netball	Monday 6-8pm	SportsDock, Hall 3
Rowing	Please contact ELS at Eastlondonsport@uel.ac.uk	
Rugby	Monday 7-9pm	East London Rugby Club, E15 3BP
Taekwondo	Monday & Wednesday 7-9pm	SportsDock, SD.1.08/09
Tennis	Mondays 12-2pm	Lee Valley Tennis Centre, E20 3AD
Volleyball	Monday 4-6pm	SportsDock, Hall 2
WCBB	Friday 5-6pm	SportsDock, Hall 2

Timetable