



Graduate

Guide



University of  
East London



# INTRODUCTION

**Huge congratulations on completing your studies at the University of East London! Although your time here is over, we want your relationship with us to continue.**

**As a UEL graduate, you are now part of our UEL Alumni Network, which comprises graduates from all over the world. You can call on this vibrant community to open up new opportunities and to help you grow as an individual.**

**As a University we've been pioneering futures since 1898. As we enter the age of the 4th industrial revolution, we have re-committed ourselves, through Vision 2028, to ensure we are the careers-led university by creating more pathways to sustainable careers in a changing world, working in collaboration with industry and our alumni network and by taking meaningful steps to increase diversity and inclusion in the workplace.**

**We want you to stay involved with us not only so we can support you on your own journey but also so we can call upon your input, influence and life experiences to drive our mission forward for the generations to come.**

**That's why the University is here to help, even though you have completed your studies. From offering vital employment skills, to empowering you to set up your own business, we want you to call on us for support.**

**The Alumni team will keep you in the loop with regular newsletters and magazines as well as invitations to networking and social events. We will connect you to people within the university who are best placed to provide you with the tailored help and support you need.**

**This guide has been designed to give you an overview of the range of services you can expect after you graduate, as well as introducing you to the teams that will help you on your way. Make sure you read it thoroughly and, most importantly, remember to update your contact details where relevant, so you can take advantage of all our offers.**

# THE ALUMNI TEAM

The Alumni team is responsible for keeping in touch with you once you graduate and become part of the University of East London Alumni Network. The team provides services and benefits that are accessible to all our graduates, making sure what we offer remains relevant and useful, no matter where you are in the world or what path you are pursuing.

As a member of the Alumni Network, you can access a number of benefits, including free subscription to our monthly e-newsletter and yearly magazine, invitations to events, use of social media sites, and access to our dedicated networking portal – UEL Connect – as well as special offers from the University of East London and our partner companies. There are also opportunities to play an active role in the network by becoming an Alumni Ambassador or becoming a part of the Alumni Advisory Board.

## WHAT DO WE OFFER?

As part of the Alumni Network, you will benefit from:

### Invitations to alumni events

- Guest lectures
- Socials
- Large networking and intimate roundtable events
- 'Life After UEL' webinar series

### Communications

- An annual edition of Now & Then, the magazine for graduates of the University of East London
- A monthly edition of our e-newsletter
- Important updates throughout the year

## A range of benefits and discounts

- **Benefits and discounts are offered by the university and by external partners. These include the facility to promote your company or service in our online alumni business directory. A full list of benefits can be found at [uel.ac.uk/alumni/benefits](http://uel.ac.uk/alumni/benefits).**

## Access to UEL Connect

- **UEL Connect is our dedicated online Alumni Portal for UEL graduates, a one-stop shop for all alumni activities where the team promotes events, job opportunities and news stories. UEL Connect also allows alumni-to-alumni engagement to help you further your career. You can sign up at [uelconnect.com](http://uelconnect.com).**

## A wide range of opportunities to play a part

- **Alumni Advisory Board**
- **Alumni Ambassador**
- **Alumni Mentor**

## Awards and recognition

- **The chance to win one of our Annual Alumni Achievement Awards**
- **The chance to be recognised as our Alumni of the Month**

## Alumni Passport Card

- **For an additional one-off payment of £15, the Alumni Passport Card gives you access to benefits such as use of UEL libraries, discounts at SportDock and special conferencing rates.**

# CONTACT DETAILS

- [alumni@uel.ac.uk](mailto:alumni@uel.ac.uk)
- +44 (0)208 223 2222
- [uel.ac.uk/alumni](http://uel.ac.uk/alumni)

# SOCIAL MEDIA PLATFORMS

- [Twitter.com/uelalumni](https://twitter.com/uelalumni)
- [Facebook.com/uelalumni](https://facebook.com/uelalumni)
- [Instagram.com/uelalumni](https://instagram.com/uelalumni)
- LinkedIn – Search for UEL Alumni

**The Alumni team works closely with teams from the university's Career Zone, Volunteering and Enterprise to ensure you don't miss out on any of our exclusive services or special events.**

**To find out more about the work of these teams, read on.**





# CAREER ZONE

**The Career Zone supports students and graduates to achieve their career goals. We provide a support network that enables you to grow and develop from your first few weeks beyond university through to employment. We'll support you to stay on track, succeed academically and secure graduate level employment and/or further study. Alumni have limitless access to the Career Zone services after graduating. There, you can call on one-to-one career coaching, professional mentoring programmes and employer events, including careers fairs, networking, and seminars presented by our career coaches and industry professionals.**

## WHAT DO WE OFFER?

### Career Coaching

- **Careers workshops**
- **Face-to-face or remote one-to-one career coaching appointments**
- **24/7 online employability support through the Careers Centre (including Career Passport, CV Builder, Interview Simulator, Cover Letter Builder, workforce market information and career planning)**
- **Skills Academy – career workshops delivered by external trainers**
- **Drop-in sessions**

**Email: [careercoaches@uel.ac.uk](mailto:careercoaches@uel.ac.uk)**



## **Mentoring**

- **Professional mentoring programme**
- **Alumni mentoring scheme**
- **Alumni group mentoring events**

**Email: [careermentoring@uel.ac.uk](mailto:careermentoring@uel.ac.uk)**

## **Employer Engagement**

- **On-campus employer events (insight events, networking and panel events, guest lectures and workshops)**
- **Graduate Careers Day - 22 July 2020**
- **Annual Careers Fair - 22 October 2020**
- **UEL Career Zone (Jobs Board, events and coaching appointments)**

**Email: [careerzone@uel.ac.uk](mailto:careerzone@uel.ac.uk)**





# ONLINE CAREERS MANAGEMENT PLATFORMS

## Career Zone

Further information on all the teams and their activities can be found on the Career Zone ([careerzone.uel.ac.uk](https://careerzone.uel.ac.uk))

The Career Zone gives you access to:

- Jobs Board
- Employer events
- Employability workshops
- Mentoring opportunities
- One-to-one career coaching appointments

To ensure you continue to have access to your account after graduation, please go to 'My Account > Personal > Email' and input your personal email address.

## Career Centre

After graduation, you can also access the Career Centre at [uel.ac.uk/careerscentre](https://uel.ac.uk/careerscentre) which contains all your career support in one place. Log into the Career Centre to expand your knowledge on:

- Career Check-in and Career Passport
- CV Builder and online CV checks
- Interview Simulator – online mock interviews
- Psychometric tests to evaluate skills and career potential
- Industry insights

## CONTACT DETAILS

- [careers@uel.ac.uk](mailto:careers@uel.ac.uk)
- +44 (0)208 223 2424/4321
- [uel.ac.uk/student-life/centre-for-student-success](https://uel.ac.uk/student-life/centre-for-student-success)

# SOCIAL MEDIA PLATFORMS

For the latest Career Zone (Careers and Student Enterprise)

- Twitter: @UEL\_Careers
- Facebook: @UELCareerZone
- Instagram: @uelcareerzone
- LinkedIn: UEL Career Zone

# EXTERNAL SUPPORT

Check out some excellent graduate opportunities:

## Investment20/20

Investment20/20 is a careers site where you can learn about opportunities in investment management. The Investment20/20 team provides access to graduate trainee programmes across 42 partner companies. They run a vibrant Investment20/20 network for all trainees with regular events and a trainee forum.

[investment2020.org.uk](http://investment2020.org.uk)

## Sparta Global

Predominantly an early-careers and graduate employer, Sparta Global is passionate about engaging and attracting outstanding students to launch their careers in technology. The team is looking for students with great potential – regardless of their subject background or experience.

[spartaglobal.com](http://spartaglobal.com)

## FDM

**FDM's Careers Programme bridges the gap between academia and the commercial world for graduates. You can train in IT and business specialities in one of their award-winning academies. Or work on-site with prestigious industry-leading clients, gaining hands-on experience.**

[fdmgroup.com](http://fdmgroup.com)

## Sanctuary Graduates

**Sanctuary Graduates attracts the brightest graduates and helps them on to their ideal career path. The team helps guide students from the application process through to final-round interviews. They work with a range of Times Top 100 and FTSE 250 employers and have helped hundreds of graduates and interns into leading financial firms, global corporations, top consultancies and fast-growing SMEs.**

[sanctuarygraduates.co.uk](http://sanctuarygraduates.co.uk)

## Ambitious Futures

**Ambitious Futures provides a first-class foundation for a graduate career in professional university management. The scheme offers new perspectives, helps galvanise change and speeds up improvements in processes and services. Ambitious Futures helps the sector to retain the best graduate talent.**

[ambitiousfutures.co.uk](http://ambitiousfutures.co.uk)

**Graduate programmes closed from Feb 2021**

## On Purpose

**The Associate Programme is a year-long scheme that transforms careers. It enables individuals to learn on the job, doing real work in purpose-led organisations while at the same time undergoing an intensive learning programme with a community of like-minded professionals.**

[onpurpose.org/en/](http://onpurpose.org/en/)

## Creative Access

**Creative Access is a social enterprise, unrivalled in diverse recruitment and inclusion. The team works with all under-represented candidates and organisations across the creative industry from theatre and TV to publishing.**

[creativeaccess.org.uk](http://creativeaccess.org.uk)

## Worthwhile

**Worthwhile is a path into entry level and junior manager roles with charities and social enterprises. Worthwhile offers a graduate scheme, training programme and recruitment-only roles for young professionals taking their first steps in social impact.**

[worthwhile.org.uk](http://worthwhile.org.uk)

## The Princes Trust

**The Prince's Trust works with top employers such as TK Maxx, ASOS, HSBC, Gap, DHL, Marks and Spencer, the NHS and many more businesses which are ready to hire fresh talent, while supporting individuals to improve their CV and interview techniques. The Prince's Trust has helped over 86,000 young people to start their own businesses, working with 18 to 30-year-olds to turn their ideas into reality.**

[princes-trust.org.uk](http://princes-trust.org.uk)

## Grad Unique

**The British Heart Foundation and McMillan are offering graduates an unparalleled insight into the charity sector with a programme designed to create future leaders in the sector.**

[gradunique.org.uk](http://gradunique.org.uk)

## Charityworks

**Charityworks is a paid, 12-month graduate scheme which gives you all the tools you need to build a career in the UK non-profit sector.**

[charity-works.co.uk](http://charity-works.co.uk)



## Teach First

**Graduates from any degree subject can make a difference every day on the largest teacher training and leadership programme in the UK.**

[teachfirst.org.uk](https://teachfirst.org.uk)

## The Frontline

**The Frontline offers a two-year leadership development programme for outstanding graduates from any degree background. During the intensive two-year programme, you will develop the skills needed to be the difference for the most vulnerable in society.**

[thefrontline.org.uk](https://thefrontline.org.uk)

## Think Ahead

**The Think Ahead programme is a new route into social work for graduates and career-changers remarkable enough to make a real difference to people with mental health problems.**

[thinkahead.org](https://thinkahead.org)

## EmployAbility

**EmployAbility is dedicated to assisting students and graduates with all disabilities, including dyslexia or long-term health conditions, into employment. The team runs an ever-expanding range of programmes for large international and UK employers, including internships and graduate recruitment, as well as offering training, events and consultancy around disability awareness and inclusion.**

[employ-ability.org.uk](https://employ-ability.org.uk)



# UEL VOLUNTEERING

**UEL Volunteering works with local organisations to provide a range of volunteering opportunities to UEL students and graduates. The team also holds workshops and presentations highlighting the benefits of volunteering. The team also support students and graduates to design and deliver community-based projects. Students and alumni are guided to identify, apply for and complete their volunteering roles. Once completed, volunteers are encouraged to continue working with the team to maximise their experience.**

## WHAT DO WE OFFER?

**As a new graduate, you may need assistance to articulate the skills that volunteering has helped you to develop, turning the knowledge and experience you have gained into a meaningful CV, an eye-catching response on an application form and an interesting entry on your LinkedIn profile. The volunteering team runs sessions on “Making the Most of Volunteering” throughout the year. We are available to offer advice to graduates on campus and via online meetings and webinars.**

**Beyond these workshops, if you have any questions about volunteering, or would like guidance on how to access volunteering opportunities after graduation, please email [volunteering@uel.ac.uk](mailto:volunteering@uel.ac.uk) and we will be happy to respond to your queries.**

# CONTACT DETAILS

- **volunteering@uel.ac.uk**
- **+44(0)208 223 7303**
- **volunteering.uel.ac.uk**

# SOCIAL MEDIA PLATFORMS

- **Twitter: @UELVolunteer**
- **Facebook: @UELVolunteer**
- **Instagram: @uelvolunteer**

# UEL ENTERPRISE & ENTREPRENEURSHIP

**UEL Enterprise & Entrepreneurship is a dedicated in-house team which works with students and graduates to develop their entrepreneurial knowledge and skills to enable them to launch and grow their own businesses. We deliver a range of activities throughout the year.**

# WHAT DO WE OFFER?

- **Weekly appointment slots at Stratford, Docklands and online to enable you to access tailored one-to-one advice**
- **Regular industry hackathons to help you develop ideas and networks**

- **Series of one-off events, including SME visits, entrepreneur panels and special interest sessions**
- **Access to a series of free start-up and growth workshops across the year for your new business**
- **Access to small grants to enable you to test and validate your ideas**
- **Annual grant funding competitions for start-up and growth**
- **Start Up Visa sponsorship for international students**
- **Discounted space at our Docklands-based Knowledge Dock Business Centre**

**To book a one-to-one session with a member of the team, or for any additional information on enterprise and entrepreneurship, please email [enterprise@uel.ac.uk](mailto:enterprise@uel.ac.uk), or visit [uel.ac.uk/business/enterprise](http://uel.ac.uk/business/enterprise).**

**To see a list of our current workshops, search for 'UEL Enterprise and Entrepreneurship' on Eventbrite.**

## **CONTACT DETAILS**

- **[enterprise@uel.ac.uk](mailto:enterprise@uel.ac.uk)**
- **+44 (0)208 223 2491**
- **[uel.ac.uk/business/enterprise](http://uel.ac.uk/business/enterprise)**

## **SOCIAL MEDIA PLATFORMS**

- **Twitter: [@UELEnterprise](https://twitter.com/UELEnterprise)**
- **Instagram: [@uelenterprise](https://www.instagram.com/uelenterprise)**

## DID YOU KNOW?

**As a UEL graduate, you may be eligible for a fee discount if you undertake further postgraduate study. The Alumni Discount is either a 10% or 15% reduction in fees, depending on the time lapse between your courses. Should you wish to discuss your funding options for further study, either through UEL scholarships and discounts or Government funding, then Student, Money, Advice & Rights (SMART) advisors are available.**

**For information relating to all postgraduate UEL scholarships and bursaries, please visit [uel.ac.uk/postgraduate/fees-and-funding/](https://uel.ac.uk/postgraduate/fees-and-funding/).**

**Or contact the SMART Team on +44(0) 8223 4444 or [studentfunding@uel.ac.uk](mailto:studentfunding@uel.ac.uk).**

## UPDATE YOUR CONTACT DETAILS

**Remember to keep your contact details up to date with the University of East London so we can continue to offer you all these fantastic resources. You can update your details at [uel.ac.uk/alumni](https://uel.ac.uk/alumni). Just click the update details link at the top of the page.**







# CONTACT DETAILS

[alumni@uel.ac.uk](mailto:alumni@uel.ac.uk)  
[+44 \(0\)208 223 2222](tel:+442082232222)  
[uel.ac.uk/alumni](http://uel.ac.uk/alumni)

[uel.ac.uk/recentgraduates](http://uel.ac.uk/recentgraduates)



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