

Directory of Services & Organisations for Refugees, Asylum Seekers & Migrants in the UK & Beyond: 2021-22 Edition

This directory is intended for refugees, asylum seekers, migrant communities, health and social care practitioners and agencies working with them to identify services that offer advice and support to assist refugees and asylum seekers and migrants to settle and rebuild their lives in the UK.

Charity organisations and services alter regularly; some may close or reduce the services they provide, or new ones set up. Although, every effort has been made to ensure that the information in this Directory is correct and up-to-date, please check this information with service providers before passing onto others. The Directory is updated on a yearly basis and in order to ensure you have the latest edition, please access it through UEL website.

The inclusion of services and organisations in this Directory is not indicative of our endorsement of such services.

If you are aware of any organisations and services that should be added and/or details corrected, please let us know by emailing farahfarsimadan@yahoo.co.uk

Organisations are divided into nationwide, regional, international and London-based, are in alphabetical order and a website link is also provided. The Directory concludes with useful mental health organisations and services website links that provide support, advice and information which may be beneficial to refugees, asylum seekers and health and social care professionals and services working with them.

In the event that the webpage does not load when you click on the URL, please highlight and copy the URL and paste onto the internet search bar to open the webpage.

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Nationwide

Asylum Help

AH provides confidential and impartial advice on how to claim asylum and offers financial, accommodation support, and health assessment. The website resource centre provides and enables you to download advice in a variety of languages.

www.asylumhelpuk.org

Asylum Matters

Asylum Matters is based in the North West, West Midlands, Yorkshire and Humber, North East and Wales, as well as London and works in partnership locally and nationally to improve the lives of refugees and people seeking asylum through social and political change. Asylum Matters mobilises and coordinates local, regional and national advocacy work in order to increase the impact of campaigns to secure improvements to asylum policy and practice.

www.asylummatters.org

Asylum Support Appeal Project

ASAP offers free legal service and representation to asylum seekers and refused asylum seekers appealing against the Home Office decision to refuse or withdraw their housing etc., as well as providing training and advice to organisation agencies working with this group and lobbying to improve policies and procedures on asylum support.

www.asaproject.org

Better Health

BH is a project run by the Race Equality Foundation that aims to develop a national evidence-based resource to help health professionals, including Better Health briefings, translated resources, research, toolkits, etc.

www.raceequalityfoundation.org.uk/category/health-care/

Bail for Immigrants & Detainees

BID, challenges immigration and detention in the UK whilst working with asylum seekers and migrants in removal centres and prisons to secure their release.

www.biduk.org

Barnardo's

Barnardo's works with and transforms the lives of the UK's most vulnerable, the abused, the neglected and forgotten children regardless of their gender, race and background including children from BME communities and those seeking asylum. Services offered include advocacy and counselling for children who have been abused, trafficked and neglected. Fostering and adoption services, emotional and practical support and help with health care and schooling, training and employment, supported lodgings and accommodation and donations of food and clothes, financial assistance for all those in need including children seeking asylum and their families are also available.

www.barnardos.org.uk

Black & Asian Therapists Network

BAATN provides training, resources and information, and an online directory of qualified therapists experienced in working with immigrant population including African, Caribbean and Asian clients.

www.baatn.org.uk

British RedCross

British RedCross offers support to young refugees ages 15-25 residing in Birmingham, Glasgow, Hampshire, Kent, Leicester (no group activities), Leeds, London and Peterborough with one-to-one support with understanding the asylum process, preparing documents, health, education and social care support, learning new skills etc.

www.redcross.org.uk/get-help/get-help-as-a-young-refugee-or-asylum-seeker

www.redcross.org.uk/get-help/get-help-as-a-refugee

Centre for Armenian Information & Advice

CAIA offers advice and information for the Armenian community including refugees and asylum seekers on housing, benefits, immigration and training, education, etc., in London and UK wide.

www.caia.org.uk

Child Poverty Action Group

CPAG is a national charity working to end poverty among children, young people and families including refugees and asylum seekers in the UK.

www.cpag.org.uk

Childline

Childline is a service provided by NSPCC, which dedicates a website page to refugee and asylum-seeking children by providing support and information including applying for asylum, living in the UK, celebrating the difference, help and advice for those subjected to hate crime and discrimination, etc. to enable them settle in the UK.

www.childline.org.uk/info-advice/bullying-abuse-safety/your-rights/child-refugees-and-asylum-seekers/

Children & Families Across Borders

CFAB is a NGO that deals with child protection cases that involve the UK and other countries. It protects vulnerable children who have been separated from family members as a result of divorce, forced migration, seeking asylum or those victims of trafficking as well as other vulnerable children and families.

www.cfab.org.uk

The Children's Society

The Children's Society is a national charity which runs projects all over the UK. The Society's Social Policy Unit seeks to influence legislation and government policy in a number of children related issues including human rights submission, child poverty, health, youth justice, and the care of unaccompanied and separated refugee children.

www.childrensociety.org.uk

The Chinese Information & Advice Centre

CIAC offers free legal advice, support and information to disadvantaged Chinese people living in the UK.

www.ciac.co.uk

Citizens UK

Citizens UK organises communities to act together for power, social justice and the common good. It is the home of community organising in the UK, with diverse civil society alliances in London, Milton Keynes, Nottingham, Birmingham, Wales and Leeds.

www.citizensuk.org

City of Sanctuary

City of Sanctuary, the umbrella organisation for local refugee and asylum seeker organisations,

is a national network made up of local groups, businesses, community organisations and individuals, committed to working with refugees and asylum seekers in order to build a united voice to advocate for people seeking sanctuary in the UK.

www.cityofsanctuary.org

Coramvoice

Coramvoice (formerly Voice for the Child in Care, VCC), offers a free national helpline, a network of independent advocates who meet with children and young people face-to-face to discuss their problems and provides specialist support, training and consultancy to promote good practice and develop opportunities for children and young people in the UK.

www.coramvoice.org.uk

Coram Children's Legal Centre

Coram Children's Legal Centre, CCLC, part of the Coram Group of charities, promotes and protects the rights of children in the UK and internationally in line with the UN Convention on the Rights of the Child. CCLC provides legal advice and representation, builds the capacity of professionals and practitioners through training and advice provision, and challenges laws and policies that negatively impact on children and their rights, as well as providing international consultancy on child law and children's rights.

www.childrenslegalcentre.com

Council of Somali Organisation

COS is a national second tier organisation set up for the Somali voluntary and community sectors to assist as an umbrella organisation. COS intends to provide a collective voice for the Somali community including refugees and asylum seekers in the UK assisting them in areas of health and wellbeing, criminal justice, education, poverty reduction and economic empowerment.

www.councilofsomaliorgs.com

The Council for at Risk Academics

CARA is a charitable UK organisation dedicated to helping academics in immediate danger, forced into exile and many who chose to remain in their homeland by offering them academic and financial support.

www.cara.ngo

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Detention Action

DA provides support and advice to those seeking asylum whose claims have been refused or being processed in detention centres across the UK.

www.detentionaction.org.uk

Electronic Immigration Network

EIN is a registered charity providing information on immigration and refugee law via the internet. EIN website has a two-level access, the free public site and the subscription member's site. The member's site provides easy access to immigration and asylum related decisions from the Tribunal up to European Court of Human Rights.

www.ein.org.uk

Embrace UK

Embrace UK Community Support Centre aims to relieve poverty among refugee, asylum seekers and migrants by the provision of free information, advice and guidance on welfare, benefits, housing and education employment, etc.

www.embraceuk.org

Exiled Writers Ink

EWI aims to promote the work of writers in exile offering them a platform to raise awareness of their work by organising workshops, seminars and to facilitate the publication of their work by addressing issues including translation and publication.

www.exiledwriters.co.uk

Foundation for Women's Health Research & Development

FORWARD is a leading African women's support organisation that campaigns against discriminatory practices against girls and women in Africa, Europe and in the UK which affect their dignity and wellbeing with specific focus on female genital mutilation (FGMS), child marriage and obstetric fistula.

www.forwarduk.org.uk

Freedom from Torture

Freedom from Torture (formerly known as the Medical Foundation for the care of victims of torture), provides direct clinical / therapeutic services to survivors of torture who arrive in the UK and protect and promote their rights, enabling them to rebuild their lives in

Birmingham, Glasgow, Manchester, Newcastle and London.

www.freedomfromtorture.org

Ghanaian Welfare Association

GWA provides the Ghanaian community in London and the UK including refugees and asylum seekers advice, elderly support services, health, women and mental health, housing, interpreting and translation services, victim and racial harassment support.

www.ghanaianwelfareassociation.co.uk

Hibiscus Initiatives

HI provides advice, information, advocacy information and welfare services in prisons supporting BMER (Black Minority Ethnic & Refugee) women in immigration removal centres, those who have been involved in the criminal justice system, UK border agency or recently released from prison.

www.hibiscusinitiatives.org.uk

Immigration Advisory Service

IAS is a nationwide immigration law firm that conducts both private and public funded work on a full range of immigration, asylum and citizenship cases, detention, bail and appeal cases.

www.iasservices.org.uk

Immigration Law Practitioners Association

ILPA is a professional association and registered charity the majority of whose members are barristers, solicitors and advocates practising in all aspects of immigration, asylum and nationality law, promoting the advising and representation of immigrants.

www.ilpa.org.uk

JAN Trust

JAN is a non-profit charity organisation empowering woman across UK. JAN campaigns against abuse, discrimination, social exclusion amongst BME women and refugees and asylum seekers. Services provided include Stop Domestic Violence, Against Forced Marriages, Raise Awareness and Prevent Hate Crime Against Refugees and Asylum Seekers and Against Female Genital Mutilation.

www.jantrust.org

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Jewish Refugees, the Association of

AJR provides social, welfare and care services to Jewish victims of Nazi oppression living in Great Britain.

www.ajr.org.uk

Joint Council for the Welfare of Immigrants

JCWI is an independent national charity that works to ensure justice and fairness in immigration, nationality and asylum law and policy and provides direct legal advice and assistance to those affected by UK immigration control.

www.jcwi.org.uk

Law Centres Federation

LCF includes over 50 law centres across the UK which provide legal advice and representation including legal aid on housing, immigration and welfare benefits, etc.

www.lawcentres.org.uk

Local Government Association

The member led LGA Asylum, Refugee and Migration Task Group is made up of regional member and Regional Strategic Migration Partnership, RSMP, representation covering all of the English regions, Northern Ireland, Wales and Scotland and focuses upon the issues around the asylum, refugee and migration agenda from a local government perspective. The LGA's website is a one-stop resource for councillors, council officers and other professionals providing support to refugees, asylum seekers and unaccompanied children.

www.local.gov.uk/topics/communities/refugees-and-asylum-seekers/refugees-and-unaccompanied-children

Medical Justice

MJ is a network of volunteers (medical doctors, case workers, etc) who visit men, women and children in immigration detention and expose and challenge medical abuse in immigration detention centres.

www.medicaljustice.org.uk

Migrant Help UK

Migrant Help UK offers advice, guidance to vulnerable asylum seekers and support victims of human trafficking, foreign national detainees and prisoners services in London, Liverpool, Birmingham, Dover, Belfast, Glasgow and Cardiff.

www.migranthehelpuk.org

Migrants' Rights Network

MRN is a national NGO that works for the rights of all migrants. MRN brings together public sector organisations, faith groups, migrant activists to advocate and campaign for a rights-based migration system in the UK. It has a number of projects including the London Project & BME Women's Leadership Programme.

www.migrantsrights.org.uk

National Asylum Support Service

NASS as part of the Home Office service provides support to asylum seekers who would otherwise be destitute while their asylum applications are being considered.

www.gov.uk/asylum-support

National Society for the Prevention of Cruelty to Children

NSPCC offers support to children and their families through provision of a range of services including sexual abuse, neglect, early intervention, children in care, individual and family therapy services to help children to work through their issues and move on in a safe and secure environment. Visit services and resources section of the website for more information of the services and resources available.

www.nspcc.org.uk/services

The No Accommodation Network

NACCOM provides accommodation for refugee and asylum seekers to prevent destitution amongst this population and other vulnerable immigrants.

www.naccom.org.uk

NSPCC's Child Trafficking Advice Centre

The NSPCC's CTAC provides free guidance and training to professionals concerned that a child or young person has been or is about to be trafficked into or out of the UK. The centre offers advice by phone and email to professionals; co-ordinates multi-agency responses, focused on protecting the child; delivers training and awareness-raising presentations in the UK and across the world; and attends child protection meetings and produces child trafficking reports for courts.

<https://learning.nspcc.org.uk/services/child-trafficking-advice-centre/>

Oxfam

Oxfam Great Britain is a development, relief, and campaigning organisation dedicated to finding lasting solutions to poverty and suffering around the world. Oxfam offers emergency food and shelter as well as working with other agencies to help provide clothing to many individuals and families left destitute, including refugees and asylum seekers in Great Britain.

www.oxfam.org.uk

Race Equality Foundation

REF is an independent charity that promotes race equality in social support and public services and by involving in a number of projects, including Better Health. The website provides resources including downloads, presentations, audio and video, etc.

www.raceequalityfoundation.org.uk

Refuge

Refuge aims to empower women and children by offering a range of specialist services to protect them against domestic violence, sexual violence, 'honour' based violence, forced marriage, FGM, human trafficking or modern slavery, ensuring survivors access safety and rebuild their lives.

www.refuge.org.uk

Refugee Action

RA provides support system, housing and legal assistance and outreach and crisis help and training programmes for newly arrived asylum seekers as well as aiding those already settled or those considering assisted voluntary return.

www.refugee-action.org.uk

Refugee Council

RC offers refugees and asylum seekers therapeutic services, destitution support and free advice and information on various matters including welfare benefits, education, housing, as well working with refugee community organisations and services and partners to empower and support refugees and asylum seekers to rebuild their lives in the UK. For a complete list of services on offer by the Refugee Council including gender specific services, children and young people, mental health & therapeutic services, social activities, etc., locally and on regional level, use the link provided below.

www.refugeecouncil.org.uk

www.refugeecouncil.org.uk/get-support/services/

Refugee Council Children's Section

Refugee Council Children's Section works with separated children and young people seeking asylum who are under the age of 18 when they enter the UK as well as trafficked children and provides advice to those involved in their support including statutory and voluntary organisations.

To explore all Refugee Council's children services/projects, including Children's Advice, Trafficked Children's Project, Age Dispute Project, etc., use the links below.

www.refugeecouncil.org.uk/service-category/children-young-people/

www.refugeecouncil.org.uk/what_we_do/childrens_services

Refugee Week

Refugee Week is a UK-wide festival which is coordinated and managed by Counterpoint celebrating the contributions, creativity and resilience of refugees through a programme of arts, cultural, and educational events. Refugee Week is a platform for refugees in the UK to share their experiences, perspectives and creative work on their own terms. Refugee Week is held every year on the World Refugee Day 20th June.

www.refugeeweek.org.uk

Refugees at Home

Refugees at Home is a UK based charity aiming to connect those with a spare room in their home with asylum seekers and refugees in need of accommodation.

www.refugeesathome.org

Right to Remain

Right to Remain is a UK Human Rights organisation, working to build a strong movement for the right to remain in the UK. It works with groups across the country supporting migrants to establish their right to remain with dignity, safety and humanity, and to challenge the injustice of the immigration and asylum system.

www.righttoremain.org.uk

Rights of Women

ROW aims to advise, educate and empower women including those claiming asylum and migrant women by provision of free, confidential legal advice by specialist women solicitors and barristers and through publications, training and campaigning to ensure women's voices are heard and their needs are met.

www.rightsofwomen.org.uk

Room For Refugees

Room For Refugees is a discrete and confidential hosting network providing safe temporary homes and pastoral support for insecurely-housed refugees, asylum seekers and vulnerable groups - families, the sick, the elderly and unaccompanied asylum-seeking children with no recourse to public funds in Scotland and the UK. On a yearly basis Room For Refugees receives referrals from its own caseworkers, as well as from British Red Cross, Scottish Refugee Council, Freedom From Torture and a great number of established refugee and asylum advice agencies.

www.roomforrefugees.com

The Salvation Army

The Salvation Army helps refugees living in the UK in their communities on an individual basis, offering practical help and sanctuary to vulnerable refugees and their families escaping war-torn areas ensuring refugee families do not fall prey to exploitation.

www.salvationarmy.org.uk/supporting-refugees

Save the Children UK

Save the Children is the UK's international charity helping children in the UK and around the world stay healthy and safe. The charity saves children's lives in war-torn countries and wherever disaster strikes, helping displaced and child refugees.

www.savethechildren.org.uk

Shelter

Shelter helps people with housing issues or homelessness who are in the need of expert advice and support by offering face-to-face advice and support, online advice, free emergency helpline for those facing a housing crisis, and free legal advice and representation to help those who have either lost their homes or are facing eviction.

<https://england.shelter.org.uk>

Social Workers Without Borders

SWWB is a registered charity that offers voluntary support to asylum seekers, refugees and those impacted by borders, independently of government and local authorities, using its members' social work skill and expertise. By supporting and mentoring its social work volunteers from across the UK, SWWB provides pro-bono social work assessments for

unaccompanied children, children and families and vulnerable adults facing removal from the UK, and children with claims to Dublin III family reunification.

www.socialworkerswithoutborders.org

Student Action for Refugees

STAR is a national charity of students welcoming refugees to the UK. STAR volunteer at local refugee projects, educate people about refugees and asylum seekers and fundraise to welcome and improve the lives of refugees in the UK.

www.star-network.org.uk

UK Psychological Trauma Society

UKPTS provides a forum for multi-disciplinary professionals to share ideas and knowledge relevant to the field of psycho-trauma.

www.ukpts.co.uk

Vietnamese Mental Health Services

VMHS is a charity organisation that offers culturally sensitive mental health services to Vietnamese with mental health problems including refugees and asylum seekers living in the UK. Services provided are drop-in day services, outreach and counselling services, training workers and interpreters on medical and psychiatry terminology, training and education about mental health issues through publication of booklets and leaflets in Vietnamese and Chinese.

www.vmhs.org.uk

Regional

Abigail Housing

Abigail Housing is a West-Yorkshire based charitable company dedicated to providing support and homes to refugees and asylum seekers who find themselves destitute, this includes those who have been refused asylum but cannot reasonably return to their country of origin and those who are granted refugee status and have to leave their current housing, through its Destitute and Refugee Projects.

www.abigailhousing.org.uk

Action Foundation

Action Foundation is a charity based in Newcastle upon Tyne providing support to disadvantaged refugees, asylum seekers and other migrants across Tyne and Wear. Through its supported housing projects and English language school, Action Foundation aims to enable vulnerable migrants to avoid homelessness and extreme poverty, access vital services, increase their skills and employability, access legal support, integrate and live independently.

www.actionfoundation.org.uk

Aid Box Community

ABC is a Bristol-based humanitarian organisation set up by group of ordinary people in response to the continuing refugee crisis. ABC has a central base for their work called the ABC Hub, which includes a free shop where vulnerable and in need asylum seekers & refugees can come to get clothes, shoes, household items, food and other essentials, that will help them live more comfortably as they settle in Bristol.

www.aidboxcommunity.co.uk

Art Refuge UK

Art Refuge UK is a small, robust charity that works through art and art therapy with people who have been displaced due to political or religious persecution, armed conflict, trafficking, natural disaster and/or poverty, working in close partnership with local and international government and non-governmental organisations, Art Refuge UK's work mainly takes place through groups and currently operate in London, Bristol and on the France-UK border at Calais.

www.artrefugeuk.org

Ashiana Sheffield

Ashiana Sheffield works with Black, Asian, Minority Ethnic and Refugee (BAMER) adults, children and young people fleeing domestic and sexual abuse including forced marriage, human trafficking, female genital mutilation, gang violence and 'honour'-based violence.

Ashiana offers confidential one to one and group support to women and girls who are experiencing any form of violence and abuse, enabling them to make informed choices and exit violent situations. It also provides accommodation to women survivors of human trafficking and their children as well as outreach support across Yorkshire and Humberside, the East Midlands.

www.ashianasheffield.org

Assist Sheffield

Assist Sheffield is a community-led charity that aims to support vulnerable people in Sheffield including failed asylum seekers who have been made destitute. It provides a night shelter in a local church hall, arranges temporary accommodation in one of its houses or with host families; provides small weekly welfare payments for things like food, provides bus passes which clients can use to attend medical, legal and Home Office appointments; and helps people access other sources of help, including other charities, Food Banks.

www.assistsheffield.org.uk

Asylum Aid

Asylum Aid in partnership with the human rights charity Helen Bamber Foundation offers legal representation to vulnerable people seeking asylum in the UK, children, survivors of trafficking and stateless people. Asylum Aid works directly with vulnerable people and in partnership with other organisations including providing welfare advice to marginalised communities through its partnership with Westminster Citizen Advice Bureau and Age UK Westminster.

www.asylumaid.org.uk

Asylum Link Merseyside

ALM offers information and advice on immigration, housing as well as provision of destitution support, free clothing, furniture, English classes, social and leisure activities to refugees and asylum seekers living in Merseyside.

www.asylumlink.org.uk

Asylum Matters

Asylum Matters is based in the North West, West Midlands, Yorkshire and Humber, North East and Wales, as well as London and works in partnership locally and nationally to improve the lives of refugees and people seeking asylum through social and political change. Asylum Matters mobilises and coordinates local, regional and national advocacy work in order to increase the impact of campaigns to secure improvements to asylum policy and practice.

www.asylummatters.org

Asylum Support & Immigration Resource Team

ASIRT is a non-profit advocacy organisation based in Birmingham that provides support, advice and advocacy to refugees and asylum seekers living in West Midlands.

www.asirt.org.uk

Asylum Welcome

Asylum Welcome in Oxfordshire welcomes refugees and asylum seekers including unaccompanied children and detainees who have fled persecution and danger in their own countries and seek refuge in Oxfordshire. It provides advice and practical help on a wide range of topics advice including immigration and asylum; runs English classes, a food bank, works closely with lawyers to support access to rights.

www.asylum-welcome.org

BACA Charity

BACA in Leicestershire provides specialist supported accommodation and development training for young forced migrants who are between 16 – 18 on arrival. They specially work with unaccompanied asylum-seeking children, refugees and victims of trafficking and those at risk of exploitation.

www.bacacharity.org.uk

Birch Network

BIRCH is a small, volunteer led charity working across Birmingham which supports vulnerable refugees, asylum seekers and undocumented migrants. It runs three projects; a weekly 'Meet and Greet Lunch' for families at risk of destitution that is held at St Martin's Youth Centre in Highgate; the Family Befriending Project that matches vulnerable unaccompanied young refugees aged 16-25 with volunteer families who

offer them a regular meal within the family home giving them a taste of family life; and the Hosting Network which recruits and supports community hosts who share their homes e.g. offering a spare room to those experiencing destitution, normally due to difficulties within the asylum process.

www.birchnetwork.org

Black & Minority Ethnic Community Partnership

The Black and Minority Ethnic Community Partnership is a Brighton based group that provides refugees and asylum seekers a drop-in service, welfare benefits advice, help to apply for documents such as naturalisation and travel, and information about hate crime.

www.bmecp.org.uk

The Boaz Trust

The Boaz Trust is a Christian organisation that offers destitution support including food and other essentials, accommodation, and advocacy to failed and destitute asylum seekers in Greater Manchester.

www.boaztrust.org.uk

Borderlands

Borderlands is a charity organisation in Bristol that aims to tackle destitution and isolation and enabling participation in the community and wellbeing. It works with refugees, asylum seekers and refused asylum seekers through its various projects including provision of community space, information and practical support, one-to-one support, English classes, destitution support, food, housing support, and access to other services.

www.borderlands.uk.com

Bradford Ecumenical Asylum Concern

BEACON is a registered charity campaigning and raising awareness about asylum issues. BEACON has four projects: McKenzie Friends are trained volunteers who provide moral support and informed help for those, without access to legal representation, appealing against asylum decisions at Phoenix House, the Asylum Hearings Centre at Thornbury, or wishing to make a fresh claim; CHAT Phoenix House volunteers offer a warm welcome, simple refreshments and signposting to asylum seekers waiting for their appeals to start at Phoenix House Immigration and Asylum Tribunal Hearing Centre; CHAT English Club offers English conversation classes to

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asylum seekers, refugees and other non-English speaking foreign nationals; Hosting offers short, medium and sometimes longer-term accommodation, within the homes of volunteer hosts, to asylum seekers who are destitute or who have critical housing needs.

www.beaconbradford.org

BRASS Bolton

BRASS, Befriending Refugees And Asylum Seekers, is a charity organisation that offers refugees and asylum seekers residing in Bolton, Manchester services in a number of its centres. These include providing a weekly time table offering immigration advice, ESOL & IT classes; Conversation Café and Family Day to aid families with issues such as letters, bills, etc., as well as providing other sporting and social activities.

www.brassbolton.org

The Bridges Programmes

The Bridges Programmes based in Springburn, Glasgow, supports the social, educational and economic integration of refugees, asylum seekers, migrants, and anyone for whom English is a second language, living in Glasgow, Scotland. Bridges works with employers and partners to ensure that clients have the best possible support to help them into work (if eligible), education or further training. Through a variety of programmes and resources Bridges enables its service users build their confidence by re-engaging them with their skills, provide training, support, advice and guidance and work placements.

www.bridgesprogrammes.org.uk

Brighton Exiled/Refugee Trauma Service (BERTS)

BERTS (formerly known as the Sanctuary Project) is a dedicated trauma service hosted by Brighton & Hove CBT for refugees and asylum seekers in Sussex. The Project is a voluntary service run for the benefit of the community, offering free specialist trauma counselling and psychotherapy to local refugee and asylum seekers to help them come to terms with their potentially traumatic experiences in their countries of origin and their relocation experiences in the UK.

www.brightonandhovecbt.com/BERTS.html

Brighton Migrant Solidarity

Brighton Migrant Solidarity is a community and campaign group with the focus on freedom

of movement and supporting migrants. It provides services including running a network of care, accompany people to appointments and interviews, signpost people to relevant services, help them battle bureaucracy and raise funds for the wider No Borders movement and individuals in need of cash.

www.brightonmigrantsolidarity.wordpress.com

Brigstowe's Migrant Advice and Support Service (MASS)

Brigstowe's MASS in Bristol offers specialist, confidential and free support, advice and information on issues including housing, finance, community care, legal services, education and training to refugees and asylum seekers and those with no recourse to public funds living with or affected by HIV.

www.brigstowe.org/services/mass

Bristol Law Centre (formerly Avon & Bristol Law Centre)

Bristol Law Centre is a charity providing specialist legal advice in Bristol and beyond. BLC offers people living in Bristol, South Gloucestershire, B&NES, and across the South West free employment and housing advice; free independent legal advice and representation to patients and others affected by mental health law within Avon and Wiltshire Mental Partnership NHS Trust and across the South West; advice and representation on all aspects of immigration and asylum, claims for victims of trafficking, etc.

www.bristollawcentre.org.uk

Bristol Refugee Rights

BRR offers a range of services to refugees and asylum seekers residing in Bristol including a Welcome Centre which is a support service and social space for asylum seekers as well as new refugees; Advocacy and Information Desk; Asylum Support Project; British Life and Language Programme, Early Years Project which is a Crèche and young child care for refugees and asylum seekers and interpreter training course to enable members to become community interpreters as part of the Voice Project.

www.bristolrefugeerights.org

British Red Cross

British Red Cross offers support to young refugees ages 15-25 residing in Birmingham, Glasgow, Hampshire, Kent, Leicester (no group

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activities), Leeds, London and Peterborough with one- to-one support, with understanding the asylum process, preparing documents, health, education and social care support, learning new skills etc.

www.redcross.org.uk/get-help/get-help-as-a-young-refugee-or-asylum-seeker

www.redcross.org.uk/get-help/get-help-as-a-refugee

The Bristol Somali Resource Centre

BSRC provides free information, advice and guidance on a range of issues including welfare, housing, schools and employment. The centre also organises training activities and workshops to enhance employment opportunities, social interaction in order to help disadvantaged people in Bristol resolve problems and challenges that they face.

www.somalicentre.org.uk

Brushstrokes Community Project

Brushstrokes is a partnership community project set up to support vulnerable groups including refugees and asylum seekers and other migrants living across Sandwell, Birmingham by offering them services such as outreach; practical help e.g., food and clothing; information, advice and guidance; education; housing and social activity in order to aid their integration.

www.brushstrokessandwell.org.uk

Congolese Association of Merseyside

Congolese Association of Merseyside offers services including immigration, housing, education, healthcare, information, advice and guidance, training, interpretation and translation from and in French, Lingala, Kikongo, Tshiluba and Swahili to refugees, asylum seekers and migrants from countries such as DR Congo, Congo Brazzaville, Gabon, Cameroun, Rwanda, Burundi.

www.congomerseyside.org.uk

Coventry Refugee and Migrant Centre

CRMC welcomes and empowers asylum seekers, refugees and other migrants in Coventry including destitute families, victims of trafficking, modern slavery, unaccompanied children and those escaping conflict zones from around the world, to rebuild their lives in Coventry. CRMC offers a wide range of services e.g., employment

and immigration advice, therapy services, English classes, social groups, etc.

www.covrefugee.org

Derby Refugee Forum

Also known as Derby Refugee Advice Centre, DRAC, Derby Refugee Forum is a charity run by volunteers and offers support and signposting for refugees and asylum seekers residing in Derbyshire by providing a drop-in centre, English and maths classes and variety of workshops, trips and activities.

www.derbyrefugeeforum.org

Derbyshire Refugee Solidarity

Derbyshire Refugee Solidarity is a small grassroots charity that supports refugees and asylum seekers in Derbyshire and around the world. In collaboration with other agencies, the charity has been collecting and sorting donations to send to Northern France, Greece and Syria as well as fundraising to support these trips. In addition, as a community hub it offers weekly English classes and other activities including music, gardening, Yoga, etc. More than half of their volunteers are asylum seekers or refugees, some of whom have positions of responsibility within the team.

www.derbyshirerefugeesolidarity.org

Destitute Asylum Seekers Huddersfield

DASH in Huddersfield offers Practical and emotional support to destitute asylum seekers through provision of drop-in sessions where food and goods are on offer; travel expense; housing, education, health and training support; etc.

www.huddsdash.org.uk

Devon & Cornwall Refugee Support

DCRS is based in Plymouth city centre and provides advice, support, education, IT facilities and a friendly communal space for asylum seekers in the region. Emergency food support and a clothing store with limited quantity of clothing is also on offer.

www.dcrs-plymouth.org

Dreamchaser Youth Club

DCYC is a Birmingham based voluntary charity organisation that aims to provide a place where young people can come together to socialise in a friendly, safe and accessible environment. The club encourages young people to chase their

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dreams, integrate into the society, and become respectable members of the community.

www.dreamchaseryouthclub.org.uk

Equality Network

Equality Network is Scotland's national lesbian, gay, bisexual, transgender and intersex (LGBTI) equality and human right charity that offers advice and support and information to the community and organisations promoting equality and human rights for LGBT community in Scotland.

www.equality-network.org

Family Refugee Support Project (FRSP)

The project aims to improve the mental and physical health of refugee families residing in Liverpool in order to increase their independence and social networks and integration by offering the families weekly counselling by a specialist counsellor (in an outside place, with support from horticulturists. Each family has their own piece of land to plan, plant, tend and harvest), support in accessing mainstream services, weekly women's and men group meetings, and monthly family meetings.

www.frsp.org.uk

Glasgow Asylum Destitution Action Network

GLADAN brings together charities, church and community groups and individuals who are actively concerned for people who have been made destitute and, in many cases, homeless following the refusal of their application for asylum, and other vulnerable migrants with no recourse to public funds. The purpose of the network is to improve, broaden and communicate the help available to those in this situation.

www.destitutionaction.wordpress.com

www.destitutionaction.wordpress.com/resources

Gloucestershire Action for Refugees & Asylum Seekers

GARAS offers a drop-in centre, advocacy and advice on housing, immigration, health, benefits, education and employment, a trauma counselling service, emergency supply of furniture, food and clothing to help refugees and asylum seekers living in Gloucestershire.

www.garas.org.uk

Greater Manchester Immigration Aid Unit

GMIAU is a voluntary organisation supporting people subject to immigration control. It offers free legal advice, representation and support services to people seeking asylum, refugees and vulnerable adults in Manchester. GMIAU also aims to ensure access to justice for survivors of torture, trafficked, human rights abuse and conflict as well as divided families and other who are in need and affected by immigration controls.

www.gmiau.org

The Harbour Project

The Harbour Project in Swindon aims to help refugees and asylum seekers settle and rebuild their lives in the UK by provision of drop-in help and advice sessions, English classes, and cultural activities etc.

www.harbourproject.org.uk

Hemat Gryffe Women's Aid

Hemat Gryffe Women's Aid based in Glasgow, Scotland provides safe temporary refuge accommodation, crisis and outreach support to Asian, Black and Minority Ethnic women and children and young people who are subjected to domestic abuse and forced marriage, living in Scotland.

www.hematgryffe.org.uk

Hope Housing

Hope Housing is a Christian charity working with homeless people in Bradford. It provides a range of interventions and services including crisis management, advice and advocacy and supported housing with the aim of eradicating homelessness in Bradford. Hope Housing receives referrals from hostels, police, Bradford day shelter providers, drug and alcohol services, outreach and probation workers.

www.hopehousing.org.uk

The Hope projects

The Hope Projects aim to help destitute asylum-seekers and other new migrants barred from public funds in the West Midlands. Services offered include Hope Destitution Fund, makes fortnightly cash grants to destitute asylum seekers; Hope Housing, provides emergency accommodation for homeless asylum seekers; a Peer Support Group and a Women's Group; as well as Hope's own legal advice and

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representation when legal aid cannot be obtained.

www.hope-projects.org.uk

HOST Nottingham

Host Nottingham is a charity assisting the growing number of destitute asylum seekers and refugees needing housing support across Nottingham. The charity houses asylum seekers and newly recognised refugees in individuals' spare rooms as well as advocating for their rights and offering them practical support including clothes bank.

www.hostnottingham.org.uk

Immigrant Counselling & Psychotherapy

ICAP provides culturally sensitive counselling and psychotherapy to migrant communities in London and Birmingham.

www.icap.org.uk

Justice First

Justice First is based in Stockton-on-Tee in County Durham and works with people seeking asylum whose appeals have been rejected by the Home Office, helping them re-engage with the legal system and avoid destitution. It offers practical and emotional support including volunteer befrienders and refugee awareness training, presentations and talks in the North East.

www.justicefirst.org.uk

Kent Refugee Action Network

KRAN, is an independent charity in Kent that provides help and support to asylum seekers and refugees, including minors who have arrived in the United Kingdom unaccompanied by an adult.

www.kran.org.uk

Leeds Asylum Seekers Support Network

LASSN attends to unmet needs of refugees and asylum seekers living in Leeds. LASSN assists refugees and asylum seekers in Leeds through various projects including Befriending, Connecting Opportunities, English at Home, Grace Hosting, and Information & Awareness. LASSN works in partnership and collaborates with a number organisation across Leeds including Leeds Refugee Forum, PAFRAS, British Red Cross, No Accommodation Network, etc.

www.lassn.org.uk

Leeds Refugee Education Training Advice Service

RETAS in Leeds strives to build hope and confidence in refugees, asylum seekers and other vulnerable migrants empowering them to fully integrate into society and build a safe and secure life in the UK. RETAS provides assistance with access to education, re-qualification, training and employment, etc, to help refugees and asylum-seeking population better integrate in their communities.

www.retasleeds.weebly.com

Leeds Refugee Forum

LRF is a refugee-led organisation that aims to support refugees, asylum seekers and Refugee Community Organisations to settle and establish themselves in Leeds. LRF is a voice for refugees and refugee communities and advocates within the sector and with government agencies to ensure the needs of the community are met. It also offers practical support through education, advice, information dissemination and social activities, as well as creating a space where refugees and the communities they belong to, can meet and find mutual support.

www.leedsrefugeeforum.org.uk

Lifeline options

Lifeline Option is a Community Interest Company based in Birmingham registered with OISC (Office of Immigration Services Commissioner) to provide free legal advice/assistance to asylum seekers wishing to re-open their asylum application as well as offering assistance to obtain welfare support from the UK Border Agency whilst waiting on or preparing applications.

www.lifelineoptions.org.uk

Malvern Welcomes

Malvern Welcomes is a charity based in Malvern, in Worcestershire, West Midlands supporting resettled families notably Syrian refugees but not exclusively from Syria in the area. The charity supports the families by providing English programme which is delivered by experienced volunteers; supporting adults in seeking employment and assisting with funding for transport to courses and interviews; facilitating the families in becoming involved in community activities; helping families to access medical care by supporting them at medical appointments

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when necessary; offering support to the schools attended by resettled children.

www.malvernwelcomes.org

Manchester Refugee Support Network

MRSN is a grass-roots organisation directly managed by refugee communities, based in Manchester, providing practical support to those fleeing persecution, conflict, and various forms of injustice and abuse. MRSN offers services including Refugee & Asylum Advice Service, Refugee & Migrant Forum, Destitute Project, Refugee Health & Wellbeing Project, to ensure its service users acquire their basic needs, enabling them to live again with dignity and lead productive lives in the UK.

www.mrsn.org.uk

Manuel Bravo Project

The Manuel Bravo Project in Leeds is a new charitable organisation which provides free legal advice and assistance to refugees and asylum seekers who are unable to obtain legal aid. The Project is volunteer-based with barristers, solicitors, law students and lay volunteers giving their time to assist people.

www.manuelbravo.org.uk

Merseyside Somali Community Association

MSCA aims to help the Somali community in Merseyside with their educational needs. It also provides services including a social meeting place, hot halal meal, access to welfare rights and benefits and immigration advice, translation and social and cultural activities.

www.thelivewelldirectory.com/Services/900/Merseyside-Somali-Co

Micro Rainbow

Micro Rainbow aim to create a world where lesbian, gay, bisexual, trans and intersex, LGBTI, refugees and asylum seekers are free from discrimination, persecution and have equal opportunities in life, including in accessing employment, training, education, financial services, healthcare, places of faith, and public services. Micro Rainbow offers safe houses to LGBTI asylum seekers and refugees in London, in the North West and West Midlands.

www.microrainbow.org

Migrant English Project

MEP provides free English lessons for refugees, asylum seekers and Migrants in Brighton. It also provides support and basic advice, referrals and signposting when needed.

www.mepbrighton.com

Migration Observatory

The Migration Observatory based at the University of Oxford informs debates on international migration and public policy and provides impartial independent and evidence-based analysis on migration and immigrants in the UK.

www.migrationobservatory.ox.ac.uk

Multilingua Devon Interpreting & Translation Service

Multilingua provides community interpreting services for the local public sectors including NHS hospitals, CAHMS, Crisis Team, GPs, Dentists, Opticians, schools, solicitors, etc in Devon. Its translating service ranges from court documents to marriage, birth certificates to simple appointment letters. Multilingua also runs regular interpreter training workshops.

www.multilinguadevon.co.uk

Narthex Sparkhill Refugee Resource Centre

The Refugee Resource Centre is run by Narthex Sparkhill, a charity organisation based at St. John's Church in Sparkhill, Birmingham that supplies baby equipment and clothing, toys, bedding, small household items and food to destitute refugees and asylum seekers who are referred by churches and agencies. The organisation offers health advice and runs a food bank and advice centre.

www.narthex.org.uk

New Roots Therapeutic Service, Sheffield & South Yorkshire

Refugee Council offers psychological therapy to refugees (adults, families and children) who have been resettled under the Vulnerable Persons Resettlement Scheme, Vulnerable Children's Resettlement Scheme, the Gateway Protection Programme and the UK Resettlement Scheme, in Sheffield and South Yorkshire.

www.refugeecouncil.org.uk/get-support/services/new-roots-therapeutic-services-sheffield-and-south-yorkshire

North of England Refugee Service

NERS offers asylum seekers and refugees advice sheets in a number of languages, Amharic, Arabic, Mandarin Chinese, Dari, English, Farsi, Kurdish Sorani, Pashto, Soomaali, Tamil, Tigrinya and Urdu. NERS provides interpreting and translation service, assists with refugees and asylum seekers' housing problems, offers destitution support and employment training to refugees and asylum seekers to help them settle in the North of England.

www.refugee.org.uk

Oasis Cardiff

Oasis Cardiff is a non-profit charity that aims to help refugees and asylum seekers in Cardiff integrate within their local community. It runs various women only sessions and groups, art classes, English language classes, sports sessions, daily advisory sessions, advocacy forums, relaxation sessions as well as providing free lunch every week day.

www.oasiscardiff.org

Positive Action for Refugees & Asylum Seekers

PAFRAS in Leeds works with refugees and asylum seekers and offers destitution services to vulnerable migrants, as well as providing advice, advocacy and drop-in sessions.

www.pafaras.org.uk

Positive Action in Housing

PAIH in Glasgow is an independent, 'anti-racist homelessness and human rights charity' that supports women, children and men from refugee and migrant background to rebuild their lives in the UK. The services on offer include assistance in crisis situations for instance the removal of basic human rights such a refuge, shelter, the right to work or hold a bank account. It also offers advice, crisis grants, and free shelter to those at risk of destitution through Room for Refugees, a refugee hosting programme (www.roomforrefugees.com).

www.paih.org

Project MAMA

Project MAMA, Maternity Action for Migrants and Asylum Seekers is a Bristol based charity that offers a free, confidential and individual-focused support to women refugees, asylum-seekers throughout the maternity process by linking them with specialist birth companions and a peer

network for support throughout pregnancy, childbirth and in early parenting. It also supports survivors of modern slavery and human trafficking and other displaced women.

www.projectmama.org

Rainbow Haven

Rainbow Haven aims to provide welcoming and supportive drop-in sessions in Manchester and Salford where newly arrived refugees and asylum seekers can get their immediate and longer-term needs met. Hot meal and drink, English classes, advice, advocacy, and information services are also on offer in these drop-in sessions where attendees can access information on courses and activities programme provided.

www.rainbowhaven.org.uk

REACHE North West

REACHE, Refugee and Asylum Seekers Centre for Healthcare Professionals Education, North West has been set up to assist Refugee and asylum-seeking Healthcare Professionals (RHPs) to register their qualifications in the UK. REACHE also assist RHPs who have permission to work in seeking professional employment in the UK National Health Service.

www.reache.wordpress.com

Refugee Action - Colchester

Refugee Action – Colchester is a community interest company representing refugees, asylum seekers and other vulnerable migrants in the North Essex area. It works to improve the lives and prospects of asylum seekers and Refugees by helping them to integrate into and become part of the new community. Employability, education, advocacy, and outreach are the four strands of the work of Refugee Action Colchester.

www.refugeeactioncolchester.org.uk

Refugee Community Kitchen

RCK serves hot food to displaced people in Northern France and homeless people mainly refugees in London and Edinburgh. RCK recreates a community and a safe space for its service users to gather and connect.

www.refugeecommunitykitchen.org

Refugee Council's Birmingham Therapeutic Service

Refugee Council's provides specialist therapeutic support for refugees and asylum seekers in

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Birmingham to improve their psychological wellbeing and physical wellbeing. Services on offer include crisis intervention, weekly counselling sessions, therapeutic group work, practical support, telephone counselling etc. www.refugeecouncil.org.uk/get-support/services/birmingham-therapeutic-service

Refugee Council's Health Access for Refugees Programme in South Yorkshire

Refugee Council's HARP enables refugees and asylum seekers in Barnsley, Wakefield, Leeds, Rotherham, and Sheffield to better understand, care for and communicate their own health needs. They are supported to become more confident to speak in public, share their experiences, and communicate their health needs to health professionals. Weekly health access course and workshops, support and advocacy to access different health services, and many more are on offer.

www.refugeecouncil.org.uk/get-support/services/health-access-for-refugees

Refugee Council's My View Children's Therapy Service

Refugee Council's My View Children's Therapy Service has been providing therapeutic support specifically tailored for separated child refugees and asylum seekers. The service is based in the Children's Services in Croydon & also receives clients in their Stratford Offices alongside their Adult Therapeutic Services. This service is also available in Birmingham, Leeds, & Luton.

www.refugeecouncil.org.uk/get-support/services/my-view-childrens-therapy
www.refugeecouncil.org.uk/our-work/mental-health-support-for-refugees-and-asylum-seekers/mental-health-services-for-unaccompanied-children

Refugee Council's Refugee Advice Project Barnsley

Refugees Council's Advice Project runs an advice service for people in Barnsley who have been granted refugee status within the last 6 months offering advice on welfare rights, housing, access to health service, education, ESOL.

www.refugeecouncil.org.uk/get-support/services/refugee-advice-service-barnsley/

Refugee Education UK

RE UK works with and supports young asylum seekers, refugees and survivors of trafficking (15-25 years old) in seeking safety in the UK, getting into, staying in and doing well in education whatever their faith, religion or beliefs. RE UK provides Educational Mentoring in London, Oxford, Birmingham, Peterborough & Cambridge. Other programmes on offer are Educational Progression, Wellbeing and Impact. www.reuk.org

Refugee Radio

Refugee Radio is a Brighton based charity that supports refugees and asylum seekers and vulnerable migrants by running community projects targeting mental health, isolation and social exclusion. It aims to raise the voice of refugees and asylum seekers by regularly inviting them to tell their stories, talking about their cultures and journey.

www.refugeeradio.org.uk

Refugee Resource

Refugee Resource aims to relieve distress, improve well-being and facilitate the integration of refugees and asylum seekers in Oxfordshire and wider Thames Valley areas by provision of psychological, social and practical support.

www.refugeeresource.org.uk

The Refugee Studies Centre

RSC is part of Oxford University Department of International Development whose aim is to build knowledge and understanding of forced migration in order to help improve lives of refugees and asylum seekers. RSC has a number of publications including: Forced Migration Review, Journal of Refugee Studies, Oxford Monitor of Forced Migration, Policy Briefing Series and Working Paper Service.

www.rsc.ox.ac.uk

Refugee Support Devon

RSD helps asylum seekers and refugees living in Devon by providing a drop-in information and enquiry service, support for people who want to claim asylum, and those who have been refused asylum; practical support, for example using telephones, emails and faxes to contact the vital services they may require; financial assistance in times of hardship through its emergency fund

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from private donations; support with English language and help to enrol in college, help to access training and find job opportunities; and a Women's Outreach Project.

www.refugeesupportdevon.org.uk

Refugee Survival Trust

RST is a charity that provides grants to refugees and asylum seekers residing in Scotland. It was set up to alleviate poverty and destitution as well as helping refugees and asylum claimants to overcome obstacles in accessing educational and employment opportunities.

www.rst.org.uk

Refugee Women Connect

RWC works with asylum seeker and refugee women and their children including victims of trafficking, sexual violence, domestic servitude, other forms of gender-based violence and human rights abuses, living in the North West. The Group supports its services through the following projects: drop-in project, casework project, accompaniment project and recycling project. The drop-in provides women with a warm, nutritious meal, emotional support, casework support, pre-and post-natal support, parental support and advice, clothes and toys for babies, children and women, etc.

www.refugeewomenconnect.org.uk

Refugee Women of Bristol

RWoB is a multi-ethnic, multi-faith organisation which specifically targets the needs of refugee women in Bristol and is directly governed by women of the refugee and asylum-seeking community. RWoB provides services to marginalised groups and routinely reaches cohorts of women who other service-providers overlook or are unable to access. The services offered by RWoB include English Language and Life Skills Classes; Health & Wellbeing Activities including yoga, aerobics, gardening; Creche; Lunch club which is free for asylum seekers; Advice & Advocacy service; arts & crafts activities, etc.

www.refugeewomenofbristol.org.uk

Refugee & Migrant Development Association

RAMDA is a Luton and Bedfordshire based service that provides support, guidance, information and advice on immigration and welfare rights to refugees and migrants of all ages, genders,

abilities and disabilities from Horn of Africa, particularly, Somalia, Ethiopia, Kenya and Djibouti and Yemen.

<http://opencharities.org/charities/1101595>
www.ramda.org.uk

Restore

Restore is a project of Birmingham Churches Together which aims to welcome, include and assist the integration of refugees and those seeking sanctuary from persecution. It offers befriending, social activities, equipping refugees for work, advocacy and awareness-raising. Restore facilitates day trips for refugee families during school holidays and social activities for lone asylum seeker men and women.

www.restore-uk.org

Revive

Revive is an independent community project in Manchester that provides free practical support services and advocacy, immigration advice, drop-in centres and emergency provision to deprived refugee and asylum seekers to enable them to rebuild their lives and integrate into the society.

www.revive-uk.org

Room to Heal

Room to Heal is a healing community for refugees and asylum seekers who have survived torture and violence and provides therapeutic support groups and individual therapy, theatre, storytelling and gardening in Islington, London and Norfolk, East Anglia.

www.roomtoheal.org

Saheliya

Saheliya, a specialist mental health and wellbeing support organisation for BME women in Edinburgh and Glasgow. Services on offer include counselling; complementary therapies; practical and emotional support; group work; outreach work; gardening and learning centres, etc.

www.saheliya.co.uk

The Scottish Refugee Council

The Scottish Refugee Council is a Scottish charity that provides practical support and advice to refugees and asylum seekers to help them rebuild their lives in Scotland. The charity works

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with communities and community groups and speaks out against an unjust asylum system and campaign for policy changes in order to make a positive difference to refugees and asylum seekers' lives.

www.scottishrefugeecouncil.org.uk

Shakti Women's Aid

Shakti Women's Aid offers support, advocacy and information to BME women, children and young people experiencing or fleeing domestic abuse in Scotland. Services on offer include Women's services in Edinburgh and East, Mid and West Lothian; an Outreach service in Fife in Dundee, and in Forth Valley (Stirling, Falkirk and Clackmannanshire); refuge service in Fife, Falkirk, Stirling, Dundee and Perth; and it provides consultancy and expertise to local authorities and voluntary sectors.

www.shaktiedinburgh.co.uk

Social Workers Without Borders

SWWB is a registered charity that offers voluntary support to asylum seekers, refugees and those impacted by borders, independently of government and local authorities, using its members' social work skill and expertise. By supporting and mentoring its social work volunteers from across the UK, SWWB provides pro-bono social work assessments for unaccompanied children, children and families and vulnerable adults facing removal from the UK, and children with claims to Dublin III family reunification.

www.socialworkerswithoutborders.org

Solace

Solace is a Leeds-based charity which provides advocacy and free counselling, psychotherapy/complementary therapies to the survivors of persecution and exile, victims of torture, rape living in Yorkshire and Humber region.

www.solace-uk.org.uk

Solihull Welcome

Solihull Welcome offers refreshments, friendly conversation and advice, children's clothes and toys to asylum seekers attending the UK Border Agency centre at Sandford House in Homer Road by a team of volunteers at St Augustine's Catholic Church Hall.

www.centralsolihullchurches.org.uk/solihull-welcome

Somali Community Parents Association

SOCOPA provides support to the Somali people residing in Leicester. The association provides advice and assistance to individuals and families in need, offer education, training and health programmes and advocate for the needs of Somali community in the region. More specifically the Association offers English & Maths tuition and homework support for students, English classes and support for adults, family support at the time of crisis, food bank and family activities, etc.

www.socopa.org.uk

St. Augustine's Centre

St. Augustine's Centre based on Hanson Lane in Halifax, is a community centre for anyone who needs help, advice or support including refugees and asylum seekers regardless of faith, ethnicity or background. The centre aims to help individuals with their basic needs as well as provision of a safe welcoming space offering friendship and solidarity at the Welcome Café; a range of free English classes for all abilities; health and therapeutic wellbeing support; sports and social activities; education and training opportunities; help with gaining employment; practical advice and advocacy for asylum seekers and refugees; and help with benefits, welfare and housing.

www.staugustinescentrehalifax.org.uk

St. Chad's Sanctuary

St. Chad's Sanctuary is a voluntary project that helps refugees and asylum seekers in Birmingham and the surrounding areas. It offers a range of practical support including food parcels, hygiene products, clothing, kitchen & bedding items; weekly social to combat isolation among refugees and asylum seekers; welfare, immigration and housing advice and signposts people to other organisations where necessary.

www.stchadssanctuary.com

Stand Against Racism & Inequality

SARI provides support for victims of any type of hate crime including racist, faith, age and gender based in Bristol.

www.sariweb.org.uk

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Suffolk Refugee Support

Suffolk Refugee Support helps refugees and asylum seekers in Suffolk integrate in the UK by offering advice service, employment support and training, English language classes, youth work, sports activities group, friends group, etc.

www.suffolkrefugee.org.uk

Support for Wigan Arrivals Project

SWAP supports asylum seekers and refugees living in Wigan by offering services including welcome service for new arrivals, Women's group, training, casework service, English classes, to enable them to rebuild their lives in the UK.

www.swapwigan.org

Sussex Interpreting Services

SIS offers a range of support services including community interpreting and translation, bilingual advocacy which are free to all refugees and asylum seekers. SIS helps people with language needs have access to publicly funded services, for instance, provision of dual language appointment letters to help services inform clients with a language need of their appointment details.

www.sussexinterpreting.org.uk

www.sussexinterpreting.org.uk/bilingual-appointment-letters

Swansea Asylum Seekers Support

SASS in Swansea Wales is a volunteer-led registered charity, run and managed by its members, who include asylum seekers, refugees and other local people offering a warm welcome to people seeking sanctuary in Swansea through its twice-weekly drop-ins, offering practical support, educational and recreational opportunities.

www.sass.wales

Tamarind Centre

Tamarind Centre provides a holistic health and wellbeing support service to BME communities in Coventry, in particular African Caribbean and Asian people who are experiencing mental health problems. Services on offer include mental health support, drop-in services and counselling. Languages spoken in the centre are English, Patois, Punjabi and Hindi.

www.tamarindcentre.co.uk

Touchstone

Touchstone in Leeds is a community-based organisation that provides mental health and wellbeing services to vulnerable people across marginalised communities promoting equality, independence and inclusion. Touchstone has a number of projects and services including the Community Development, Advocacy, Intensive Community Support & Clinical Services that advocates for the strengths of underserved communities including BME communities, refugees and asylum seekers and LGBTQI, across Leeds.

www.touchstonesupport.org.uk

Trauma Foundation South West

TFSW (formerly known as BCPC Asylum Project) provides free psychotherapy and counselling to refugees and asylum seekers and others who have been traumatised by war, conflict and persecution residing in Bristol. It also provides supervision and training in TFSW and other agencies and charities in Bristol.

www.tfsw.co.uk

UBUNTU Counselling Services

UBUNTU Counselling Services is a not-for-profit Health and Wellbeing Social Care Social Enterprise based in Devon covering the South West of England. UBUNTU Counselling Services offers Multicultural Counselling including 1:1 and group counselling, relationship, family, and cross-cultural relationship counselling, as well as social support or signposting to social support. In partnership with Multilingual Devon, an Interpreting and Translation Service, UBUNTU can offer support in a range of languages through trained and culturally sensitive interpreters.

www.ubuntu counselling services.org.uk

The Unity Centre

The Unity Centre in Glasgow is a voluntary run organisation that offers practical support and solidarity to all asylum seekers and other migrants in Scotland. It also supports anyone detained in any UK detention centres. The centre is run by the Unity Centre Collective and is situated less than 100 metres from the Home Office, which means it can act quickly if anyone gets detained by the Home Office.

<https://unitycentreglasgow.org>

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Voices in Exile

Brighton Voices in Exile offers free immigration and legal advice to refugees and asylum seekers in East and West Sussex and Surrey, who are destitute, have no income due to their immigration status, or who are in transition between asylum and refugee status. A caseworker will provide access to food and toiletries and financial support as well as providing long-term integration support, helping with housing, benefits, education and employment.

www.voicesinexile.org

West End Refugee Centre

WERS is a charity supporting refugees and asylum seekers in Newcastle Upon Tyne, offering services including daily drop-in advice sessions, home visits and outreach, befriending scheme, hardship fund, clothing store.

www.wers.org.uk

Wirral Change

Wirral Change is a black and minority ethnic outreach service offering information, advice and guidance on jobs, education, training, self-employment, health and wellbeing, as well as signposting to other services for BME communities in Wirral, Merseyside.

www.wirralchange.org.uk

Women Asylum Seekers Together

WAST Manchester provides emotional and social support by women for women seeking asylum in the UK, sharing knowledge, skills, information and experiences in order to empower one another.

www.wastmanchester.com

Women's Counselling & Therapy Service

WCTS offers free and low-cost individual and group counselling and psychotherapy and art and drama therapy for Leeds women and girls on low incomes, including refugees and asylum-seeking women. Check the link below for the current community venues around Leeds that provide this service.

www.womenstherapyleeds.org.uk

International

Action Aid

Action Aid is an international charity that works with women and girls living in poverty through provision of overseas aid to third world countries. The three main areas of work with women and girls living in poverty include violence against girls and women; women's economic empowerment; and women and girl's rights in humanitarian crises.

www.actionaid.org.uk

The AMAR International Charitable Foundation

AMAR, Assisting Marsh Arabs and Refugees, International Foundation came into existence following persecution of the Marsh Arabs in southern Iraq by Saddam Hussein in 1991 which led to hundreds of thousands flee their home. After a visit to the region, Baroness Nicholson of Winterbourne launched an appeal to send much needed relief to those who had lost everything. AMAR's work has evolved and now reaches families across the region in Iraq and Lebanon ensuring that vulnerable families have access to healthcare, educational services and emergency aid.

www.amarfoundation.org

Amnesty International UK

Amnesty International UK supports human rights issues, free speech, and advocates for refugees and asylum seekers, immigrants and women's rights.

www.amnesty.org.uk

Anti-Slavery International

Anti-Slavery International is the world's oldest international human rights organisation funded in England in 1839. It aims to eliminate all forms of slavery and slavery like practices throughout the world, including forced labour, human trafficking, child labour, force marriage, etc.

www.antislavery.org

Art Refuge UK

Art Refuge UK is a small charity that works through art and art therapy with people who have been displaced due to political or religious persecution, armed conflict, trafficking, natural disaster and/or poverty. Operating in close partnership with local and international

government and non-governmental organisations, Art Refuge UK's work mainly takes place through groups and currently operates in London, Bristol and on the France-UK border at Calais.

www.artrefugeuk.org

British Red Cross

British Red Cross helps people in crisis including vulnerable refugees and prepares for and responds to conflicts, natural disasters and individual emergencies around the world.

www.redcross.org.uk

CARE International

CARE International aims to save lives, defeat poverty and achieve social justice around the globe. It works in numerous poor and developing countries helping improve lives and when disaster strikes it helps people rebuild their lives, with special focus on empowering women and girls as it believes, equipped with the proper resources, women have the power to lift whole families and communities out of poverty.

www.careinternational.org.uk

Catholic Agency for Overseas Development

Catholic Agency for Overseas Development, CAFOD, is an international development charity and the official aid agency of the Catholic Church in England and Wales. CAFOD has been fighting world poverty and inequality with practical help and campaigns for global justice. It funds partner organisations working in over 70 countries in Africa, Asia, Latin America and the Middle East. Projects range from working with child soldiers in Sierra Leone to building homes for Afghan refugees.

www.cafod.org.uk

The Centre for Victims of Torture

CVT is an international non-profit organisation that provides healing / treatment services to survivors of torture and train partner organisations in the United States and worldwide in order to prevent and treat victims of torture. In addition, CVT conducts research in order to enable practitioners to best treat survivors as well as provision of an advocacy service to end torture. CVT's international healing initiatives work in refugee camps and post-conflict areas including in Jordan, Dadaab refugee camps in Kenya, in Northern Ethiopia working with Eritrean

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refugees and train local communities and refugee organisations to meet the mental health needs of their refugee population for the long term.

www.cvt.org

Children & Families Across Borders

CFAB is an NGO that deals with child protection cases that involve the UK and other countries. It protects vulnerable children who have been separated from family members as a result of divorce, forced migration, seeking asylum or those victims of trafficking as well as other vulnerable children and families.

www.cfab.org.uk

Christian Aid

Christian Aid is an agency of the churches in the UK and Ireland which was formed in 1945 to help refugees following the Second World War. Christian Aid provides humanitarian relief and long-term development support for poor communities worldwide, while highlighting suffering, fighting injustice and campaigning for change to help people in need. Christian Aid's support ranges from the provision of emergency food relief, clothing, tents and clean drinking water to distributing seeds and fertilisers for the spring planting, and the replenishment of livestock.

www.christianaid.org.uk

Coram Children's Legal Centre

Coram Children's Legal Centre, CCLC, part of the Coram Group of charities, promotes and protects the rights of children in the UK and internationally in line with the UN Convention on the Rights of the Child. CCLC provides legal advice and representation, builds the capacity of professionals and practitioners through training and advice provision, and challenges laws and policies that negatively impact on children and their rights, as well as providing international consultancy on child law and children's rights.

www.childrenslegalcentre.com

The Council for at Risk Academics

Cara is a charitable UK organisation dedicated to helping academics in immediate danger, forced into exile and many who chose to remain in their homeland, by offering them academic and financial support.

www.cara.ngo

Doctors of the World, International

Doctors of the World, DOTW, is an independent humanitarian movement working at home and abroad to empower excluded people to access healthcare. Through hundreds of programmes in 80 countries including Russia, Uganda, Ukraine, Nigeria, Nepal, Bangladesh, Myanmar, etc., DOTW provides medical care, strengthens health systems and addresses underlying barriers to healthcare. In addition, it shares skills and training locally so communities stay strong in the long term. It also gives a voice to the most marginalised, reporting on violence, injustice and unmet health needs.

www.doctorsoftheworld.org.uk

www.doctorsoftheworld.org.uk/our-work/international

EMERGENCY UK

EMERGENCY UK provides free, high-quality medical and surgical care to victims of war, poverty and landmines, as well as building hospitals and training local medical staff. Emergency operates in different countries and currently in Afghanistan, Eritrea, Iraq, Italy, Sudan, Uganda and Yemen.

www.emergencyuk.org

European Council on Refugee & Exiles

ECRE is an alliance of 106 NGOs across 40 European countries. ECRE's mission is to protect and advance the rights of refugees, asylum seekers and displaced people in Europe and in Europe's external policies. ECRE activities include legal support and litigation, advocacy, and communication.

www.ecre.org

Financial & Economic Literacy of Migrant Women for Entrepreneurship Inclusion

The FEMENIN project is a three-year Erasmus+ funded project coordinated by Aspire Education Group working in partnership with a number of trainers/educators from Spain, Ireland, Romania, Poland and Turkey. The aim of the FEMENIN project is to support teachers and trainers in the adult and vocational education sector to provide high quality learning opportunities in financial and economic literacy to migrant women, tailored to their needs and specifically designed to support their social and employment inclusion through entrepreneurship. Towards this end, FEMENIN is developing an innovative training

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curriculum, Multi-lingual Open education resources (OER) and ICT-based methods including Apps to improve financial and economic literacy, numeracy and digital competences being made available to migrant women in Europe.

www.femenin.org

International Organisation for Migration

Established in 1951, IOM works closely with governmental, intergovernmental and non-governmental partners. IOM works in the four broad areas of migration management including migration and development, facilitating migration, regulating migration, and forced migration. IOM UK helps victims of human trafficking, and refugees and asylum seekers to return home, reunite with their family or resettle in the UK, offering them legal advice and travel assistance. As an intergovernmental body, IOM acts with its partners in the international community to assist in meeting the operational challenges of migration; advance understanding of migration issues; encourage social and economic development through migration; and uphold the human dignity and well-being of migrants.

www.iom.int

The International Rescue Committee UK

IRC responds to humanitarian crises around the world helping to restore health, safety, education and economic wellbeing, etc. IRC's mission is to help people including refugees, whose lives and livelihoods have been affected by disaster and conflict to survive, recover and gain control and rebuild their lives. IRC has been providing aid to people affected in Yemen, South Sudan, Democratic Republic of Congo, Libya, Syria, Afghanistan, and many more.

www.rescue-uk.org

Médecins Sans Frontières

MSF is an independent humanitarian medical humanitarian organisation that provides medical assistance to people affected by conflict, epidemics, disasters, or exclusion from healthcare. Guided by medical ethics and principles of impartiality, independence and neutrality, MSF assists people regardless of their race, religion, politics or sex whilst raising awareness of the plight of the people they help.

www.msf.org

National Centre for PTSD

National Centre for PTSD is a US Department of Veterans Affairs which has a public and professional section. In professional section there are wealth of information for professionals who work with people who have experienced trauma/PTSD, including assessment/screening and measures used to diagnose PTSD in adults and children, handouts, fact sheets, publications, toolkit videos. For those suffering from PTSD/trauma and their families there are resources in a number of languages.

www.ptsd.va.gov

The Ockenden International

OI is an international non-governmental politically neutral charity organisation that works directly with refugee and displaced communities in order to ease the suffering of refugees in some of the poorest and most war-torn communities including Afghanistan, Cambodia and Sudan.

www.ockendenprizes.org

Organisation for Refuge, Asylum and Migration

With representatives in the United States and the Middle East, ORAM is an international team of experts committed to humanitarian values and provides support to vulnerable refugees fleeing persecution including LGBTI refugees. ORAM ensures that the most vulnerable refugees know their rights, have access to legal assistance, and that their host countries recognize their right to security.

www.oramrefugee.org

Oxfam International

Oxfam International is a global movement of people working together with partners, allies, and communities worldwide to save and protect lives in emergencies and help people rebuild their lives. Oxfam aims to tackle poverty, inequality, and discrimination and violence against women in conflict areas as well as providing water, food, clothing for people in disaster or war-stricken areas of the world.

www.oxfam.org/en

REDRESS

REDRESS is a human rights organisation that operates from offices in London and the Hague and works with survivors of torture to help restore their dignity as well as providing legal

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assistance and campaigning on their behalf in order to seek justice for them.

www.redress.org

Refugee Community Kitchen

RCK serves hot food to displaced people in Northern France and homeless people mainly refugees in London and Edinburgh. RCK recreates a community and a safe space for its service users to gather and connect.

www.refugeecommunitykitchen.org

Refugee Education Across Conflicts Trust

REACT works with young people displaced by war and conflict offering them emergency assistance as well as long term educational tools and support to allow them to re-enter their society as equals. REACT has strong links with local partners, schools, tribal leaders and has been working with Darfuri refugee children who have been displaced by the war in Sudan and been stranded in refugee camps in neighbouring Chad by providing them with educational resources including Arabic text books. REACT's recent projects include provision of mobile Arabic library and emergency relief including delivering medical supplies to refugees in Greek Islands.

www.reactweb.org

Refugee Women's Centre

The Refugee Women's Centre is a volunteer led organisation that aims to create safe spaces for migrant women and families living without shelter in informal outdoor settlements or in surrounding accommodation centres across Northern France. RWC provides women and their families with the means to live with dignity, advocating for them to access shelter, and offering them practical support including, dentist runs, shower runs, trips to the hospital, and distributing hygiene products, bedding, clothing.

www.dunkirkrefugeewomenscentre.com

Register of Engineers for Disaster Relief

RedR is an international humanitarian NGO that provides other aid and humanitarian organisations across the globe advice, support, practical lifesaving skills and expertise to enable them to prepare for, respond to and recover from natural and man-made disasters. RedR has been training aid workers in Middle East and North Africa in refugee camps in Jordan, Turkey,

Iraq, Lebanon, Saudi Arabia to save and improve lives of displaced refugees.

www.redr.org.uk

Save the Children UK

Save the Children is the UK's international charity helping children in the UK and around the world stay healthy and safe. The charity saves children's lives in war-torn countries and wherever disaster strikes, helping displaced and child refugees.

www.savethechildren.org.uk

UNICEF UK

UNICEF is an international leading children charity organisation that believes every child should have access to clean water, food, healthcare, education and a safe secure environment to grow up in. UNICEF works in more than 190 countries with families, local communities and governments to protect children including refugees and asylum-seeking children and their families from disease, hunger, malnutrition, violence, exploitation, abuse, war, conflict and disaster, and transform their lives in their homeland or displaced communities, i.e., refugee camps.

www.unicef.org.uk

United National High Commissioner for Refugees

UNHCR, the UN Refugee Agency in the UK, provides guidance on refugee and asylum law and policy to the UK government, legal practitioners and NGO and intervenes in court proceedings for protection of refugees. In addition, the UNHCR provides a wide range of training to organisations that work with refugees and asylum seekers.

www.unhcr.org.uk

London

Accept Consortium

Accept Consortium is created by four psychotherapy agencies (Nafsiyat Intercultural Therapy Centre, Women's Therapy Centre, Maya Centre, Immigrant Counselling and Psychotherapy ICAP) based in North London and provides psychotherapy and counselling to clients from BME communities.

www.accept-consortium.org.uk

Action for Refugees in Lewisham

AFRIL is a charity working with refugees and asylum seekers to relieve poverty and social isolation in Lewisham, London.

www.afril.org.uk

Advice on Individual Rights in Europe

The AIRE Centre is a London-based specialist charity that provides free legal advice on European Human Rights law and European Union law and assists marginalised individuals in vulnerable situations including London's migrant community to assert their rights.

www.airecentre.org

The Afghanistan & Central Asian Association

ACAA aims to empower, educate and support refugees from Afghan and Central Asian descent in London Boroughs of Lewisham and Hounslow. women's services, volunteering, translation and organising cultural events as well as legal & human rights, housing, immigration and housing advice.

www.aaa.org.uk

Afghan Paiwand Association

Afghan Paiwand Association aims to unite members of the Afghan migrant community including refugees and asylum seekers in the UK, by provision of advice about health, social services, education, counselling and mentoring in order to improve the community's quality of life.

www.paiwand.com

Africa Advocacy Foundation

AAF promotes better health and education for disadvantaged people including African refugees and asylum seekers through practical support, advocacy, guidance and training in order to empower and enable them to rebuild their lives in the UK.

www.africadvocacy.org

African Refugee Community

ARC provides specialised services including psychosocial support to French speaking refugees and asylum seekers living in Barnet to aid their empowerment and integration into the host culture and society.

www.africanrefugeecommunity.co.uk

Afro-Asian Advisory Service

AAAS is an independent voluntary organisation in London Borough of Southwark that provides a free specialist legal advice and representation and advocacy on immigration and asylum to members of public. Referral to other agencies is made where advice workers do not have appropriate specialist knowledge.

www.lambethandsouthwarkmind.org.uk/directory/afro-asian-advisory-service/

Akwaaba

Akwaaba is a Hackney based social centre for migrants regardless of immigration status, race, religion, country of origin, age, sexual orientation, gender and (dis)ability. It offers a drop-in session every Sunday providing a free cooked meal and social and welcoming space.

www.akwaaba.org.uk

Al-Hasaniya Moroccan Women's Centre

Al-Hasaniya Moroccan Women's Centre seeks to improve the overall physical and mental wellbeing of its women users by tackling the root causes of poverty, disadvantage and inequality experienced by the Arabic-speaking migrant and refugee and asylum seeker communities by provision of safe and secure environment to promote empowerment.

www.al-hasaniya.org.uk

Angolan Community in London

Angolan Community in London offers advice, interpreting and translation to African, BME, refugees and asylum seekers and local residents.

<http://opencharities.org/charities/1043979>

Art Refuge UK

Art Refuge UK is a small, robust charity that works through art and art therapy with people who have been displaced due to political or religious persecution, armed conflict, trafficking, natural disaster and/or poverty. Working in close partnership with local and international government and non-governmental organisations, Art Refuge UK's work mainly takes

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place through groups and currently operate in London, Bristol and on the France-UK border at Calais.

www.artrefugeuk.org

Ashiana Network

Ashiana Network's services include provision of refugee, counselling and culturally sensitive advice and support in order to promote empowerment amongst BME and refugee women particularly South Asian, Turkish and Afghani, Iranian living in East London who are experiencing sexual and domestic violence. Ashiana Network works with women with a combination of needs including insecure immigration / no recourse to public funds, language, cultural and religious needs.

www.ashiana.org.uk

Asylum Aid

Asylum Aid in partnership with the human rights charity Helen Bamber Foundation offers legal representation to vulnerable people seeking asylum in the UK, children, survivors of trafficking and stateless people. Asylum Aid works directly with vulnerable people and in partnership with other organisations including providing welfare advice to marginalised communities through its partnership with Westminster Citizen Advice Bureau and Age UK Westminster.

www.asylumaid.org.uk

Asylum Matters

Asylum Matters is based in the North West, West Midlands, Yorkshire and Humber, North East and Wales, as well as London and works in partnership locally and nationally to improve the lives of refugees and people seeking asylum through social and political change. Asylum Matters mobilises and coordinates local, regional and national advocacy work in order to increase the impact of campaigns to secure improvements to asylum policy and practice.

www.asylummatters.org

BAOBAB Centre for Young Survivors in Exile

BAOBAB is a non-residential therapeutic community that solely focuses on the needs of young people survivors living in exile who have experienced child and adolescent specific human rights abuses, offering them long-term psychotherapy treatment.

www.baobabsurvivors.org

The Baytree Centre

The Baytree Centre is a charity for girls and women living in Brixton, South London, offering a number of projects including 'Into-School' Programme which facilitates the transition of newly-arrived young refugee and migrant girls aged 12-18 years old into the UK education system. The 'Into-School' project offers support to girls in Brixton, London, who have recently arrived in the UK and have no school place. The programme allows girls to participate in ESOL classes, attend Maths and Art classes and cook and have lunch together on a daily basis. Girls are also matched with both a peer mentor as well as a mentor who helps them apply to schools and colleges and follows up the applications with individual schools or the council. The Baytree's Youth Service also offers Gems, Spark, & Youth Mentoring programmes to girls & young women aged 6-20 to develop personally & academically. The centre also provides a Women's Service.

www.baytreecentre.org

www.baytreecentre.org/youth-service/into-school

www.baytreecentre.org/womens-service

Breaking Barriers

Breaking Barriers is a charity that offers employment support including advice and guidance on how to search for jobs, preparing a CV., interview practice, familiarisation with workplace culture and performance expectations, communication and presentation skills; free English courses, Business English, English for work and confidence building workshops etc., to refugees in London in order to support them get stable and fulfilling employment.

www.breaking-barriers.co.uk

Bright Centres

BC is a community centre in London Borough of Lambeth that is run by young professionals with the aim of empowering the borough's disadvantage youth to achieve their full potential for a brighter future. BC supports youth in the community and their families to access better opportunities in employment and education by provision of an education and mentoring service, after school clubs, advocacy, specialist training courses and workshops amongst other projects and services.

www.brightcentres.co.uk

British Red Cross

British Red Cross offers support to young refugees ages 15-25 residing in Birmingham, Glasgow, Hampshire, Kent, Leicester (no group activities), Leeds, London and Peterborough with one-to-one support with understanding the asylum process, preparing documents, health, education and social care support, learning new skills etc.

www.redcross.org.uk/get-help/get-help-as-a-young-refugee-or-asylum-seeker

www.redcross.org.uk/get-help/get-help-as-a-refugee

British Somali Community Centre

BSC Centre is a women led organisation in Camden Town, London, helping the Somali community by promoting the health and awareness of Somali women through provision of culturally based health services, enhancing children's educational achievement, and improving the wellbeing of the community in Camden.

www.britishtosomali.org

Centre for Armenian Information & Advice

CAIA offers advice and information for the Armenian community including refugees and asylum seekers on housing, benefits, immigration and training, education, etc., in London and UK wide.

www.caia.org.uk

Centre for Trauma, Asylum & Refugees

CTAR, is the Centre for Trauma, Asylum and Refugees at the University of Essex. It aims to provide a framework for examining the issues relating to the experience of being an asylum seeker or refugee with the emphasis on the psychological aspects of these experiences. CTAR also intends to provide a forum for professionals and organisations in the field in the UK and abroad to exchange knowledge and experiences and to further develop their ideas and work.

www.essex.ac.uk/centres-and-institutes/trauma-asylum-and-refugees

The Chinese Information & Advice Centre

CIAC offers free legal advice, support and information to disadvantaged Chinese people living in the UK.

www.ciac.co.uk

Citizens UK

Citizens UK organises communities to act together for power, social justice and the common good. It is the home of community organising in the UK, with diverse civil society alliances in London, Milton Keynes, Nottingham, Birmingham, Wales and Leeds.

www.citizensuk.org

Community Action for Refugees & Asylum Seekers

CARAS is a community outreach charity based in Tooting that supports refugees and asylum seekers in Southwest London.

www.caras.org.uk

Congolese Refugee Women's Association

CRWA provides advice, advocacy, health promotion, welfare rights advice, outreach, translation and interpretation, as well as training for professionals working with African children and families in London.

<http://opencharities.org/charities/1065216>

Crisis

Crisis is the national charity for single homeless people and aims to end homelessness through provision of services including employment, education, housing, health & wellbeing.

www.crisis.org.uk

Croydon Black & Minority Ethnic Forum

CBMEF is a registered charity that makes representation on behalf of Croydon's BME communities to public sector agencies and other statutory and non-statutory organisation that aim to promote the engagement of BME communities in all aspects of living and working in Croydon including promoting equality and cohesion, involving in local policy and decision making and facilitating joint working amongst BME communities in order to develop best practice.

www.cbmeforum.org

Croydon Refugee Day Centre

West Croydon Baptist Church runs the Croydon Refugee Day Centre which is 5 minutes' walk from the Lunar House – the UK Border Agency office in central Croydon. The church formed the Croydon Refugee Day Centre with the aim of helping people who had newly arrived in Britain as refugees or seeking asylum. The centre is open to provide food, clothing, household goods,

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advice, a shower, a hot meal, English classes and a place of welcome and safety for people in need. Check the website for the days that these services are available.

www.croydonrefugeedaycentre.co.uk

Diversity Living Services

DLS, is a diversity charity that provides information, advice, and advocacy to migrants, refugees and minority ethnic communities living in Enfield, North London.

www.diversityliving.org

Doctors of the World UK

Doctors of the World offers primary health and social care advice from volunteer doctors and nurses to excluded people including asylum seekers, undocumented migrants, homeless people. They can help them register with a local GP or clinic, access specialist services, receive medical advice, and apply for free prescriptions, eye tests and dental care as well as signposting to other services, including housing advice, destitution support and specialist counselling. Doctors of the World's main clinic is in Stratford, East London and to reach excluded people who don't or can't come to the clinic, it sends medics to treat patients at other organisations that help vulnerable migrants across London in their "pop-up clinics". It also runs Women and Children's clinic to meet the particular needs of women and children.

www.doctorsoftheworld.org.uk

Ealing Somali Welfare & Cultural Association

The association delivers a range of services for the Somali community residing in Ealing, including refugees and asylum seekers by providing advice and information on housing, homelessness, education and immigration and nationality.

https://www.ealingfamiliesdirectory.org.uk/kb5/ealing/directory/service.page?id=cbFuF_BchWU

East European Resource Centre

EERC supports central and Eastern European migrants living in London who may experience poverty, exploitation and social exclusion.

www.eeac.org.uk

Elays Network

Elays Network is a charity that was established to provide a community support structure for young people and students from a variety of backgrounds who are at risk of school exclusion, not in employment, education or training who are residing in and around Wandsworth. Currently, the network provides support in the areas of health and wellbeing, advice and advocacy, education, and organising social and community events.

www.elaysnetwork.com

Enfield Somali Community Association

Enfield Somali Community Association is a charity created by community for the community in Enfield, North London. Services and projects on offer include help and advice, befriending, dementia, bereavement, and digital inclusion.

www.enfieldsomali.co.uk

Eritrean Community in the UK

ECUK provides advice, support and advocacy support groups for women and older people, culturally based counselling, supplementary schools, cultural and social activities for the Eritrean community including refugees and asylum seekers in Islington, Haringey, Camden and Hackney.

www.ericomuk.org.uk

Ethiopian Community in Britain

ECB provides information, advice, referral services on housing, welfare, health, education, training and employment for the community.

<http://opencharities.org/charities/299362>

Evelyn Oldfield Unit

EOU is a charity based in North London and aims to provide, develop and coordinate support services for marginalised and disadvantaged individuals and their communities mainly those from migrant, refugee and asylum-seeking backgrounds through a number of projects.

www.evelynoldfield.co.uk

Fences & Frontiers

Fences & Frontiers aims to make London a welcoming and inspiring place for refugees and asylum seekers to live. It organises museum trips for children from refugee backgrounds and their families every 6-8 weeks throughout the year; and in warmer months Saturday walks,

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alternating between urban and rural trails, with a maximum of 15 participants. Fences & Frontiers covers refugee walkers' travel costs.

www.fencesandfrontiers.org

Freedom from Torture

Freedom from Torture (formerly known as the Medical Foundation for the care of victims of torture), provides direct clinical/therapeutic services to survivors of torture who arrive in the UK and protect and promote their rights, enabling them to rebuild their lives in Birmingham, Glasgow, Manchester, Newcastle and London.

www.freedomfromtorture.org

Gatwick Detainees Welfare Group

Gatwick Detainees Welfare Group offers emotional and practical support to asylum seekers and immigration detainees held at Tinsley House and Brook House removal centres near Gatwick Airport.

www.gdwg.org.uk

Ghanaian Welfare Association

GWA provides the Ghanaian community in London and the UK including refugees and asylum seekers advice, elderly support services, health, women and mental health, housing, interpreting and translation services, victim and racial harassment support.

www.ghanaianwelfareassociation.co.uk

Golden Opportunities Skills & Development

GOSA works with people including refugee & asylum-seeking population living in Ealing and provides them employment support, skills training, sports projects, crime diversionary activities, mental health projects, mentoring and leadership programmes in order to empower them.

www.gosad.org.uk

Hackney Migrant Centre

Hackney Migrant Centre is a charity that aims to reduce social isolation amongst migrants, refugees and asylum seekers by running a weekly drop in and offering free advice on immigration, housing and welfare rights. The centre also has a health advocate who assists service users access NHS services and GP registrations.

www.hackneymigrantcentre.org.uk

Haringey Migrant Support Centre

HMSC in Haringey North London provides advice on immigration, housing, welfare issues, health and help in accessing NHS services, a hot meal, a space to relax and socialise to immigrants irrespective of their immigration status.

www.haringeymsc.org

Harrow Association of Somali Voluntary Organisations

HASVO is an independent not for profit organisation that aims to strengthen the link between all community group within Harrow in particular Somali Community. It offers family activities, activities for young people, advice and information service and awareness raising meetings on matters relating to the community, etc.

www.hasvo.org

HEAR Equality & Human Right Network

HEAR Equality & Human Right Network is a network of London equality and human rights voluntary and community sector organisations. HEAR connects and supports equalities specialists across London to lobby and campaign and get their voice heard and to influence policy and the environment within which people work for equality and human rights including, disabled refugees & asylum seekers, LGBTQI.

www.hearequality.org.uk

Helen Bamber Foundation

Helen Bamber Foundation is a London-based human rights organisation with team of experts who work with survivors of trafficking, genocide, torture, rape, ensuring that survivors heal and integrate into the community. The foundation provides detailed specialised care across a number of areas including therapy, legal protection, medical advice, housing and welfare, community and integration and counter trafficking.

www.helenbamber.org

Help Somali Foundation

HSF offers information and advice on matters including welfare benefits, education, training and employment, immigration and asylum and provides assistance with interpreting and translating and counselling to the Somali community including Somali refugees and asylum seekers residing in Brent.

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www.brent.gov.uk/your-community/community-directory/help-somalia-foundation

Helping Hands for Refugees & Disabled

HHFRD, UK is a non-profit organisation which aims to provide support for disabled, elderly, house-bound people, single parents, the homeless and refugees and migrants and all vulnerable and socially disadvantaged.

www.hhfrd.webs.com

Hibiscus Initiatives

HI provides advice, information, advocacy and welfare services in prisons supporting BMER (Black Minority Ethnic & Refugee) women in immigration removal centres, those who have been involved in the criminal justice system, UK border agency or recently released from prison.

www.hibiscusinitiatives.org.uk

Hillingdon Refugee Support Group

HRSRG is a charity organisation that offers practical support to young accompanied asylum seekers and refugees aged 16 – 21 years living in Hillingdon by provision of advice, support, basic living equipment, food and clothing.

www.hrsg.org.uk

Hodan Somali Community

Hodan provides a wide range of services to the Somali and wider BAME community in West London. These services include an advice and information service, women wellbeing and social space project, digital literacy and access to services, reducing isolation among seniors, step into employment project, and family fun days for children and families affected by Grenfell Tower tragedy and Covid bereavements.

www.hodan.org.uk

Horn of Africa Youth Association

HAYA provides advice, opportunities for positive engagement through recreational activities, employment and training opportunities for young refugees and other young disadvantaged in West London by working with local authorities, voluntary agencies and organisations.

www.haya.org.uk

HostNation

HostNation is a London based charitable incorporated organisation offering a digital means of connecting those offering friendship with those needing it. It is an introductory service connecting host communities to refugees in the city. HostNation offers 'smart' befriending where matching, introductions and initial befriending take place online. Weekly video-calls are followed by face-to-face meet ups when both parties feel ready.

www.hostnation.org.uk

IMECE Women's Centre

IMECE is a woman only charity that aims to empower and improve quality of lives of BME and refugee women especially those of Turkish, Kurdish and Turkish Cypriot heritage in North London. Services provided include advice and information, drop in, counselling, volunteering, training and development. Information leaflets are also provided in English and Turkish languages.

www.imece.org.uk

Immigrant Counselling & Psychotherapy

ICAP provides culturally sensitive counselling and psychotherapy mainly to the Irish community in London and Birmingham.

www.icap.org.uk

Indo-American Refugee & Migrant Organisation

IRMO provides support for Latin American communities and immigrants by combating poverty and defending the community members' human rights and providing education, advice and information and training to empower them.

www.irmo.org.uk

Iranian Association

Iranian Association provides Iranian migrants including asylum seekers and refugees with a range of services including counselling, advice and guidance, health, translation and interpreting.

www.iranianassociation.org.uk

Iranian & Kurdish Women's Rights Organisation

IKWRO helps Middle Eastern and Central Asian women and girls living in the UK with issues including honour-based violence, forced marriage, FGM, domestic violence and Sharia law

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by providing advice, advocacy and counselling in Dari, Farsi, Kurdish, Arabic, Turkish, Pashtu and English.

www.ikwro.org.uk

Iraqi Welfare Association

Iraqi Welfare Association provides free advice and consultation in welfare services, health, migration, translation etc., for the Iraqi community.

www.iraqiwelfare.org

The Islington Centre for Refugees & Migrants

ICRM provides refugees and asylum seekers from Islington and the surrounding boroughs support they need to integrate into their community and to lead full and meaningful lives, including advice and support, English languages, art and writing, music classes, book group, hot food.

www.islingtoncentre.co.uk

Islington Somali Community

ISC is a charity organisation that supports the Somali community including refugees and asylum seekers in Islington, North London. ISC provides advice and information about housing, education, employment, and health. ISC's other projects and services include elderly befriending and outreach work, youth work project, organising cultural events and outings, mother tongue and supplementary classes and, interpreting and translation services. ISC also makes referral and signposts clients to other services.

www.islingtomsomalicommunity.org.uk

JAN Trust

JAN is a non-profit charity organisation empowering woman across UK. JAN campaigns against abuse, discrimination, social exclusion amongst BME women and refugees and asylum seekers. Services provided include Stop Domestic Violence, Against Forced Marriages, Raise Awareness and Prevent Hate Crime Against Refugees and Asylum Seekers and Against Female Genital Mutilation.

www.jantrust.org

Jesuit Refugee Service UK

JRS UK is a London based service that provides support for vulnerable and destitute refugees and asylum seekers who are destitute and / or detained by the asylum process, by provision of a Day Centre and Visiting Detention Centres as well

as providing food, clothing and emergency travel money to attend legal and medical appointments.

www.jrsuk.net

Jewish Care

Jewish Care is a health and social care organisation that provides support and advice, residential care homes and community services to the Jewish community in London and the South East.

www.jewishcare.org

Kalayaan

Kalayaan is a London based charity which seeks justice and campaigns with and for migrant domestic workers. It provides immigration and employment advice and advocacy, English classes and social events for domestic workers who have entered the UK legally with an employer or on a domestic worker visa to work in a private household.

www.kalayaan.org.uk

Kikiwa Counselling Centre

Kikiwa Counselling Centre is a Croydon based centre that provides advocacy and representation to all clients in particular those seeking asylum in the UK from African countries by offering them case work advice and support on a wide range of issues through drop-in, support groups and interpretation and translation services.

www.kikiwacounselling.com

Kongolese Centre for Information Advice

KCIA, provides welfare, advice & representation for refugees and asylum seekers and ethnic minority from French, Portuguese and Lingala speaking community groups living in London.

www.kcia.org.uk

Kurdish & Middle Eastern Women's Organisation in Britain

KMEWO offers advocacy and advice, Honour Based Violence Forum, interpreting and translation services in a number of languages including English, Arabic, Kurdish, Farsi, Dari, Turkish for Kurdish and Middle Eastern women in London Borough of Islington.

www.kmewo.com

Latin American Disabled People Project

LADPP provides services for disabled people from Latin America, Europe, & Africa whose first language is Spanish and Portuguese living in London and majority of whom are refugees and asylum seekers. The services on offer are information and advice and advocacy, volunteering opportunities, social and cultural events and resources and links on concerns about living in England including benefits, housing, etc.

www.lambethandsouthwarkmind.org.uk/director/y/latin-american-disabled-peoples-project

Lewisham Refugee & Migrant Network

LRMN offers free independent confidential advice and information on immigration, welfare benefits, health, housing as well as providing counselling and therapeutic support to refugees and asylum seekers living in Lewisham.

www.lrmn.org.uk

Lido Foundation

Lido Foundation aims to support disadvantaged people from the Somali community and other BAME communities in the London borough of Hammersmith & Fulham by providing them with advice and training to aid them reach their full potential and integrate into the wider community. The services on offer are provision of information and advice on matters relating to housing, welfare and benefits, job skills training and recreation and sport.

www.lidofoundation.org.uk

London Art Therapy Centre

London Art Therapy Centre offers individual or group art and psychotherapy to refugee and asylum-seeking adults, children and families who have experienced trauma and persecution in their country of origin and are unable to move with their lives.

www.arttherapycentre.com

The London Churches Refugee Fund

The London Churches Refugee Fund, LCRF, is a charity that raises money to give small grants to organisations assisting refugees and asylum-seekers in the Greater London Area. LCRF's support is not limited to church-based projects but any agency involved in relieving destitution among refugees and asylum seekers in the capital can apply for a grant.

www.help4refugees.co.uk

London Friend

London Friend is the UK's oldest Lesbian, Gay, Bisexual and Trans charity supporting the health and mental well-being of the LGB&T community including refugees and asylum seekers in and around London. It offers counselling and support around issues such as same-sex relationships, sexual and gender identity. LF is also home to Antidote - the UK's only LGB&T drug and alcohol service.

www.londonfriend.org.uk

Maa Shanti

Maa Shanti provides support to single Asian mum and their children living in London by providing advocacy, guidance, emotional support, workshops, social activities, referrals and signposting.

www.maashanti.org

The Maya Centre

The Maya Centre is a non-profit specialist counselling / therapeutic service run by women for deprived and marginalised women including refugees and asylum seekers, women suffering from domestic violence or survivors of childhood sexual abuse with mental health problems. The centre provides individual counselling in a number of languages and group therapy as well as psychoeducating the general public on the mental health matters in the London Borough of Islington.

www.mayacentre.org.uk

Micro Rainbow

Micro Rainbow aim is to create a world where lesbian, gay, bisexual, trans and intersex, LGBTI, refugees and asylum seekers are free from discrimination, persecution and have equal opportunities in life, including in accessing employment, training, education, financial services, healthcare, places of faith, and public services. Micro Rainbow offers safe houses to LGBTI asylum seekers and refugees in London, in the North West and West Midlands.

www.microrainbow.org

Midaye Somali Development Network

Midaye is a user-led charity that aim to support ethnic minority communities in West London in areas of women empowerment, health and

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wellness, education and personal development, community support and outreach. The network also campaigns to bring an end to the practice of FGM and supports the victims.

www.midaye.org.uk

Migrant Help UK

Migrant Help UK offers advice, guidance to vulnerable asylum seekers and support victims of human trafficking, foreign national detainees and prisoners services in London, Liverpool, Birmingham, Dover, Belfast, Glasgow and Cardiff.

www.migranthelpuk.org

Migrant Voice

Migrant Voice is a migrant led organisation set up to develop the skills and confidence of members of migrant communities, including refugees and asylum seekers to strengthen their voice and representation in the media and at a policy making level.

www.migrantvoice.org

Migrants Organise

Migrants Organise (formerly Migrant & Refugee Communities Forum) is a London based non-profit community and charity organisation that promotes the rights of migrants and refugees living in Westminster, Kensington, Chelsea, Hammersmith & Fulham by provision of mentoring, volunteering, training, education and social activities enabling refugees and migrants to organised for justice and dignity.

www.migrantsorganise.org

Migrants' Rights Network

MRN is a national NGO that works for the rights of all migrants. MRN brings together public sector organisations, faith groups, migrant activists to advocate and campaign for a rights-based migration system in the UK. It has a number of projects including the London Project & BME Women's Leadership Programme.

www.migrantsrights.org.uk

Migrateful

Migrateful is a charity that aims to support and empower struggling migrants, refugees and asylum seekers on their journey to integration by promoting contact and cultural exchange with wider community. Migrateful runs cookery

classes led by migrant & refugee chefs enabling them to learn English and improve their communication skills, build their confidence, and provide a source of income for them.

www.migrateful.org

Mind in Brent, Wandsworth & Westminster

Mind in Brent, Wandsworth and Westminster delivers services and support for people living within these boroughs and neighbouring areas. The aim is to help people in these communities to have better mental health and wellbeing and to live the best lives possible by providing a range of services to meet their needs, including Talking Therapies, Mother Tongue Counselling, Community Befriending, Recovery Day Services, Support into Education, Training, Volunteering and Work, Peer Development and Support, Supported Housing, Service User Involvement, Young People's Services, Creative Arts, Community Training and more.

www.bwwmind.org.uk

Mosaic Trust

Mosaic Trust (formerly known as Mosaic LGBT Youth Centre) provides advice, support and educates young lesbian, gay, bisexual and trans ages 13-19 residing in London including refugees and asylum seekers, by offering youth club, mentoring, events and summer camp, a LGBT library, etc.

www.mosaictrust.org.uk

The Multi Ethnic Counselling Service

The Multi-Ethnic Counselling Service, MECS, is part of the Waterloo Community Counselling, WCC, service which was set up in 2004 to provide mother-tongue counselling to migrants, refugees and asylum seekers living in Lambeth and Southwark, London, at no cost to the clients. MECS provides service users with individual, mother tongue counselling and group support as well as signposting to other organisations to address their practical difficulties. Mother tongue counselling can currently be provided in the following languages: Albanian, Amharic, Arabic, Bengali, Cantonese, Farsi, Farsi (Dari), French, Hindi, Italian, Kurdish, Mandarin, Pashto, Polish, Portuguese, Russian, Somali, Spanish, Tamil, Turkish, Twi and Urdu.

www.waterloocc.co.uk/multi-ethnic-counselling-service

Multicultural Richmond

Multicultural Richmond is an independent voluntary organisation in the London Borough of Richmond Upon Thames that provides free advice and support for people from BME communities including refugees and asylum seekers to settle into the Borough. MR promotes equal opportunity and community cohesion as well as celebrating diversity in Richmond.
www.multiculturalrichmond.org.uk

Nafsiyat Intercultural Therapy Centre

Nafsiyat offers culturally sensitive psychotherapy/counselling to ethnic minorities including refugees and asylum seekers who live in Islington, Enfield, Camden and Haringey in over 20 languages. Nafsiyat provides therapy via two different services, one is therapy via referral (either by your GP or you can apply to refer yourself) which offers time limited free therapy and the other Nafsiyat Choice service which is available to people living in any borough offering long term therapy. There is a charge for this service. In addition, Nafsiyat offers the Arabic, Amharic and Tigrinya Speaking Women's Group which is a psychoeducational/psychosocial women's group that offers empowerment and integration workshops; wellbeing/healthy eating workshops, cooking and bakery classes; Arts and crafts classes, etc, providing a safe space where vulnerable women can help each other, share their experiences and problems and how they overcame them and integrate into society. The AATSWG is not a drop-in centre and new members are accepted by Nafsiyat AATSWG referral form [REFERRAL FORM](#) .
www.nafsiyat.org.uk

New Citizens' Gateway

New Citizens' Gateway (formerly Barnet Refugee Service) supports and works to improve the quality of life of refugees and asylum seekers who live within Barnet and surrounding London Boroughs by offering advice and information, service youth activities, ESOL lessons and counselling.
www.ncgateway.org.uk

Newway Project Night Shelter

It supports homeless people in the London Borough of Newham by providing a winter night shelter and advocacy support service for local rough sleepers. It runs for 5 months a year

between October to March.

www.newwayproject.org/newway-night-shelter

Notre Dame Refugee Centre

Notre Dame Refugee Centre is an independent charity in the heart of London West End that specialises in support for French speaking asylum seekers and refugees, offering them advice on housing, benefits and social services, translation and interpreting and counselling services.
www.notredamerc.org.uk

Ourmala

Ourmala provides free yoga classes for refugees, asylum seekers and survivors of torture, trafficking and modern-day slavery across London. Ourmala offers safe and welcoming spaces to breathe and heal through yoga. The classes are free and travel cost are refunded. Partnering with Happy Baby Community charity, Ourmala run classes for mums and babies/children under 3, also offering welfare advice and support, and childcare.
www.ourmala.com

The Passage

A London based charity organisation, Passage's services are split between its Resource Centre which provides more immediate support; its three residential projects which provide accommodation while it secures long term solutions for people and; its homelessness prevention projects which reduce the risk of repeat homelessness.
www.passage.org.uk

Praxis

Praxis provides advice, support, training, mentoring and amplifies the voices of vulnerable migrants, refugees and asylum seekers and refused asylum seekers in London.
www.praxis.org.uk

Project 17

Project 17 is a London based charity working to end destitution among migrant children, believing that all children have the right to a home and enough to eat, regardless of their parents' immigration status. To achieve this, Project 17 provides advice, advocacy and supports families experiencing poverty by improving their access to local authority support. It works towards ensuring that local authorities comply with the

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duties imposed on them by Section 17 of the Children Act 1989 to safeguard and promote the welfare of children in need.

www.project17.org.uk

Project RISE

Project RISE, Refugees Into Sustainable Employment, is a free service to help refugees find work. It offers mentoring, free English classes, social opportunities, help with benefits and housing to unemployed refugees with the right to work, living in East London boroughs – Barking and Dagenham, Enfield, Greenwich, Hackney, Haringey, Havering, Newham, Redbridge, Tower Hamlets, Waltham Forest.

www.renaisi.com/rise

Rainbow Migration

Rainbow Migration (formerly UKLGIG) is a charity that lobbies for equality for Lesbian, Gay, Bisexual, Trans, Queer and Intersex, LGBTQI+ individuals who seek asylum in the UK. Rainbow Migration offers support and information through its helpline and in person, provides training and LGBTQI+ asylum matters to service providers working with refugees and asylum seekers LGBTQI+ community and legal services.

www.rainbowmigration.org.uk

Reading Refugee Support Group

RRSG offers refugees and asylum seekers residing in Reading, Berkshire, services including, education, language and life skills, out of hours and drop-in sessions providing support and advice on asylum related matters.

www.rrsg.org.uk

Refugee Community Kitchen

RCK serves hot food to displaced people in Northern France and homeless people mainly refugees in London and Edinburgh. RCK recreates a community and a safe space for its service users to gather and connect.

www.refugeecommunitykitchen.org

Refugee Council's Building Bridges Programme for Refugee Health Professionals

The Building Bridges programme is an NHS funded partnership for Refugee Health Professionals living in London. The programme offers a range of support and assists refugee doctors to re-qualify to UK standards and secure

employment appropriate to their professional qualifications.

www.refugeecouncil.org.uk/get-support/services/refugee-health-professionals-building-bridges-programme

Refugee Council's London Destitution Support

Refugee Council's London Destitution Support provides destitution support for asylum seekers in Drop-in Destitution Service in Hackney East London. The services on offer include practical advice and support, emergency provisions, food, laundry, shower, pastoral care, etc.

www.refugeecouncil.org.uk/get-support/services/london-destitution-service

Refugee Council's London Therapeutic Men-Counselling Service, LTM

Refugee Council's LTM Service offers one to one counselling to adult asylum-seeking men in its Stratford offices and at a therapeutic outreach service at Initial Accommodation in London, helping them manage the transition to the host country, crisis intervention and telephone counselling after dispersal until they connect to local services.

www.refugeecouncil.org.uk/get-support/services/london-therapeutic-men

Refugee Council's London Therapeutic Women Counselling Service, LTW

Refugee Council's LTW Service provides therapeutic services in London for women victims of domestic violence. This is a gender and culturally sensitive therapeutic service for refugee and asylum-seeking women who have experienced or witnessed domestic violence. The support is offered in the form of both one-to-one counselling and group work.

www.refugeecouncil.org.uk/get-support/services/london-therapeutic-women

Refugee Council's My View Children's Therapy Service

Refugee Council's My View Children's Therapy Service has been providing therapeutic support specifically tailored for separated child refugees and asylum seekers. The service is based in the Children's Services in Croydon and also receives clients in their Stratford Offices alongside their Adult Therapeutic Services. The service is also available in Birmingham, Leeds, and Luton.

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www.refugeecouncil.org.uk/get-support/services/my-view-childrens-therapy/
www.refugeecouncil.org.uk/our-work/mental-health-support-for-refugees-and-asylum-seekers/mental-health-services-for-unaccompanied-children

Refugee Council's Refugee Advice Project London

Refugees Council's Refugee Advice Project runs an advice service for people in London who have been granted refugee status within the last 6 months offering advice on welfare rights, housing, access to health service.

www.refugeecouncil.org.uk/get-support/services/refugee-advice-service-london/

Refugee Council's Refugee Employment Advice & Support Service London

Refugee Council's Refugee Employment Advice & Support Service offers advice and guidance supporting refugees living in London in accessing appropriate training and employment opportunities. Access the link below to find out about the services/support on offer and the inclusion criteria.

www.refugeecouncil.org.uk/get-support/services/refugee-employment-advice-support-service/

Refugee Education UK

RE UK works with and supports young asylum seekers, refugees and survivors of trafficking (15-25 years old) in seeking safety in the UK, getting into, staying in and doing well in education whatever their faith, religion or beliefs. RE UK provides Educational Mentoring in London, Oxford, Birmingham, Peterborough & Cambridge. Other programmes on offer are Educational Progression, Wellbeing and Impact.

www.reuk.org

Refugee Therapy Centre

Refugee Therapy Centre is a North London-based centre that provides a therapeutic service offering individual, group, family and couple therapy to refugees and asylum seekers, giving priority to children, young people under the age 25 and their families.

www.refugeetherapy.org.uk

Refugee Youth

Refugee Youth is a small national charity based in Peckham, South East London that uses creative art and offers youth-led workshops at conferences/events and training days to promote inclusion, integration and development of marginalised and alienated young refugees aged between 16 – 30 years living in London.

www.refugeeyouth.org

Refugee & Migrant Development Association

RAMDA is a Luton and Bedfordshire based service that provides support, guidance, information and advice on immigration and welfare rights to refugees and migrants of all ages, genders, abilities and disabilities from Horn of Africa, particularly, Somalia, Ethiopia, Kenya and Djibouti and Yemen.

<http://opencharities.org/charities/1101595>
www.ramda.org.uk

Refugee & Migrant Forum of Essex & London

RMFEL is a charity that supports vulnerable migrants to access justice and provides vital support in moments of individual crisis. RMFEL offers asylum and immigration advice and destitution support and crisis intervention. Housing support, foodbank service, English classes are also on offer to vulnerable refugees and migrants.

www.ramfel.org.uk

Refugees in Effective & Active Partnership,

REAP is funded by the Association of London Government and Hillingdon HOPE. It is an independent organisation that empowers refugees and asylum seekers by providing a range of practical advice and support services for individuals, their communities and the organisations that support them in West London.

www.reap.org.uk

The Renewal Programme's Refugee & Migrant Project

RAMP, offers advice, advocacy and crisis support, food and clothing to refugees and asylum seekers living in the London Borough of Newham.

www.renewalprogramme.org.uk/our-projects/advice-and-support/refugee-and-migrant-support

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Rights of Women

ROW aims to advise, educate and empower women including those claiming asylum and migrant women by provision of free, confidential legal advice by specialist women solicitors and barristers and through publications, training and campaigning to ensure women's voices are heard and their needs are met.

www.rightsofwomen.org.uk

Room to Heal

Room to Heal is a healing community for refugees and asylum seekers who have survived torture and violence and provides therapeutic support groups and individual therapy, theatre, storytelling and gardening, in Islington, London and Norfolk, East Anglia.

www.roomtoheal.org

Slough Refugee Support

SRS offers asylum seekers and refugees in Slough and across the Thames Valley practical help including advice and support on asylum matters, health and education, employment, welfare and benefits, IT and Life in the UK Classes and crèche support.

www.sloughrefugeesupport.org.uk

South London Refugee Association

SLRA, previously known as Merton and Wandsworth Asylum Welcome provides educational, training, advice, emotional support, outings during school holidays, school uniforms and equipment, and health advice for refugees and asylum seekers in Merton and Wandsworth, Lambeth and Croydon in London.

www.slr-a.org.uk

South London Tamil Welfare Group

SLTWG is a charity working for the Tamil refugees by providing advice and services relating to their immigration, welfare benefits, housing, education, domestic violence, etc., across South London boroughs of Merton, Wandsworth, Croydon and Kingston.

www.surreyinformationpoint.org.uk/Services/2630/South-London-Tamil-W

South West London Law Centres

SWLLC is an independent registered charity providing free specialised legal advice and support in the Wandsworth, Merton, Croydon,

Kingston, Richard and Sutton in South west London, to people seeking asylum, those with housing or employment issues at their casework services and free weekly advice clinics.

www.swllc.org

Southall Black Sisters

SBS is a non-profit organisation that provides advice, support and advocacy and outreach services and campaigns for Asian, African, Caribbean and other ethnic minority women living in Southall, London Borough of Ealing.

www.southallblacksisters.org.uk

Southwark Day Centre for Asylum Seekers

SDCAS provides free advice and support on matters including health, housing, employment, education and training to promote health and help relieve poverty and stress amongst refugees and asylum seekers living in the London Borough of Southwark.

www.sdcas.org.uk

Southwark Refugee Communities Forum

SRCF was established by Refugee Community Organisations, RCO, in Southwark to enable the voices of refugees to be heard as well as developing mutual support between newly arrived and more established refugees and migrant communities in London Borough of Southwark.

www.southwarkrefugeecommunitiesforum.org

Southwark Refugee and Migrant Project

SRMP (formerly SRP) provides private and confidential advice on welfare benefits, housing, education, training and employment to refugees and asylum seekers living in London Borough of Southwark and surrounding boroughs.

www.southwarksrp.org

Streatham Drop-In Centre

Streatham Drop-In Centre is an independent charity that aims to provide a safe, welcoming and supportive environment for refugee and asylum seeker individuals and families living in the London Borough of Lambeth and surrounding areas. It works in partnership with a wide range of voluntary, community and statutory groups to provide specialised support, information and advice, as well as a wide range of health and

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wellbeing interventions to empower asylum seeker and refugee communities.

www.streathamdropin.org.uk

Sufra NW London

Sufra NW London is a charity based in the London Borough of Brent to address both the causes and consequences of impoverishment in the community. Sufra's Community Hub provides a life-line for people in crisis – including families living in extreme poverty and people who are vulnerable, homeless and socially isolated by provision of services including foodbank, community kitchen, employment training, guidance and advice surgeries, etc.

www.sufra-nwlondon.org.uk

Off the Record Croydon Refugee Service

OTC Croydon Refugee Service provides counselling service for young refugees, asylum seekers and forced migrants aged 11-25 living in Croydon for issues including trauma, loss, self-harm, anxiety, isolation, etc.

www.talkofftherecord.org/croydon/refugee-service

Tamil Relief Centre

Tamil Relief Centre assists in the settlement of Tamil refugees and other ethnic minority communities by provision of advice on various issues.

www.trcuk.org

Tamil Welfare Association (Newham)

TWAN is a community organisation that empowers the Tamil community by provision of free legal advice and representation on immigration and asylum, welfare, education, as well as interpretation and translation, supplementary classes for refugee children, day centre for elderly and family advice and counselling services for Tamil speaking migrant living in London Borough of Newham.

www.twan.org.uk

The Tavistock Trauma Service, The Tavistock and Portman NHS Foundation Trust

The Tavistock Trauma Service treats people including refugees and asylum seekers who have experienced trauma and are suffering from post-traumatic symptoms. The service offers trauma psychoeducation group, specialist trauma groups including a women's group, psychoanalytic

psychotherapy and other trauma- focused interventions.

www.tavistockandportman.nhs.uk/care-and-treatment/our-clinical-services/trauma-service

Timepeace App

Timepeace App is a skills swap app, an online community network which connects refugees/asylum seekers and locals, to meet and share for free their skills, passions and interests. The app provides informal opportunities for the community to socialise and access resources, striving towards a London wide integrated diverse society.

www.timepeaceapp.org

Transitions

Transitions is a specialist, collaborative, not-for-profit careers and employment service in London that offers support to skilled refugee professionals including engineers, accountants, administrators, etc., contributing positively to the lives of professional refugees.

www.transitions-london.co.uk

The Uganda Community Relief Association

UCRA, is a charitable organisation formed in 1984, funded originally by the well-wishers within the community, with the initial aim of helping Asian Ugandan refugees deported by the then Ugandan government. Subject to government funding criteria, UCRA is open to people from disadvantaged background and single parents, providing work, training, apprenticeships, and welfare services for those in need in London.

www.ucra.org.uk

Vietnamese Mental Health Services

VMHS is offers culturally sensitive mental health services to Vietnamese refugees and asylum seekers living in the UK. Services provided are drop- in day services, outreach and counselling services, educating workers and interpreters on medical and psychiatry terminology & mental health issues through publication of booklets and leaflets in Vietnamese and Chinese.

www.vmhs.org.uk

Waltham Forest Migrants' Action

WFMA supports migrants in Waltham Forest, East London by promoting integration between migrant and non-migrant population and challenging the negativity relating to immigrants.

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www.wfma.org.uk

Waterloo Community Counselling

WCC is a counselling and psychotherapy service based in Waterloo that offers individual counselling in a number of languages for BME communities, including some low fee counselling/therapy, across the London Boroughs.

www.waterloocc.co.uk

West London Welcome

West London Welcome is a free drop-in centre for refugees, asylum seekers, and migrants who have settled in the London Borough of Hammersmith and Fulham and the wider London area, providing them with the access to the services and support they need to lead full lives within their local community.

www.westlondonwelcome.com

Women for Refugee Women

Women for Refugee Women campaigns for and empowers women and children seeking asylum in the UK so that they are treated with justice and dignity. It empowers refugee and asylum-seeking women to speak out, become leaders and advocate for change and by providing English lessons, drama and other activities it supports women to build their confidence and skills.

www.refugeewomen.co.uk

Women's Association for Networking & Development

WAND provides services to individual and organisations including assisting socially excluded and disadvantaged women with advice and information, advocacy, education, training and skills development, networking and partnering with other established organisations with similar aims to help women refugees and asylum seekers and migrants living in London.

www.wanduk.org

Women Inclusive Team

WIT is a charity that supports the BAME communities in Tower Hamlets through a variety of services including youth programmes, women's empowerment projects, health and wellbeing and mental health support, food bank, and community kitchen.

www.wit.org.uk

Woodfield Trauma Service

WTS is a CNWL NHS Trust service that provides treatment for refugees and asylum seekers and forced migrants suffering from Post-Traumatic Disorder. The service is for anyone aged 18 and over who is registered with a GP in Chelsea, Kensington & Westminster or lives in these areas.

www.cnwl.nhs.uk/services/mental-health-services/adult-and-older-adult/woodfield-trauma-service

Young Roots

Young Roots (formerly Refugee Youth Project) provides support and improves the wellbeing of young refugees and asylum seekers in London, Nepal and Lebanon. Young Roots helps young refugees and asylum seekers realise their potential through fun, educational activities and trips. In addition, the 1:1 casework service supports young people with issues such as housing, immigration and emotional support.

www.youngroots.org.uk

Mental Health Charity Organisations and Services Website Links

This page allows access to a large number of mental health organisation websites that provide mental healthcare to the general public; however, it is worth enquiring if they offer support and services to refugees and asylum seekers.

The majority of the mental health charity organisations and services mentioned below are self-explanatory. However, for those that are not, a brief description is provided.

Please use the links below to view the websites.

A

Action Postpartum Psychosis

www.app-network.org

Adfam

Services for family and friends for people with drug and alcohol problems.

www.adfam.org.uk

Age UK

www.ageuk.org.uk

AKT (Formerly the Albert Kennedy Trust)

Supports LGBT 16 – 25-year-old.

www.akt.org.uk

Alcoholics Anonymous

www.alcoholics-anonymous.org.uk

Anorexia & Bulimia Care (ABC)

www.anorexiabulimiare.org.uk

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Anxiety UK

www.anxietyuk.org.uk

Anxiety United

www.anxietyunited.com

Assist Trauma Care

www.assisttraumacare.org.uk

Association for Post Natal Illness

www.apni.org

B

Beat (Beating Eating Disorders)

www.beateatingdisorders.org.uk

Beat Panic

www.beatpanic.com

Beating the Blues

Beating the Blues is an online Cognitive Behavioural Therapy (CBT) program for individuals with mild to moderate depression and anxiety.

www.beatingtheblues.co.uk

Bipolar UK

www.bipolaruk.org

Birth Trauma Association

www.birthtraumaassociation.org.uk

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BPD World (Borderline Personality Disorder World)

www.bpdworld.org

British Association of Counselling and Psychotherapy

BACP, is a counselling and therapeutic organisation.

www.bacp.co.uk

Bullying UK

www.bullying.co.uk

C

Campaign Against Living Miserably (CALM)

www.thecalmzone.net

Carers UK

www.carersuk.org

Carers Trust

Works with carers in health, education and social care.

www.carers.org

Centre for Better Health

www.centreforbetterhealth.org.uk

Centre for Mental Health

www.centreformentalhealth.org.uk

Childline

www.childline.org.uk

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Cocaine Anonymous CAUK AREA

www.cocaineanonymous.org.uk

Combat Stress

Combat Stress is a UK charity working with Veterans with mental health issues.

www.combatstress.org.uk

Community Advice & Listening Line (CALL)

CALL is a mental health helpline offering a confidential listening and support service for Wales.

www.callhelpline.org.uk

The Compassionate Friends

For bereaved parents and their families.

www.tcf.org.uk

Cruse Bereavement Care

www.cruse.org.uk

D

Depression UK

www.depressionuk.org

Drinkaware

www.drinkaware.co.uk

Drug Wise

www.drugwise.org.uk

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E

European Society for Trauma and Dissociation (ESTD)

www.estd.org

Everyman Project

Offers support to perpetrators of domestic violence and abuse.

www.everymanproject.co.uk

F

Family Lives

Family Lives is a national family support charity providing help and support to families who are struggling.

www.familylives.org.uk

First Person Plural

Supports people living with Dissociative Identity Disorder & similar complex trauma-related identity conditions.

www.firstpersonplural.org.uk

FRANK

www.talktofrank.com

G

Lesbian, Gay, & Bisexual Anti-violence Policing Group

Dedicated to confront and eliminate domestic violence and abuse against LGBT.

www.galop.org.uk

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H

Hafal, Wales Mental Health Charity

www.hafal.org

Harmless

An organisation that works with people to address and overcome issues related to self-harm and suicide.

www.harmless.org.uk

The Havens

Supports people who have been raped or sexually assaulted.

www.thehavens.org.uk

The Health Experts/Anxiety & Depression

A guide to anxiety/mental health charities & organisations in the UK.

www.thehealthexperts.co.uk/anxiety-and-depression

Healthline

www.healthline.com/health/bipolar-disorder

Hearing Voices Network

HVN, offers support to people who hear voices, see visions, or have other unusual perceptions.

www.hearing-voices.org

I

Imaan LGBTQI+

A London-based independent organisation that supports LGBTQI+ Muslim people and their families.

www.imaanlondon.wordpress.com

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Insomniacs

Insomniacs offers information on how to overcome insomnia, sleeping problems, and sleep disorders to sufferers and those working with them.

www.insomniacs.co.uk

Intervoice

International community for people who hear voices.

www.intervoiceonline.org

J

Jewish Association for the Mentally Ill

www.jamiuk.org

K

L

LifeSIGNS

A user-led Self-Injury Guidance & Network promoting understanding of self-injury and guides people who hurt themselves towards new ways of coping.

www.lifesigns.org.uk

The Lullaby Trust

Provides specialist support for bereaved families affected by sudden infant death.

www.lullabytrust.org.uk

M

Marijuana Anonymous UK

www.marijuana-anonymous.org.uk

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Mental Health Foundation

MHF helps people understand, protect and sustain their mental health.

www.mentalhealth.org.uk

Mind

www.mind.org.uk

Mindout

A Brighton-based support group for LGBT community.

www.mindout.org.uk

MindWise New Vision

MindWise New Vision assists people with mental health issues to lead a fulfilling life through recovery and discovery.

www.mindwisenv.org

The Mix

Provides free online confidential support for young people under 25.

www.themix.org.uk

Mood Panda

Provides free online mood diaries to monitor mood.

www.moodpanda.com

N

Narcotics Anonymous UK

www.ukna.org

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The National Association for Children of Alcoholics (NACOA)

NACOA provides information, advice and support for everyone affected by a parent's drinking.

www.nacoa.org.uk

The National Association for People Abused in Childhood (NAPAC)

www.napac.org.uk

The National Institute for Health & Clinical Excellence (NICE)

Provides national guidance and advice to improve health and social care.

www.nice.org.uk

National Paranoia Network

www.nationalparanoianetwork.org

National Self-Harm Network (NSHN)

www.nshn.co.uk

Nightline Association

Nightline offers university students a safe space to talk about their feelings or what's troubling them.

www.nightline.ac.uk

No Panic

www.nopanic.org.uk

No More Panic

www.nomorepanic.co.uk

O

OCD Action

www.ocdaction.org.uk

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OCD-UK

www.ocduk.org

Outline

Provides support to LGBT community in Surrey through a helpline, website and support groups

www.outlinesurrey.org.uk

Overeaters Anonymous Great Britain

www.oagb.org.uk

P

Pandas Foundation

The PANDAS Foundation helps, supports and advises any parent and their networks who need support with pre and postnatal depression.

www.pandasfoundation.org.uk

Papyrus & HOPELINE UK

A specialist helpline service staffed by trained professionals who work for prevention of young suicide.

www.papyrus-uk.org

Paranoid Thoughts

www.paranoidthoughts.com

Parents Against Child Sexual Exploitation (PACE)

www.paceuk.info

Personality Disorder

www.personalitydisorder.org.uk

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Pink Therapy

A therapeutic organisation for LGBT community in the UK.

www.pinktherapy.com

Progress, National Consortium of Consultant Nurses in Dual Diagnosis & Substance Use

A website by consultant nurses working with & in the NHS with people with dual diagnosis.

www.dualdiagnosis.co.uk

Postnatal Illness, PNI ORG UK

PNI ORG UK is run by women who are current or past sufferers (survivors) of postnatal illness and support each other by sharing their experiences and providing information.

www.pni.org.uk

Postpartum Depression

www.postpartumdepression.org

PostScript 360

PostScript formerly known as Battle Against Tranquillisers, BAT.

www.postscript360.org.uk

Q

R

Rape & Sexual Abuse Support Centre

www.rasasc.org.uk

Rape Crisis England & Wales

Rape Crisis' 1:1 Live Chat Helpline is a free and confidential emotional support service for women and girls who have experienced sexual violence.

www.rapecrisis.org.uk

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Relate

www.relate.org.uk

Respect

Supports people who are worried about their aggressive and violent behaviour towards loved ones.

www.respect.uk.net

Rethink Mental Illness

www.rethink.org

S

Samaritans

www.samaritans.org

Sane: The Mental Health Charity

www.sane.org.uk

Scottish Association for Mental Health

www.samh.org.uk

See Me

See Me is Scotland's programme to tackle mental health stigma & discrimination. It is managed by Scottish Association for Mental Health, & Medical Health Foundation Scotland.

www.seemescotland.org

Self-Injury Support

A national charity organisation that supports girls and women affected by self-injury or self-harm.

www.selfinjurysupport.org.uk

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Side by Side, Mind

Mind's online community where you can share your experiences with others.

<https://sidebyside.mind.org.uk>

SupportLine

SupportLine offers confidential emotional support to children, young adult and adults who are isolated, vulnerable, at risk, and victims of any form of abuse.

www.supportline.org.uk

Survivors of Bereavement by Suicide (SOBS)

www.uksobs.org

Survivors UK

Offers support to male victims of both childhood sexual abuse and adult sexual assault and rape.

www.survivorsuk.org

T

Time to Change

Time to Change aims to change the way people think and act about mental health problems.

www.time-to-change.org.uk

Together for Mental Wellbeing

Together for Mental Wellbeing is a national charity that works alongside people on their journey towards better mental health wellbeing & independent lives.

www.together-uk.org

Togetherall

An online community for 16+ to improve mental health & wellbeing.

www.togetherall.com/en-gb

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Triumph Over Phobia (TOP UK)

www.topuk.org

Turning Point

Provides services for people with drug, alcohol and mental health problems.

www.turning-point.co.uk

U

V

Voice Collective

Voice Collective is a UK wide, London based project that supports children and young people who hear voices, see visions, have other sensory experiences or beliefs.

www.voicecollective.co.uk

W

We Are With You

It supports people dependent on drug and alcohol and their families.

www.wearewithyou.org.uk

Welldoing

Welldoing is the UK's leading therapist matching service for in-person and online therapy.

www.welldoing.org

X

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Y

Young Minds

Young Mind is the UK leading charity that works for improving the mental health of children and young people.

www.youngminds.org.uk

Youth Wellbeing Directory:

Anna Freud National Centre for Children & Families

The Directory provides a list of free local and national organisations for anyone aged 25 and over. The organisations can be searched by postcode or area, by name of service or by issue or topic.

www.annafreud.org/on-my-mind/youth-wellbeing

Z