### **SECRETS AND THE UNKNOWN:**

# A NARRATIVE APPROACH TO NEGATION IN CHILDBEARING

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APRIL 2018



 "THIS WOMAN TURNED UP AT MY UNIT IN LABOUR HAVING CONCEALED THE PREGNANCY, IT WAS VERY DIFFICULT TO BUILD A RELATIONSHIP WITH HER, AND FOLLOWING THE BIRTH SHE WAS VERY DISTANT AND EMOTIONALLY DETACHED FROM THE BABY WHICH SHE DID NOT WANT TO PICK UP, HOLD, LOOK AT OR ENGAGE WITH".

ROONEY, J (2016) RESEARCHER DIARY



# BACKGROUND & PREVALENCE – WHAT WE KNOW AND WHAT WE DON'T KNOW

Author	Thynne et	Jenkins et al	Nirmal et al	Conlon	Treacy et al
and Date	al (2012)	(2011)	(2006)	(2006)	(2002)
Figure of Occurance	1:148	1:475 in denial up to 20 weeks	1:2500 at delivery	1:403	1:768

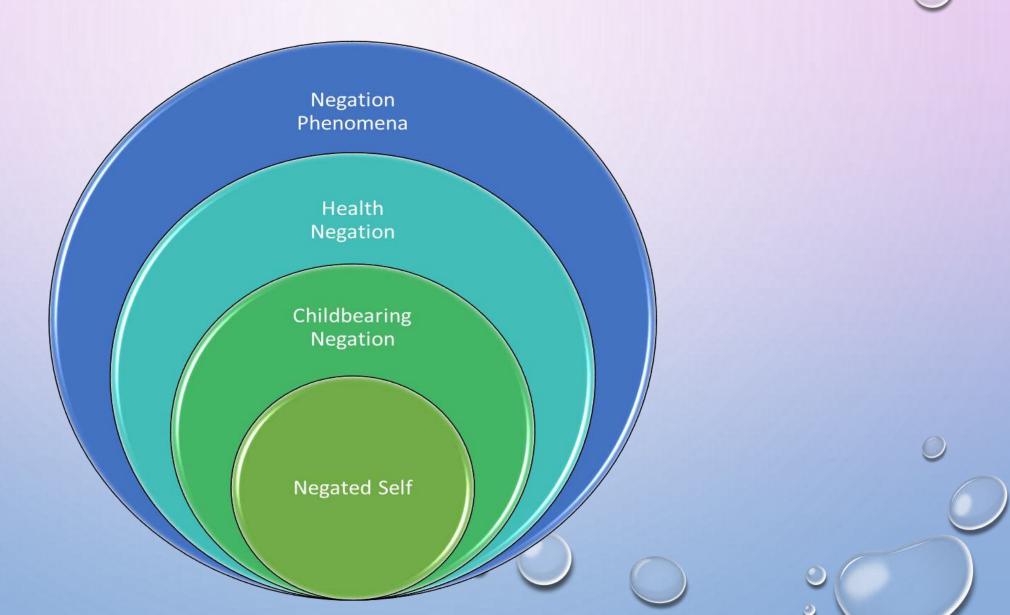
# DECIDING ON A NARRATIVE APPROACH – MAKING A DECISION

- UNDER RESEARCHED AND LARGELY QUANTITATIVE SUBJECT AREA.
- THERE IS A STANDARDISED AND ROUTINE APPROACH TO CARE.
- DOES NOT ENCOMPASS AN INDIVIDUAL HOLISTIC PARADIGM.

CONSIDERATIONS: HISTORICAL, FEMINIST, PHENOMENOLOGY

- "MIDWIFERY IS ALL ABOUT WOMEN'S STORIES IN ONE WAY OR ANOTHER ISN'T IT?"
- THE PERFECT FIT?

# THE UNFURLING NARRATIVES OF NEGATION IN THE WORLDVIEW

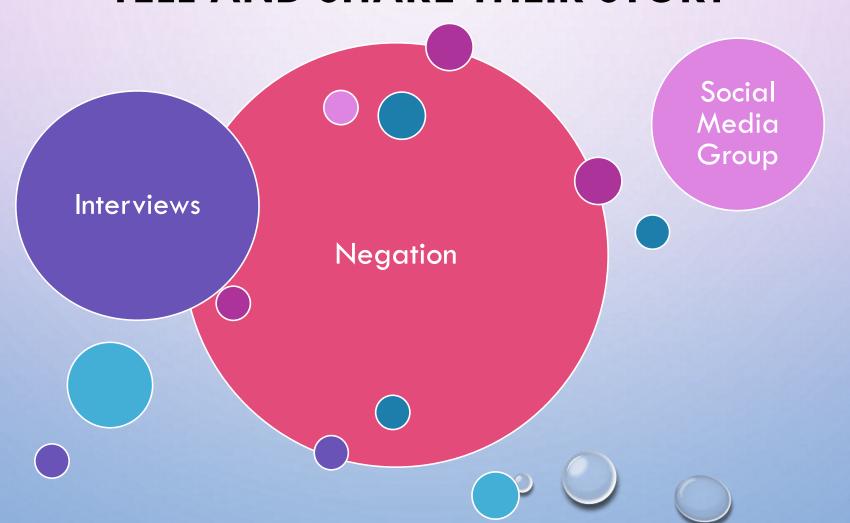


### **NARRATIVE & MIDWIFERY**

- "HISTORICALLY, MIDWIFERY HAS BEEN AN <u>ORAL CULTURE</u>, WHERE THE GENERATION OF KNOWLEDGE OCCURS THROUGH NARRATIVE OR 'STORYTELLING' RATHER THAN THROUGH SCIENTIFIC DATA. IN RECENT YEARS, HOWEVER, THE PREVALENCE OF SCIENTIFIC KNOWLEDGE HAS DOMINATED MIDWIFERY" (GOULD, J. 2017).
- MOVING AWAY FROM THE BIOMEDICAL MODEL.

- MOST STUDIES USE A "PARTIAL APPROACH" TO NARRATIVE COMMONLY USING NARRATIVE THEMATIC ANAYLSIS.
- COULD BE CONSIDERED A PIECEMEAL OR SHALLOWER VIEW RATHER THAN A DEEP DIVE OF AN OVERALL HOLISTIC NARRATIVE RESEARCH APPROACH & PROCESS??

# STUDY DESIGN: HOW TO ENCOURAGE WOMEN TO TELL AND SHARE THEIR STORY





### **ETHICS NARRATIVE**

- MULTIPLE INTERCONNECTED STORIES ARE INHERENT IN THIS NARRATIVE RESEARCH PROCESS.
- THE STUDY REQUIRED NHS ETHICAL APPROVAL AT A NATIONAL & LOCAL LEVEL.
- CHALLENGE OF RESEARCHING **SENSITIVE**, **EMOTIONAL**, **DISTRESSING SUBJECT**.

 CONSIDERABLE THOUGHT GIVEN TO PARTICIPANT WELL-BEING: CONFIDENTIALITY, DIGNITY, PRIVACY, DISTRESS PROTOCOL, SAFEGUARDING, RECRUITMENT AND "BEING BELIEVED".

• CONSIDERATION OF **RESEARCHER WELL-BEING**: SUPERVISORY SUPPORT, PREVIOUS EXPERIENCE, CLINICAL COLLEAGUES, ACCESS TO EXPERTISE AS NEEDED.

# THINKING ABOUT ANALYSIS... A NARRATIVE IN THE MAKING?

ALL QUALITATIVE DATA ANALYSIS INVOLVES INTERPRETATION TO DIFFERENT DEGREES...?
 THUS AFFECTING HOW WE REPRESENT THE STORIES THAT ARE TOLD TO US.

BUT HOW CAN I TAKE A HOLISTIC NARRATIVE PATH TO THE STORIES OF THE WOMEN?

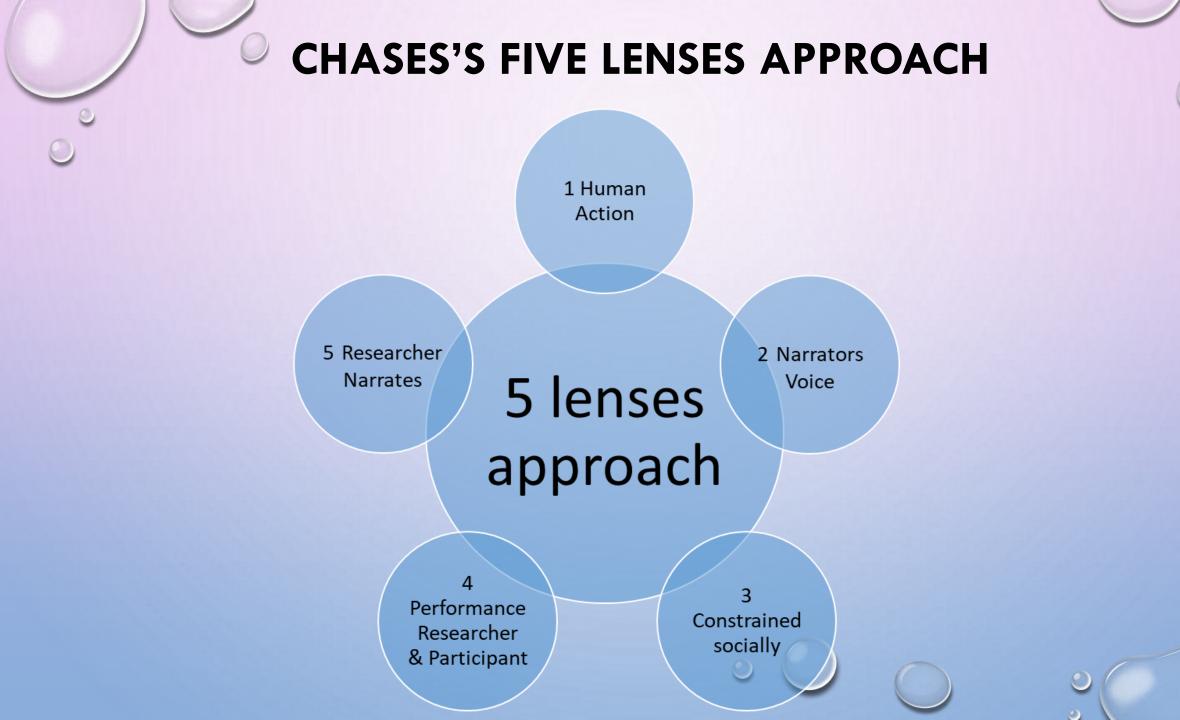
- CHASE ENCOURAGES INTERPRETATION ALONGSIDE ANALYSIS ESPECIALLY WITH INTERVIEWS.
- STRIKE A BALANCE BETWEEN DESCRIPTION, INTERPRETATION PROVIDE EVIDENCE FOR THE REASONING BEHIND THE RESEARCHER'S INTERPRETATION (CHASE 2003).
- SIMPLY WE "ANALYSE WHAT WAS SAID" (RIESSMAN 2008).

### A HOLISTIC APPROACH TO STORIED DATA

- RESEARCHER SUBMERGENCE IN DATA.
- RESISTING THEMATIC ANALYSIS.

- CONSIDERATION OF THE CONCEPT OF "NARRATIVE SMOOTHING" (SPENCE 1986).
- THE ORIGINAL STORY BECOMES FAR REMOVED FROM THE INITIAL ACCOUNT.

- IT HAS BEEN ARGUED THAT THE PROBLEMS ARE MORE LIKELY TO OCCUR IF USING A TRADITIONAL APPROACH SUCH AS THAT ADVOCATED BY MISHLER (1986) – DELETION, SELECTION, INTERPRETATION.
- RECOGNITION OF A SENSITIVE, FLEXIBLE AND NUANCED APPROACH SUCH AS CHASES' FIVE LENSES.



## APPLICATION OF CHASES' FIVE LENSES APPROACH



### **PARTICULARITY & SPECIFICITY**

- THE WORD **VOICE** IN CHASES FIVE LENSES DRAWS OUR ATTENTION TO **WHAT THE NARRATOR COMMUNICATES** AND **HOW** HE OR SHE COMMUNICATES IT AS WELL AS TO THE **SUBJECT POSITIONS** OR **SOCIAL LOCATIONS** FROM WHICH HE OR SHE SPEAKS (CHASE 2007).
- THIS COMBINATION OF WHAT, HOW AND WHERE MAKES THE NARRATORS VOICE PARTICULAR (THIRD & FOURTH LENSES).

• PARTICULARITY OF NEGATED CHILDBEARING AS TOLD TO THE RESEARCHER, LINKED TO THE SPECIFIC APPROACH TOWARDS DATA GATHERED.

- SPECIFICITY LINKS TO ALL THE FIVE LENSES.
- BECOMES A **COMPLEX INTERACTION** OF **MANY** PARTICULAR AND SPECIFIC NARRATIVES WHICH FORM THE HOLISTIC NEGATED CHILDBEARING STORY FOR EACH WOMAN.

### THE ESSENCE OF MATROYSHKA



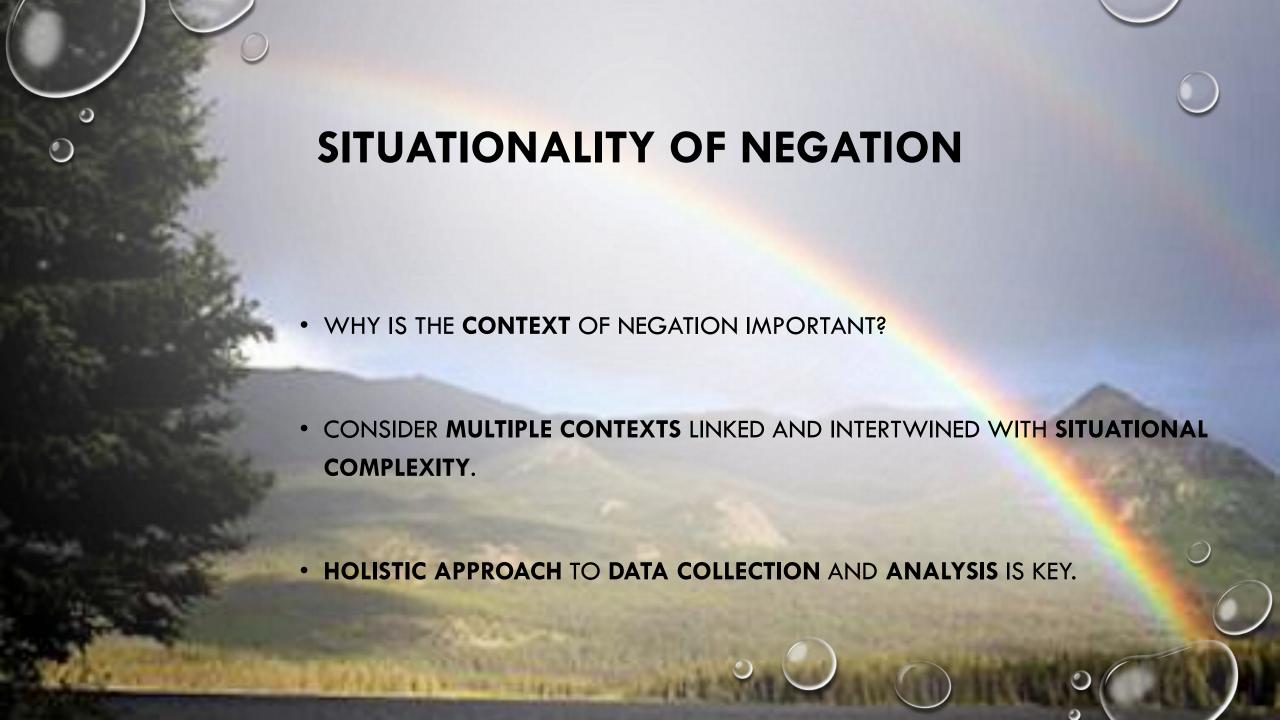










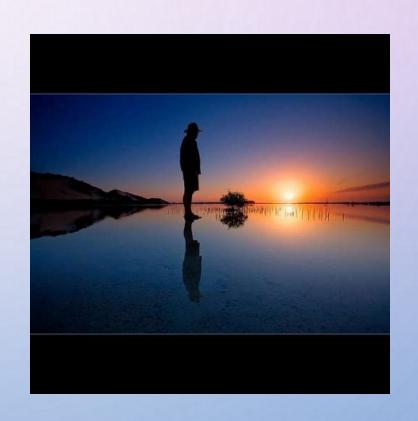


# THE IMPORTANCE OF REFLECTION AND REFLEXIVITY

 KEEPING A RESEARCHER DIARY ALONGSIDE THE STUDY.

 DRAW ON REFLECTIVE SKILLS GAINED THROUGH MIDWIFERY EXPERIENCE AND PRACTICE.

• USING THE IDEA OF REFLECTIVE AND REFLEXIVE 'PAUSES' AS PART OF THE NARRATIVE ANALYTICAL JOURNEY.



### A DYNAMIC NARRATIVE APPROACH

 ESSENCE OF HOLISM, IMPORTANCE OF THE INDIVIDUAL, INHERENT WORTH OF CONTEXT AND SITUATION FORM THE CORE OF THE STUDY APPROACH.

EMERGENCE OF COMPLEX, DYNAMIC AND CHALLENGING SUBJECT.

• "FOR WOMEN TO BE ABLE TO TELL US THEIR STORIES OF NEGATED CHILDBEARING, AND TO ENABLE US TO LISTEN TO THE PERSONAL MEANING AND CONTEXT IN A POORLY UNDERSTOOD PHENOMENA"

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