

## COURSE SPECIFICATION

Course Aim and Title	PGCert in Coaching Psychology Supervision
Intermediate Awards Available	N/A
Teaching Institution(s)	UEL
Alternative Teaching Institutions (for local arrangements see final section of this specification)	
UEL Academic School	Psychology
UCAS Code	
Professional Body Accreditation	
Relevant Statements	From the EMCC Coaching Supervision Competence Framework for the European Supervision Quality Award (ESQA), the relevant threshold competencies are (1) managing the supervision contract and process; (2) facilitating development; (3) providing support; (4) promoting professional standards; (5) self-awareness; (6) relationship awareness; (7) systemic awareness; (8) facilitating group supervision.
Additional Versions of this Course	N/A
Date Specification Last Updated	11/07/2020

### Course Aims and Learning Outcomes

This course is designed to give you the opportunity to:

- Critically reflect on, then apply in practice, theories and research underpinning coaching supervision
- Make critical judgements on the application of coaching supervision models and techniques required in professional practice
- Engage in critically reflective practice and development of coaching supervision skills and techniques considering complex ethical issues in coaching supervision
- Critically reflect on areas of development as a supervisor

You will be able to critically explore and demonstrate an understanding of the latest thinking and research on coaching psychology supervision, and to consider the complexities of advanced coaching supervision practice. The course will also help you to enhance your understanding and analytical skills, and develop the capacities and competencies needed to work as coaching supervisor in a range of professional contexts.

What you will learn:

#### Knowledge

- Acquire an overview of some of the established emergent theories, research and practice of relevance to coaching supervision.
- Gain an understanding of ethical, professional and legal issues in coaching psychology supervision.

#### Thinking skills

- Demonstrate a critical understanding of a range of theories, concepts and models in the practice of coaching supervision.
- Discuss and critically analyse personal and professional strengths and areas of development, as well as the dynamics of the supervision relationship, considering interactions between supervisor, supervisee and client.

#### Subject-based practical skills

- Demonstrate the ability to critically use a range of interventions and feedback skills required for effective coaching supervision.
- Demonstrate an ability to implement supervision skills and strategies appropriate to a wide range of individual and group supervision needs.

#### Skills for life and work (general skills)

- Provide evidence of the ability to learn from constructive feedback offered by peers, clients and supervisor and effectively use supervision of supervision to develop systematic reflective skills and practice.

## Learning and Teaching

Knowledge is developed through:

- Lectures, seminars and workshops
- Individual study time (including reading)
- Online discussions and activities with feedback

Thinking skills are developed through:

- Lectures
- Reflecting on practical exercises
- Peer study and practice groups
- Preparation and production of assignments and evaluation

Practical skills are developed through:

- Workshops and individual and group exercises
- Supervised coaching practice
- Research skills-based activities with feedback

Skills for life and work (general skills) are developed through:

- Interaction with peers during practices
- Planning activities with feedback
- Online discussions

## Assessment

Knowledge is assessed by:

- Course work
- Portfolio
- Reflective journal

Thinking skills are assessed by:

- Portfolio
- Discussions
- Critical analysis

Practical skills are assessed by:

- Practice reports
- Observations
- Recorded coaching supervision sessions

Skills for life and work (general skills) are assessed by:

- Demonstration of effective oral and written communication
- Group work

Students with disabilities and/or individual learning-needs should discuss assessments with the Course Leader to ensure they are able to fully engage with all assessment within the course.

### Work or Study Placements

Our PGCert in Coaching Psychology Supervision is designed to enhance employability and students' career prospects.

There is no formal placement system on the course, but students are encouraged to undertake coaching supervision practice with the MSc in Applied Positive Psychology and Coaching Psychology coaching supervision students' groups. That will allow them to develop some of the skills required for the course. As all PGCert students will be professional coaches, they will also be required to find volunteering opportunities to increase the practice hours. All students should have their own professional indemnity and public liability insurance.

Students are also required to undertake at least one supervision session every three months. These sessions must be funded independently, and therefore considered as an additional cost to the course fees.

### Course Structure

The module structure of this course:

Level	Module Code	Module Title	Credit Weighting	Core/Option	Available by Distance Learning? Y/N
7	GC7801	Understanding the theory and practice of coaching psychology supervision	30	Core	Yes
7	GC7802	Evidence-Based Practice in Coaching Psychology Supervision: Personal and Professional Development	30	Core	Yes

*Please note: Optional modules might not run every year, the course team will decide on an annual basis which options will be running, based on student demand and academic factors, in order to create the best learning experience.*

**Additional detail about the course module structure:**

Following successful completion of the two modules in this course, you will be awarded the PGCert in recognition of 60 credits of study.

If for some reason you were unable to complete the PGCert in full, you may be eligible for an exit award known as the Postgraduate Associate Certificate (PACert), as defined in Section 8.2 of the UEL Manual of General Regulations: Descriptions of our University's Awards.

To be eligible for a PACert, students will be expected to achieve learning outcomes that match some or all of those listed in Section 8.1 of the UEL Manual of General Regulations: Descriptions of Our University's Awards. The minimum requirement for the award will be 30 credits at Level 7 or above, and the Postgraduate Associate Certificate is an unnamed award.

**Course Specific Regulations**

No exemptions or variations in regulations

**Typical Duration**

The duration of this course is one calendar year part-time. The time limit for completion of a course is four years after first enrolment on the course.

**Further Information**

More information about this course is available from:

- The UEL web site ([www.uel.ac.uk](http://www.uel.ac.uk))
- The course handbook
- Module study guides
- UEL Manual of General Regulations (available on the UEL website)
- UEL Quality Manual (available on the UEL website)
- School of Psychology web pages

All UEL courses are subject to thorough course approval procedures before we allow them to commence. We also constantly monitor, review and enhance our courses by listening to student and employer views and the views of external examiners and advisors.

**Additional costs:**

Students are required to take at least one supervision session every three months during the course. The supervisor should be accredited by one of the main professional bodies. The sessions are mandatory, and cost of these sessions is on top of the course fee. The cost of a supervision sessions is usually between £40 and £150.

Students who for their own reasons wish to have additional supervision and/or personal therapy over the duration of the course are responsible for securing any such support, doing so solely by their own arrangement and at their own cost.

All students should have their own professional indemnity and public liability insurance. Costs vary but would usually be in the range of £100 per annum.

#### Alternative Locations of Delivery

No alternative locations of delivery