

## ***BSc (Hons) Sport, Physical Education and Development***

Course Aim and Title	BSc (Hons) Sport, Physical Education & Development
Intermediate Awards Available	BSc/DipHE/CertHE Sport, Physical Education & Development
Teaching Institution(s)	University of East London
Alternative Teaching Institutions (for local arrangements see final section of this specification)	N/A
UEL Academic School	Health, Sport & Bioscience
UCAS Code	B993
Professional Body Accreditation	N/A
Relevant QAA Benchmark Statements	Events, Hospitality, Leisure, Sport & Tourism (Nov. 2016 – with specific reference to Sport) and Education Studies (Feb. 2015).
Additional Versions of this Course	BSc (Hons) Sport, Physical Education & Development with Placement Year; Sport, Physical Education & Development with Foundation Year
Date Specification Last Updated	

### Course Aims and Learning Outcomes

<ul style="list-style-type: none"> <li>• <b>Aim One</b> - Demonstrate a critical appreciation of sport and physical activity development and facilitation principles in the context of physical education and school/community-based sport.</li> <li>• <b>Aim Two</b> - Demonstrate a deep understanding of the concepts, methodologies and sporting practices utilised throughout the course and apply transferable skills in the field to assessment, analysis, presentations and practical performance.</li> <li>• <b>Aim Three</b> - Implement the taught intellectual, vocational and professional skills, and their underpinning principles, in the development of leadership qualities, teamwork and decision-making.</li> <li>• <b>Aim Four</b> - Apply these principles to the development of competency in all applied aspects of sport and physical education development and delivery.</li> </ul> <p>What you will learn:</p> <p><b>Knowledge</b></p> <ul style="list-style-type: none"> <li>• The ability to analyse objectively local, regional and national policy relating to sport and physical education.</li> </ul>
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- How to maintain the currency and practical application of the learning experience.

### **Thinking skills**

- The ability to utilise experimental investigation and analytical techniques to promote a deep appreciation of effective practice in the development of sport and physical education provision.
- How to demonstrate a critical appreciation of the integration of the variables involved in the delivery (teaching, instructing and coaching) of enhanced sport and physical education performance.
- The ability to enhance personal development through a process of self-reflection

### **Subject-Based Practical skills**

- Practical and transferable skills, which will facilitate interaction and co-operation with a range of people and provide leadership in a range of practical activities.
- The ability to co-ordinate and manage effectively the variety of inputs to a successful sports/physical education course of activity.

### **Skills for life and work (general skills)**

- The ability to communicate effectively, by developing organisational, intellectual and conceptual skills.
- How to plan an effective course of activity.
- The ability to operate as an evidence-based practitioner.

## **Learning and Teaching**

### **Knowledge is developed through**

- Guided reading
- Lectures
- Knowledge-based activities with feedback and self-reflection
- Online discussions and activities

### **Thinking skills are developed through**

- Problem-solving activities
- Seminar discussions
- The use of applied scenarios in practical activities

### **Practical skills are developed through**

- Practical coaching/teaching sessions
- Research skills-based activities with feedback
- Organisation and delivery of workshops and events

Skills for life and work (general skills) are developed through

- Group-based activities to develop teamwork skills
- Planning activities with feedback
- Delivery of presentations to develop communication skills
- Project work

## Assessment

Knowledge is assessed by

- Coursework taking the form of reports and essays
- Tests – mainly taking the form of online assessments

Thinking skills are assessed by

- Coursework of a more 'applied' nature (such as case studies using real-life examples)
- Project work

Practical skills are assessed by

- Delivery of practical coaching/teaching sessions
- Production of activity/session plans
- Event organisation
- Presentations

Skills for life and work (general skills) are assessed by

- Project work
- Group work on practicals, events and presentations
- Work placement

Students with disabilities and/or particular learning needs should discuss assessments with the Course Leader to ensure they are able to fully engage with all assessment within the course.

## Work or Study Placements

Whilst all students are encouraged from the start of the course to take every opportunity to gain relevant work experience, whether a formal part of the course or not, we have identified the need to support this even more. The Sport, PE & Development course includes a core (compulsory) Work Placement Module that runs in the second term of the third year of study. In this, students are able to gain substantial work experience to increase their 'attractiveness' to PGCE PE Admissions Tutors and/or potential employers, as well as credits towards their degree. Students will be required to complete a minimum of 100 hours on their placement. We offer a wide range of potential placement hosts from schools (primary and secondary) through to community sport organisations and private sector providers.

Beyond this compulsory element there are regular opportunities for students to engage with University-wide provision such as study abroad and other short-term placements in the UK.

## Course Structure

All courses are credit-rated to help you to understand the amount and level of study that is needed.

One credit is equal to 10 hours of directed study time (this includes everything you do e.g. lecture, seminar and private study).

Credits are assigned to one of 5 levels:

- 3 Equivalent in standard to GCE 'A' level and is intended to prepare students for year one of an undergraduate degree course.
- 4 Equivalent in standard to the first year of a full-time undergraduate degree course.
- 5 Equivalent in standard to the second year of a full-time undergraduate degree course.
- 6 Equivalent in standard to the third year of a full-time undergraduate degree course.
- 7 Equivalent in standard to a Masters degree.

Courses are made up of modules that are each credit weighted.

The module structure of this course:

<b>Level</b>	<b>Module Code</b>	<b>Module Title</b>	<b>Credit Weighting</b>	<b>Core/Option</b>	<b>Available by Distance Learning? Y/N</b>
4	SE4000	Essential Skills for Sport (Mental Wealth)	20	Core	N
4	SE4001	Anatomy & Physiology for Sport	20	Core	N
4	SE4003	Coaching Principles	20	Core	N
4	SE4005	Development of Sport	20	Core	N
4	SE4010	Sports Leadership & Management	20	Core	N
4	SE4004	Psychological Aspects of Sport	20	Core	N
5	SE5007	Inclusion in Youth Sport & PE	20	Core	N

5	SE5006	Principles & Practice in Teaching & Coaching	20	Core	N
5	SE5	Disability, Sport & PE	20	Core	N
5	SE5000	Research Methods & Design (Mental Wealth)	20	Core	N
5	SE5012	Sport & PE Policy	20	Core	N
5	SE5014	Community Sport Development	20	Core	N
6	SE6000	Applied Research Project in Sport	20	*Restricted Core	N
6	SE6102	Independent Research Project	40	*Restricted Core	N
6	SE6006	Developing the Healthy Child	20	Core	N
6	SE6014	Applied Teaching Practice	20	Core	N
6	SE6007	Education & Development in Sport (Employability) (Mental Wealth)	20	*Restricted Core	N
6	SE6008	Disability, Sport & Society	20	Core	N
6	SE6016	Work Placement (Practice)	20	Core	N

Additional detail about the course module structure:

A core module for a course is a module which a student must have passed (i.e. been awarded credit) in order to achieve the relevant named award. An optional module for a course is a module selected from a range of modules available on the course.

\*Students MUST take 40 credits from restricted core modules.

The overall credit-rating of this course is 360 credits. If for some reason you are unable to achieve this credit you may be entitled to an intermediate award, the level of the award will depend on the amount of credit you have accumulated. You can read the University Student Policies and Regulations on the UEL website.

#### Course Specific Regulations

Not applicable

#### Typical Duration

It is possible to move from full-time to part-time study and vice-versa to accommodate any external factors such as financial constraints or domestic commitments. Many of our students make use of this flexibility and this may impact on the overall duration of their study period.

The expected duration of this course is 3 years full-time or 4-6 years part-time.

A student cannot normally continue study on a course after 4 years of study in full time mode unless exceptional circumstances apply and extenuation has been granted. The limit for completion of a course in part time mode is 7 years from first enrolment.

#### Further Information

More information about this course is available from:

- The UEL web site ([www.uel.ac.uk](http://www.uel.ac.uk))
- The course handbook
- Module study guides
- UEL Manual of General Regulations (available on the UEL website)
- UEL Quality Manual (available on the UEL website)
- School web pages

All UEL courses are subject to thorough course approval procedures before we allow them to commence. We also constantly monitor, review and enhance our courses by listening to student and employer views and the views of external examiners and advisors.

Additional costs:

Students will be given the opportunity to gain additional, vocationally relevant qualifications as much reduced rates compared to current market prices. Students will also have the need to purchase appropriate sports kit for the delivery of practical activity.

#### Alternative Locations of Delivery

Not applicable