

Couple Psychoanalytic Psychotherapy

This programme is no longer recruiting. Please refer to the programme specification for the Professional Doctorate in Couple Psychotherapy.

This programme is only offered at: **The Tavistock Centre for Couple Relationship (TCCR).**

Final award	Professional Doctorate PG Associate Certificate MA Couple Psychoanalytic Psychotherapy
Intermediate awards available	TCCR Qualification in Couple Psychoanalytic Psychotherapy –this is not an academic award but an award conferred by the Tavistock Centre for Couple Relationships upon completion of the clinical training component of the programme
UCAS code	N/A
Details of professional body accreditation	United Kingdom Council of Psychotherapy –UKCP Full Membership of the Society of Couple Psychoanalytic Psychotherapy -SCPP
Relevant QAA Benchmark statements	N/A
Date specification last up-dated	April 2012

Profile

The summary - programme advertising leaflet

Programme content

This programme combines a clinical training in Couple Psychoanalytic Psychotherapy which is professionally accredited, with an academic award at Masters Level and an advanced research Doctorate.

The Professional Doctorate in Couple Psychoanalytic Psychotherapy at UEL

The PD programme in Couple Psychoanalytic Psychotherapy is a unique programme. It fosters the development of highly skilled professional practice with advanced academic study and research. It offers an Infant Observation as well as a Masters programme that offers a unique opportunity to study qualitative research methodologies appropriate to work with couples and to be supported in a clinically-relevant research study. Subsequent to this, it offers an opportunity to carry out in-depth advanced research from a psychoanalytic perspective in furtherance of a Professional Doctorate. It is run by the Tavistock Centre for Couple Relationships at their premises in Swiss Cottage, London NW3

Admission requirements

A first degree or preferably an MA or equivalent such as a professional qualification in counselling, social work or psychoanalytic psychotherapy is needed. Previous or current work with couples is generally also required. Admission is on the basis of interview and satisfactory references.

Students are required to be in an approved personal psychotherapy or psychoanalysis for a minimum of three times weekly from 12 months prior to the start of the programme.

Entry with advanced standing is possible for applicants with a psychoanalytic psychotherapy qualification or TCCR's PG Diploma in Psychodynamic Couple Counselling. Admission is on the basis of two interviews – one focussed on work experience, the second personal suitability for the clinical part of the programme. Satisfactory references are required.

Programme structure

The full programme takes a between 3 and 6 years study, part time and is divided into three awards, run in parallel with TCCR's Clinical Training in Couple Psychoanalytic Psychotherapy and effectively inseparable from it. The first two awards (a Postgraduate Associate Certificate and an MA) are academic qualifications linked to progression through the Clinical Training. The third award of a Doctorate in Couple Psychoanalytic Psychotherapy is an advanced research degree that takes place after achieving the TCCR Qualification in Couple Psychoanalytic Psychotherapy. The teaching components take place largely on Tuesdays afternoon and evening. There is flexibility in other parts of the programme. The clinical work is carried out at TCCR.

Learning environment

The programme combines infant observation, theoretical, clinical and research methodology seminars with regular tutorials. Parallel clinical work is undertaken with senior staff of the TCCR. Students are invited to meetings of the Professional Staff group when the topic under discussion is thought to aid their clinical and research skills.

The programme takes place at The Tavistock Centre, 120 Belsize Lane, London, NW3 5BA.

Assessment

All assessment is through coursework. Each module has coursework assignments which are spaced throughout the year. Successful completion of the 1st year leads to the award of an unnamed Postgraduate Associate Certificate. Successful completion of modules 1-3 leads to the award of MA in Couple Psychoanalytic Psychotherapy and is simultaneous with the professional clinical qualification in Couple Psychoanalytic Psychotherapy. The MA is awarded with Pass, Merit or Distinction.

Once the TCCR Qualification in Couple Psychoanalytic Psychotherapy has been attained, the graduate student can take the Doctorate in Couple Psychoanalytic Psychotherapy. The final dissertation is assessed by external examiners and a viva voce. There is no final degree classification.

Relevance to work/profession

Satisfactory completion of the first four years of the programme results in a professional qualification as a Couple Psychoanalytic Psychotherapist and professional registration with United Kingdom Council for Psychotherapists (UKCP) and Full membership of the Society of Couple Psychoanalytic Psychotherapists (SCPP). The research component offers an exciting opportunity to make an original contribution to the development of a relatively new area of work.

Dissertation/project work

The MA dissertation is a case-study based piece of clinical research that has to meet the requirements of the Qualifying Paper for the Clinical Training in Couple Psychoanalytic Psychotherapy.

The Doctoral research project and dissertation needs to be related to a psychoanalytic understanding of work with couples but it also offers opportunities for students to apply this to their particular area of interest or to develop one.

Added value

Students on this programme may be eligible to join workshops and seminars taking place in the Tavistock Clinic. It is sometimes possible to negotiate honorary contracts for clinical work to take place in the Adult department and the Child and Family Department of the Tavistock Clinic.

Your future career

Previous graduates have pursued careers in the health service, working in adult mental health departments and in private practice. Others have used their qualification to develop work with parents in child and adolescent mental health services. Students meet with the professional body SCPP once a term to discuss career opportunities. A CPD (Continuous Professional Development) seminar is now run for those who have completed the clinical component of the programme.

In addition, MA Award holders, as qualified Couple Psychoanalytic Psychotherapists, are eligible to apply to undertake a shortened individual psychoanalytic psychotherapy qualifying training as an Associate Member of the British Association of Psychotherapists, or the 2-year Membership Course in individual psychoanalytic psychotherapy at the London Centre for Psychotherapy.

How we support you

We aim to provide students with a supportive and rewarding learning environment. The intake is limited so seminars are small in size. Each Student has a personal tutor who supports them through the programme and a research tutor. Students also benefit from the use of the Tavistock Clinic Library which is recognised as a Special Resource Library by the British Library with the status of Specialist National Psychotherapy Library. Students also have access to the UEL libraries and to three others they may wish to nominate. Programme staff are all Senior Couple Psychoanalytic Psychotherapists engaged in clinical and practice and

research at the Tavistock Centre for Couple Relationships (formerly the Tavistock Marital Studies Institute).

In the parallel Clinical Training, each student has a supervisor for clinical work and two supervisors for the research component. Initial clinical work is carried out with a senior member of staff and as a result students are well supported in their work

Bonus factors

This programme provides an opportunity to study and work at the Tavistock Centre for Couple Relationships, a clinical training and research centre recognised nationally and internationally as a centre for advanced practice in Couple Psychoanalytic Psychotherapy. In addition to their core clinical practice senior staff have developed a number of specialisms within the work, e.g. working in adult mental health, brief work, divorce, child bereavement and infertility and students are given opportunities to link in to these applied areas of couple psychoanalytic psychotherapy.

Outcomes

Programme aims and learning outcomes

What is this programme designed to achieve?

This programme is designed to give you the opportunity to:

- To integrate an advanced clinical training in psychoanalytical psychotherapy with couples with research knowledge and skills which provide and develop a foundation for evidence based practice in psychoanalytic couple work.
- To provide opportunities for students to make original contributions to professional knowledge through undertaking original research in the field at two levels: Masters and Doctorate.
- To extend and develop Psychoanalytic Psychotherapy with couples thus widening the therapy of choice beyond that of individual child and group psychotherapy.
- To provide opportunities for practitioners to develop advanced knowledge and skills in order to communicate confidently about their work in public and professional arenas.

What will you learn?

Knowledge

- To develop and apply advanced therapeutic understanding and technique to psychoanalytic work with couples
- To integrate advanced clinical practice and research expertise in order to create innovative responses to professional problems.

Thinking skills

- To apply research methods to the practice of couple psychoanalytic psychotherapy and use this knowledge creatively in the service of clinical work
- To use their skills, knowledge and experience to deal with complex and unpredictable situations that demand innovative professional thinking and action

Subject-Based Practical skills

- To engage in professional and academic dialogue with peers and colleagues in the field.
- To collaborate with co-therapists and other professionals to formulate discriminating hypotheses, assessments and judgements of conscious and unconscious processes active in the work.

Skills for life and work (general skills)

- To facilitate and demonstrate a consistent and advanced level of reflective and reflexive practice as clinician, researcher and potential trainer.

Structure

The programme structure

Introduction

The Doctoral Programme in Couple Psychoanalytic Psychotherapy is not a credit rated programme.

Credit rating

The overall credit-rating of this programme is **30 M Level credits for PG Associate Certificate, and 180 M-level credits for the Masters in Couple Psychoanalytic Psychotherapy.**

The **Doctorate in Couple Psychoanalytic Psychotherapy** is not credit-rated

Typical duration

The typical duration of this programme is 6 years part-time. Students may opt to leave the programme on award of MA

How the teaching year is divided

The teaching year is divided into 3 terms of ten weeks. Students take a 60 credit module per year. The teaching year begins in September and ends in July. The programme is delivered on Tuesday afternoons and early evening. Clinical work continues outside of term times.

What you will study when

Award

Postgraduate Associate Certificate (30 Credits M Level)

30 Credit Module Components

1 Year
 Psychoanalytic Theory
 Clinical Workshop

Award **MA in Couple Psychoanalytic Psychotherapy (180 credits M Level)**
 3 Years

Year 1
 60 Credit
 Module 1 Components

Psychoanalytic Theory 2
 Clinical Workshop
 Infant Observation

Year 2*
 60 Credit
 Module 2 Components

Psychoanalytic Theory 3
 Clinical Research Workshop
 Clinical Research Methods

*Entry via APEL is available to this Year for holders of the TCCR PG Diploma in Psychodynamic Couple Counselling, and Adult & Child Psychoanalytic Psychotherapists

Year 3
 60 Credit
 Module 3 Components

MA Dissertation* & Professional Qualifying Paper

*The MA does not have to be taken, but the Professional Qualifying Paper **must** be passed in order to go on to the Doctorate

Award **Professional Doctorate in Couple Psychoanalytic Psychotherapy (D Level)**
 2 Years

Advanced Research
 Module

Writing & Research Methodology
 Research Supervision
 Doctoral Research Workshop
 Research Dissertation

Year	Module title	Credit	status
1	PG Associate Certificate	30	Core
2	MA Module 1 in Couple Psychoanalytic Psychotherapy	60	Core
3	MA Module 2 in Couple Psychoanalytic Psychotherapy	60	Core
4	MA Module 3 in Couple Psychoanalytic Psychotherapy	60	Core
5	PD Award 1	n/a	Core
6	PD Award 2	n/a	Core

Requirements for gaining an award

In order to gain the Postgraduate Associate Certificate, you will need to obtain 30 credits at Level M.

In order to obtain the Masters, you will need to obtain 180 credits at Level M. These credits will include a 60 credit level M core module of advanced independent research. The Requirements of the TCCR Qualification in Couple Psychoanalytic Psychotherapy must be passed in order to gain the MA award.

In order to obtain the Professional Doctorate in Couple Psychoanalytic Psychotherapy (D Level) you will need to have gained the MA award and done an advanced research dissertation of 40,000 words.

Assessment

Teaching, learning and assessment

Teaching and learning

Knowledge is developed through

- Lectures
- Seminars
- Clinical practice
- Tutorials
- Reading of relevant literature
- Written work
- Personal psychotherapy
- Clinical discussion
- Learning from experience
- Self-evaluation

Thinking skills are developed through

- Self directed study
- Written work
- Personal Psychotherapy
- Detailed clinical recording
- Clinical discussion in supervision and in seminars
- Self –evaluation

Practical skills are developed through

- The experience of clinical practice
- The experience of co-therapy
- Presentation of detailed clinical notes in supervision and in seminars
- Presentation of theory papers
- Formulating a research proposal and critiquing research methodology.

Skills for life and work (general skills) are developed through

- Tutorials
- Personal psychotherapy
- Work based – learning
- Self directed study
- Assignments
- Library sessions

Assessment

Knowledge is assessed by

- Written essays on theory and linking theory and practice
- Written theoretical critiques of key papers
- Dissertations

Thinking skills are assessed by

- student presentations
- critiques of relevant key literature
- Dissertations

Practical skills are assessed by

- clinical presentations
- clinical summaries

Skills for life and work (general skills) are assessed by

- literature reviews
- Practitioner profiles
- Continuous assessment and reviews with Tutor

Quality

How we assure the quality of this programme

Before this programme started

Before this programme started the University checked that:

- there would be enough qualified staff to teach the programme;
- adequate resources would be in place;
- the overall aims and objectives were appropriate;
- the content of the programme met national benchmark requirements;
- the programme met any professional/statutory body requirements;

- the proposal met other internal quality criteria covering a range of issues such as admissions policy, teaching, learning and assessment strategy and student support mechanisms.

This is done through a process of programme approval which involves consulting academic experts including some subject specialists from other institutions.

How we monitor the quality of this programme

The quality of this programme is monitored each year through evaluating:

- external examiner reports (considering quality and standards);
- statistical information (considering issues such as the pass rate);
- student feedback.

Drawing on this and other information, programme teams undertake the annual Review and Enhancement Process which is co-ordinated at School level and includes student participation. The process is monitored by the University's Quality Standing Committee.

Once every six years the University undertakes an in-depth review of the whole field. This is undertaken by a panel that includes at least two external subject specialists. The panel considers documents, looks at student work, speaks to current and former students and speaks to staff before drawing its conclusions. The result is a report highlighting good practice and identifying areas where action is needed.

The role of the programme committee

This programme has a programme committee comprising all relevant teaching staff, student representatives and others who make a contribution towards the effective operation of the programme (e.g. library/technician staff). The committee has responsibilities for the quality of the programme. It provides input into the operation of the Review and Enhancement Process and proposes changes to improve quality. The programme committee plays a critical role in the University's quality assurance procedures.

The role of external examiners

The standard of this programme is monitored by at least one external examiner. External examiners have two primary responsibilities:

- To ensure the standard of the programme;
- To ensure that justice is done to individual students.

External examiners fulfil these responsibilities in a variety of ways including:

- Approving exam papers/assignments;
- Attending assessment boards;
- Reviewing samples of student work and moderating marks;
- Ensuring that regulations are followed;
- Providing feedback to the University through an annual report that enables us to make improvements for the future.

Listening to the views of students

The following methods for gaining student feedback are used on this programme:

- Termly reviews in all seminars
- Student Evaluation forms at the end of the year
- Student representation on programme committee meetings
- Feedback through personal tutorials
- Annual Review for Advanced Research Degree students

Students are notified of the action taken through:

- circulating the minutes of the programme committee
- meeting with all students at the end of the Year

Listening to the views of others

The following methods are used for gaining the views of other interested parties:

- Discussions with former students and others in the graduate professional body, the Society of Couple Psychoanalytic Psychotherapists

Further Information

Alternative locations for studying this programme

Location	Which elements?	Taught by UEL staff	Taught by local staff	Method of Delivery
The Tavistock Centre, 120 Belsize Lane London NW35BA	-	-	-	-
-	-	-	-	-
-	-	-	-	-
-	-	-	-	-

Where you can find further information

Further information about this programme is available from:

- The UEL web site (<http://www.uel.ac.uk>)
- The student handbook
- Module study guides
- UEL Manual of General Regulations and Policies <http://www.uel.ac.uk/qa/>
- UEL Quality Manual <http://www.uel.ac.uk/qa/>
- Regulations for the Academic Framework <http://www.uel.ac.uk/academicframework/>
- TCCR: <http://www.tccr.org.uk>